Vanderbilt University Hospital - Activity Cart Wish List

Having a family member, friend or loved one in the hospital can be a stressful time. While families and visitors spend time in the waiting rooms at Vanderbilt University Hospital (Adult Hospital) volunteers visit with them offering items of comfort. These items include snacks and activities found on the hospital activity cart.

Please help us. The activity cart is stocked through the generous donations from our community!

Please call (615) 936-3078 to coordinate a donation through Volunteer Services.

**Food**
- Granola Bars
- Cookies
- Teddy Grahams
- Gold Fish
- Mixed nuts
- Pop tarts
- Pretzels
- Raisins,
- Fruit Snacks
- Saltine Crackers
- Snack Crackers (peanut butter, cheese)
- Snack size chips
- Trail Mix
- Candy
- Candy Bars
- Individually Wrapped Mints

**Drinks**
- Bottled Water
- Canned Soft Drinks
- Fruit Drinks/Juice Boxes

**Toiletries (travel/trial size preferred)**
- Hand Sanitizer
- Anti-Bacterial Wipes
- Deodorant
- Toothpaste
- Toothbrush
- Dental Floss
- Mouthwash
- Shaving Cream
- Disposable Razors
- Laundry Detergent & Dryer Sheets
- Reading Glasses (Dollar Store brand is fine)

**Activities**
- Playing Cards
- Card Games
- Crossword Puzzles
- Coloring (Adult & Children) Books
- Children Activity Books
- Crayons
- Word Search
- Sudoku
- Magazines (current within 6 months)
- Gently used paperback books

**NOTE:** Acceptable food donations include non-perishable, individually packaged items that do not require refrigeration. Easy pull tabs on cans are preferred.