

NURSING

VANDERBILT UNIVERSITY
MEDICAL CENTER

Transforming patient care through professional practice

September 2018



A newsletter
from the office
of the Executive
Chief Nursing
Officer

Marilyn Dubree,
MSN, RN,
NE-BC

IN THIS ISSUE

Questions and answers with
nurse leaders

Welcome nurse residents

TRANSPLANT NURSE FELLOWSHIP BEGINS

Vanderbilt University Medical Center Nursing has launched the Jerita Payne Transplant Nurse Practitioner Fellowship, one of the first of its kind in the country. The fellowship is a memorial to Jerita Payne, MSN, ACNP, MMHC, the late director of Clinical Transplant Services, who devoted her career to the care of transplant patients and the advancement of transplant nursing.

Payne had been working for several years to develop the fellowship before passing last year. Her goal was to develop a program that trained the future generations of transplant nurse practitioners. As one of the largest multi-organ transplant centers in the county, Vanderbilt University Medical Center is uniquely positioned to develop and implement such a fellowship.

The yearlong program, which started in July, gives the fellow an in-depth experience in all aspects of transplantation, said Deonna Moore, PhD, RN, ACNP, Administrative Director for Transplant Services.

“Because transplantation is such a specialized field, it is challenging to find experienced transplant nurse practitioners,” she said. “This program provides an opportunity for the fellow to be trained in multiple organ programs — heart, liver, lung, kidney and pancreas — which is unique for an advanced practice provider in transplantation.”

continued on page 2

Fall is here! I hope everyone had an enjoyable summer full of family and fun. Vanderbilt Nursing continues to expand in new and exciting areas.

In this issue, we are excited to announce our first Transplant Nurse fellowship. This innovative program allows a nurse practitioner to experience all aspects of our transplant program, which is among the very best in the country.

This fellowship is the second we have launched recently. Our Emergency Medicine

fellowship began in December and we are developing other fellowships in Urology, Colorectal and community-based primary care.

You will also read about our summer nurse residents who we welcome from across the country. It has never been a more exciting time to be a Vanderbilt Nurse.

Enjoy this issue,

TRANSPLANT NURSE FELLOWSHIP
BEGINS

continued from page 1

Moore added, “There are many advantages to a nurse practitioner fellowship, one of which is the opportunity to retain an extensively trained transplant nurse practitioner after the fellowship ends.”

Kaitlyn Chapin, MSN, RN, from Buffalo, New York, is the first transplant fellow. She said getting the fellowship is a dream inspired by her mother, a kidney transplant nurse coordinator.

“It’s always been kind of an interest of mine,” she said. “I always thought it was exciting when she got to call patients in for a transplant.”

Chapin, who graduated with her master’s earlier this year from Daemen College near Buffalo, noted that the first year is a difficult one for nurse practitioners moving from college to clinical practice. “I think it will make me a well-rounded transplant nurse practitioner and allow for an easier transition into practice,” she said.

Fellows will complete two six-week rotations though each

organ system. The fellowship also offers a didactic curriculum by using the American Society of Transplantation training modules, which include a wide range of topics in transplanta-



Kaitlyn Chapin, MSN, RN, center, is the first transplant nurse fellow, with Deonna Moore, PhD, RN, ACNP (left) and Briana Witherspoon, DNP, RN, ACNP (right).

tion. Other opportunities include leadership-specific courses and a required project that must result in an abstract submitted for publication or presentation. The fellowship also includes training and a certificate in the business of transplantation through a partnership with the Owen Graduate School of Management at Vanderbilt University.

Nurse practitioners are part of a multidisciplinary team that provides care for transplant patients across a continuum, Moore said. The specialty of transplantation is a collabora-

tive effort to provide care for complex patients with end organ failure prior to transplant, while they are on the transplant wait list and after transplantation. Many of these patients are

under the care of the transplant team for life.

Briana Witherspoon, DNP, RN, ACNP, Fellowship Director, noted that this is the second fellowship that VUMC has launched recently. It began with an Emergency Medicine fellowship in December and plans to

launch a Urology fellowship in October and Colorectal fellowship in January. A community-based primary care fellowship is also in development.

“There is just this whole year of opportunity outside of what would be offered in a typical orientation for a new nurse practitioner,” she said. “The National Academy of Medicine supports these transitions to practice programs, and we’re anticipating the data from these fellowships will show increased satisfaction and improved performance.”

QUESTIONS & ANSWERS

WITH VUMC NURSE LEADERS

Barbara Shultz, MSN, RN, NEA-BC

Position: Administrative Director, Surgical Services

Work area: Monroe Carell Jr. Children's Hospital at Vanderbilt



How long have you been a nurse leader at Vanderbilt? Since 2005.

What is your favorite aspect of being a nurse leader? Helping to develop teams that work toward excellent patient care. We have outstanding staff and physicians here at Vanderbilt and it is incredibly rewarding to work with teams that share the same mission. They know what is best for our patients, families and staff.

What is your No. 1 piece of advice for nurses? Foster your hunger or thirst for new knowledge at every opportunity. Vanderbilt is an incredible organization that has more opportunities for nursing than a person could experience in a lifetime.

What do you do for fun when you're not at work? I love spending time with my family. That may include activities with horses, team roping events, hiking, motorcycle riding, swimming, exploring and travel. We have a very large family that enjoys eclectic activities. Family gatherings are full of debates, laughter and wacky board games.



Michael Darden, BSN, MBA, RN, CPME

Position: Administrative Director, Medicine Patient Care Center

Work area: Vanderbilt University Adult Hospital

How long have you been a nurse leader at Vanderbilt? Since February of 2014.

What is your favorite aspect of being a nurse leader? I spent the first five years of my nursing career as a staff nurse in the emergency room. It was one of the most challenging and rewarding times of my career. My favorite aspect of nursing leadership is having the opportunity to impact countless patients by supporting those who provide that direct care in a variety of settings.

What is your No. 1 piece of advice for nurses? Take time every day to consider the immeasurable impact you have on patients, VUMC and the society at large. The demands on a nurse's time to care for a patient's physical, emotional, spiritual and social well-being far exceeds the number of hours in a day. On your drive home today, focus on how your healing touch changed this community for the better.

What do you do for fun when you're not at work? I love trying out new restaurants in Nashville with my wife and three boys. I also love to garden, swim, bike and spend innumerable hours cooking (and eating) barbecue.

WELCOME NURSE RESIDENTS

The Nurse Residency Program helps new nurses transition from nursing school to professional practice through hands-on clinical experience, interactive education sessions and the support and guidance of staff.

Meet the Summer 2018 cohort:

187 Nurse residents

Behavioral Health: 8

Adult Cardiac SD: 23

Adult Oncology: 9

A- Acute Medicine: 37

A- Acute Surgery: 31

Burn: 5

Trauma: 4

SICU: 6

MICU: 5

CVICU: 3

Adult ED: 10

Neuro ICU: 5

Adult PACU: 1

Peds Heme-Onc: 2

PMAC: 6

PSTAM: 4



PCARD: 2

PCICU: 4

PICU: 3

NICU: 10

Peds ED: 3

Peds OR: 4

Float Pool: 2

88 Nursing Programs

33 states and Washington, D.C.

