

MEDICAL CENTER

Vanderbilt University Hospital - Activity Cart Wish List

Having a family member, friend or loved one in the hospital can be a stressful time. While families and visitors spend time in the waiting rooms at Vanderbilt University Hospital (Adult Hospital) volunteers visit with them offering items of comfort. These items include snacks and activities found on the hospital activity cart.

Please help us. The activity cart is stocked through the generous donations from our community!

Please call (615) 936-3078 to coordinate a donation through Volunteer Services.

Food

Granola Bars

Cookies

Teddy Grahams

Gold Fish

Mixed nuts

Pop tarts

Pretzels

Raisins.

Fruit Snacks

Saltine Crackers

Snack Crackers (peanut butter, cheese)

Snack size chips

Trail Mix

Candy

Candy Bars

Individually Wrapped Mints



Drinks

Bottled Water
Canned Soft Drinks
Fruit Drinks/Juice Boxes



Toiletries (travel/trial size preferred)

Hand Sanitizer

Anti-Bacterial Wipes

Deodorant

Toothpaste

Toothbrush

Dental Floss

Mouthwash

Shaving Cream

Disposable Razors

Laundry Detergent & Dryer Sheets

Reading Glasses (Dollar Store brand is fine)



Playing Cards

Card Games

Crossword Puzzles

Coloring (Adult & Children) Books

Children Activity Books

Crayons

Word Search

Sudoku

Magazines (current within 6 months)

Gently used paperback books

