

Give your **LOVED ONES** two more gifts this holiday season

- ① A heads-up about potential holiday poisons and
- ② the number to call if they need help 1-800-222-1222.

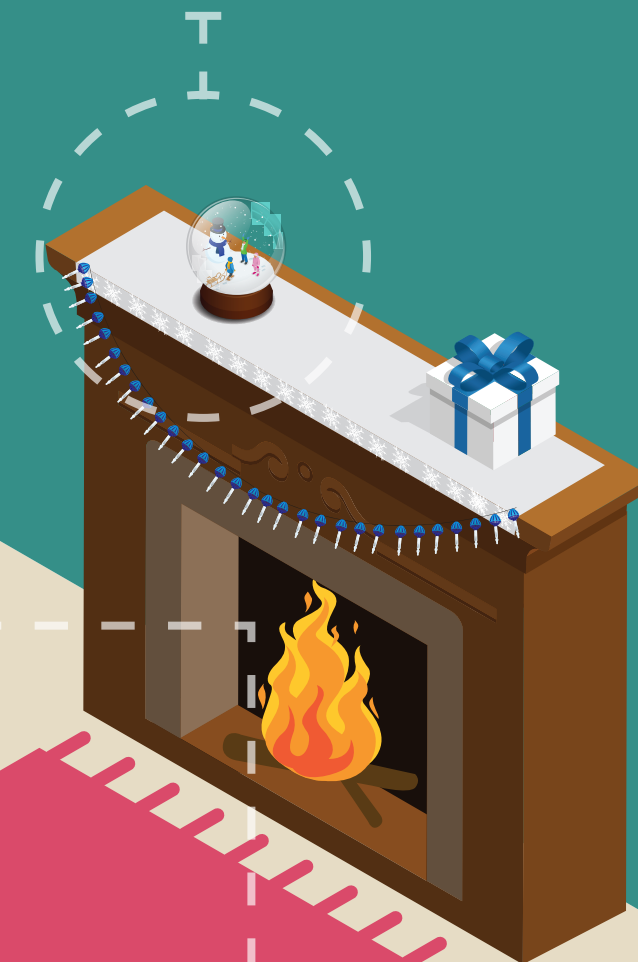
Friends and family make for festivity. Whether you're traveling or hosting, put medicines up, away, and out of sight. Provide visitors with a safe place to store all vitamins, supplements and medications.



Cheers to a happy holiday season! Eggnog (and other alcohol) may look interesting to children. Kids are at risk for poisoning from even small amounts of alcohol.



Know the dangers of winter delights. Bubble lights and snow globes can contain toxic liquids. Keep them up high, out of the reach of young children.



Mmmmm, turkey. Make sure all foods are thoroughly cooked, and stash the leftovers in the fridge quickly. Discard any perishable foods left out for more than 2 hours.



Almost anything can be poisonous if it's used in the wrong way, in the wrong amount, or by the wrong person.

If you suspect a poisoning, don't take a chance.

Call 1-800-222-1222.



Fast. Free. Expert. 24/7,
confidential help.