

**Spring
2013**



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Vine Hill Community Clinic
601 Benton Avenue
Nashville, TN 37021

*Connecting Services
to Needs.*

**Check out our website:
SouthNashvilleFRC.org**

**Up-
coming Events:**

- Community Kitchen/
Woman's Health Expo
March 30, 2013
- Karaoke
Scholarship Benefit
April 4, 2013
8 pm @ Twin
Kegs
- Family Movie Night
- Scavenger Bike Hunt
April 27, 2013

Look for other upcoming
events online and through
flyers in the community.

**Need help getting to
work? Looking for
daycare options near
your home or
workplace?**

**Gettingto~~work~~.net can
help! This website is
useful and easy to use!
It guides you to the best
resources for your
needs!**

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RESIDENT SPOTLIGHT

Rebecca and David Kauffman are the kind of people that bring warmth to a room. They have sense of empathy and loveliness that you recognize the moment you meet them. They found themselves in Antioch, where the commute is only ten minutes from downtown, a short walk away from their church, a skip across the road to an awesome Egyptian Kabob restaurant, their hearts grew for this town.

Once they settled in, and began to meet the neighbors, they were confronted with the social injustice that despair among some of the community's individuals. The Kauffman's didn't take this sitting down. They wanted to bring hope to all of the inspiring people that lived within this community they had grown to love. They wanted to work with their new neighbors to create a better living situation, and overall wellness to their neighborhood. The Kauffmans both completely understand the idea of empowerment and value, believing in the idea of finding strength in each member of their community. The Kauffman's are truly delighted and motivated by the people themselves, recognizing the importance of each living being. David spoke with great enthusiasm when asked about his plans this year; serving those in need of budget advice, connecting with the community, and finding creative ways to create jobs for those with in the community. The Kaufman's have already done a great deal. Hosting ESL classes in the resettlement areas, sponsoring Family Movie Night, volunteering for the annual Scavenger Bike Ride for the South Nashville Community Scholarship and participating and helping in whatever capacity they can in the community. Rebecca explains what she enjoys most about South Nashville. "I love that my children are being introduced to other cultures and meeting international children, getting to know these families is a blessing. People meeting people, bridging all these relationships just keep me excited about each day." The Kauffman's took me aback with their genuine love for their social- environment. The Kaufman's seem to show up at every possible community event/meeting, look for them, they are the ones with the big smiles.

The Kauffman's favorite places:

Park: The Coleman

Restaurant: Gyros Kabob and Honduran restaurant

JOIN THE ADVISORY COUNCIL!

**Next meeting is March
25, 2013 6-7:30**

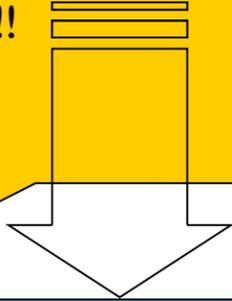
**The Council meets once a month
to plan activities, track progress,
etc. as it seeks to **improve** the
community.**

**We are always looking for
people who:**

**are committed to positive
change** in the South Nashville
neighborhood

- **embrace the vision and
mission** of the SNFRC

A HUGE thank you to all who donated for our scholarship fund! We greatly appreciate your continued support!!



Advance Financial
Twin Kegs and patrons
- Eddie Christy
- Todd Rossbach
Santa's Pub and patrons
- Denzel & Angela Irwin
Walker Lumber
House of Kabob
Basma Sweet's and Pastry
Siam Café
Flatrock Heritage Foundation

Recipe for the week

This meal is perfect for left over chicken or any meat will do! It is also freezable!

Ingredients

- 1 lb. shredded cooked chicken
- 2 c. frozen corn or 1 can drained
- 1 can black beans, rinsed and drained
- 1 green pepper, chopped
- 1 1/2 c. shredded Colby, Monterey Jack cheese
- 6 large whole wheat tortillas
- 2- 10 oz. cans enchilada sauce

Directions

1. Heat oven to 350 degrees.
2. In bowl, combine 1 can enchilada sauce, corn, green pepper, black beans and chicken.
3. Place 2 large corn tortillas (overlapping is fine) at the bottom of a 9 x 13 baking dish.
4. Pour half the chicken mixture on top of the tortillas.
5. Sprinkle 1/2 c. shredded cheese over chicken mixture.
6. Place 2 more tortillas on top of chicken mixture.
7. Pour remaining chicken mixture over tortillas.
8. Sprinkle 1/2 c. shredded cheese on top of chicken.
9. Lay last 2 corn tortillas on top of chicken mixture.
10. Pour 1 can of enchilada sauce over tortillas.
11. Cover with aluminum foil and bake for 20 minutes.
12. Remove foil, add remaining 1/2 c. shredded cheese on top.

Bake additional 10 minutes.

Scholarship Opportunity



Don't forget to apply for the South Nashville Family Resource Center scholarship! Applications are due by April 12, 2013. The winners will be selected on April 22, 2013 at the Advisory Council meeting.

To be eligible, applicants must be:

Graduating seniors who live in South Nashville Neighborhoods, defined as part of the Glenclyff Cluster, demonstrate a commitment to their community through service, and plan to attend some form of post-secondary education or career

Welcome H.O.M.E. (Home Ownership, Maintenance, Empowerment)

Saturday, April 13, 2013

9:00 - Noon

Vine Hill Community Center

\$15 per person or \$20 per couple (sharing materials)

Hands on quarterly workshops helping new and not so new homeowners learn practical preventative maintenance skills and financial tips to keep that new home looking great without breaking the bank.

April's Workshop is Lock, Stock, Barrel. Learn how to change locks, take stock of your tools and learn what a basic tool kit is and let's get our hands dirty and plant a container herb/flower garden.

Door Prizes including Grand Door Prize from Unipro of TN worth \$500!

Brought to you by Christian Community Services for more information and to register contact bhoward@ccsinashville.org or call 615-297-4024 ext. 5