

Heart Transplant Program  
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Nashville, TN 37232-4745  
615-936-3500 ph  
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## **VANDERBILT HEART TRANSPLANT PROGRAM REFERRAL FORM**

Thank you for your referral. We request the following information as soon as possible in order to schedule an appointment:

- Patient demographics/insurance verification
  - CD of latest Cath Film (mailed to address above)
  - Referring physician name, address, phone, cell phone & fax
  - Medical history and physical, including height and weight
  - Most recent clinic note, laboratory results and current medication list
  - ICD interrogation device check within last year
  - If patient has a pacemaker please include documents
  - Echocardiogram report and cardiac catheterization report
  - When available---Chest X-Ray, EKG, Functional/viability studies
- If you would like to transfer a patient hospital-to-hospital, call our 24-7 Access Center at 866-896-1278 or 615-343-9188. Our access staff will contact the physician on call for Heart Failure to discuss your patient.
  - If you have a patient who currently has a Mechanical Assist Device, or that you believe needs a Mechanical Assist Device, please call 615-343-9378 and fax records to 615-875-4904
  - Criteria for inclusion and exclusion of patients for heart transplantation is enclosed.
  - **\*\*Vanderbilt offers appointments in Knoxville for evaluations and follow-up appointments related to pre and post cardiac transplantation and mechanical assist device placement.\*\***

### **Indications for Heart Transplantation**

- Objective evidence of advanced physical limitation due to documented heart or heart-lung disease
- Cardiopulmonary stress testing showing  $VO_2 \max \leq 14 \text{ ml/kg/min}$  with an  $RQ > 1.05$
- Intractable or severe angina not amenable to percutaneous or surgical revascularization
- Intractable recurrent ventricular arrhythmia not amenable to advanced therapies

### **Contraindications for Heart Transplantation**

- Age > 70 years
- Irreversible pulmonary HTN:  $PVR > 4$  Woods units or Transpulmonary Gradient > 20
- Refusal of blood product transfusion
- Detectable HIT antibody with confirmed SRA heparin allergy
- PVD when its presence limits rehabilitation and revascularization is not a viable option
- Clinically severe symptomatic cerebrovascular disease
- Active systemic infection
- Systemic illness with a life expectancy < 2 years despite heart transplant
- Current or recent history of acute diverticulitis
- Active peptic ulcer disease
- History of neoplasms: The specific amount of time to wait to transplant after neoplasm remission will depend on the risk of tumor recurrence
- Diabetes with end-organ damage
- Irreversible renal ( $eGFR < 30 \text{ ml/min}$ ) or hepatic dysfunction (Bilirubin > 2.5mg/dl)
- Morbid obesity (BMI > 35 kg/m<sup>2</sup>) or cachexia (BMI < 18 or Pre-albumin < 15)
- Recent or unresolved pulmonary infarction
- Demonstration of an inability to comply with drug therapy on multiple occasions
- Active mental illness or psychosocial instability
- Active drug, tobacco, or alcohol abuse

**Please FAX completed form with your identifying cover sheet to 615-936-3829**