

Perioperative Services Competency Assessment - Vanderbilt University Medical Center

Gowning and Gloving	Interpretation	Rationale
A. Demonstrates gowning technique.	<ol style="list-style-type: none"> 1. Before scrubbing, opens gown and gloves on separate table from back table. 2. Gloves may be tossed onto sterile gown OR 3. Gloves can be opened in the following manner: <ol style="list-style-type: none"> a. Unfold glove wrapper that is halved b. Lay flat c. Open gloves to the next fold, doubling size d. Grasp glove paper under fold in the middle and completely open paper exposing gloves e. Crimp glove paper at top and bottom fold to reduce memory in paper and expose sterile gloves for ease of donning 4. Scrub per current Vanderbilt guidelines. 5. With one hand, pick up drying towel and step away from the sterile field. Bend slightly at the waist so the towel will not touch unsterile scrub clothes as it unfolds lengthwise. 6. Dry hands using opposite ends of the towel and discard. 7. With one hand grasp the gown and lift straight up and away from the sterile field being careful not to touch the edges of the wrapper. 8. Step back while continuing to face the sterile field. Hold the gown away from the body and allow it to tumble open full length, keeping the inside of the gown toward the body. 9. Do not touch the outside of the gown with bare hands. 10. Place hands into armholes and guide each arm through the sleeves by raising and spreading the arms. 11. Keep hands inside the cuff of the gown. 12. Allow circulator to pull the gown over the shoulders and tie in the back. 	<ol style="list-style-type: none"> 1. Reduce the opportunity for contamination. 2. Do not return over an area that has been dried to reduce the opportunity for re-growth. 3. Sterile items and areas should always be in sight. 4. This is the sterile part of the gown. 5. Gown is sterile in the front nipples to waist or table level.
B. Demonstrates closed glove method.	<ol style="list-style-type: none"> 1. Keeping hands within the cuff of the gown, fold back the glove wrapper to expose the gloves, being careful not to touch the wrapper edges. 2. Pick up the first glove from the open package and place thumb towards the palm and fingers pointing toward the elbow. 3. Grasping the glove on both sides through the sleeves of the gown, stretch to create an opening and pull glove over the hand. 4. Repeat the process with the other glove and hand. 5. Double glove with second pair. 	<ol style="list-style-type: none"> 1. The closed glove technique offers the maximum level of aseptic assurance and is the AORN recommended method for self-gloving following the surgical scrub and gowning. 2. Double gloving is required.
C. Demonstrates ability to wrap around gown back without contamination.	<ol style="list-style-type: none"> 1. Present the disposable strip to a surgical team member. 2. In a controlled manner, slowly rotate and tie gown. 	<ol style="list-style-type: none"> 1. Completes the tying of the gown.
D. Demonstrate gowning another person.	<ol style="list-style-type: none"> 1. Gowned and gloved person will present towel to person who already scrubbed to dry hands. 2. Lift the gown at the neck and let it unfold. 3. Allow inside of gown to be facing person to be gowned. 4. Make a cuff at the neck. 5. Hold gown until hands and forearms are in sleeves of gown. 6. Circulator then assists with tying into the gown. 7. See C. 	<ol style="list-style-type: none"> 1. This method allows for maximum protection from contamination.
E. Demonstrate gloving another person.	<ol style="list-style-type: none"> 1. Open glove and turn palm of glove toward other individual's hands. 2. Stretch the cuff to open the glove by cuffing the glove's cuff over your fingers and extending them. 3. Exert slight upward pressure on the cuff as the gowned individual slips the hand well into the glove. 4. Bring the cuff over the knit cuffs of the gown as the gowned individual slips the hand well into the glove. 5. Repeat for the other hand. The other person may assist by stretching the cuff. 6. Double glove with second pair. 	<ol style="list-style-type: none"> 1. Allows for ease of other person to don glove. 2. Prevents contamination of sterile person. 3. Double gloving is required.
F. Demonstrate changing gloves.	<ol style="list-style-type: none"> 1. Have circulator remove glove by grasping glove at palm wearing non-sterile gloves, leaving hand exposed. 2. Scrub re-gloves using the closed method. 3. Scrub gloves others using open method. 4. Double glove with second pair. 	<ol style="list-style-type: none"> 1. Reduces risk of contamination. 2. Double gloving is required.
G. Demonstrate changing gowns and gloves.	<ol style="list-style-type: none"> 1. Circulator removes gown first, pulling gown over the cuffs, leaving gloves on. 2. Circulator removes each glove, using care not to touch bare skin. 	<ol style="list-style-type: none"> 1. Reduces risk of contamination. 2. Person will not have to rescrub.