



# Vanderbilt Center *for Women's Imaging*

## **Crystal Terrace**

3319 West End Avenue, Suite 650  
Nashville, Tennessee 37203  
615-343-3100 • 615-343-3355 (Fax)

## **One Hundred Oaks**

719 Thompson Lane, Suite 25300  
Nashville, Tennessee 37204  
615-936-3100 • 615-936-8655 (Fax)

Dear Patient,

Thank you for participating in our First-Trimester “ultra-screen” Instant Risk Assessment program. As you know, the screening consist of a combination of blood work, an ultrasound examination, and genetic counseling.

As part of the program, you will provide your own blood sample using the Ultra-Screen Instant Risk Assessment Packet you have received with this letter. You can do this easily in the comfort of your own home. The information in this letter is designed to supplement the detailed instructions that are included with the Ultra-Screen packet.

To obtain and send in your blood sample, please:

1. Thoroughly read the information and instructions enclosed in the packet.
2. Complete all information contained in the blue areas on the blood sample card (fill out all portions except for the ultrasound information). If possible, please enclose a copy of your insurance card.
3. Most insurance companies cover the First Trimester “ultra-screen.” Our clinic will bill your insurance for the ultrasound portion. You will be billed the balance for charges not covered by the insurance. NTD Laboratories (tax ID 112659192) performs the blood test and they will bill your insurance separately. Contact our clinic or your insurance carrier for more information.
4. *You should obtain your blood sample between 10 weeks and 12 weeks of your pregnancy.* Prick your finger with the enclosed Tenderlett device, place blood sample on the card where indicated, filling the outlined circles, and mail your blood sample to the laboratory in the enclosed pre-paid FedEx envelope.  
*Please note: Your blood sample must be mailed at least 10 days prior to your ultrasound appointment to ensure your results are available on the day of your appointment.*
5. Following your ultrasound, the radiologist will interpret your scan, your blood result will be reviewed, calculation of your risk will be performed and you will be given the instant results.

We look forward to seeing you. Thank you for choosing Vanderbilt Center for Women’s Imaging. If you have any questions, or need further assistance, please call (615) 343-3100 or (615) 936-3100.