Fax with the Following Information:
1. Insurance and demographic information
2. Pertinent medical notes and diagnostic results (i.e.: MRI or X-rays)
3. Problems list and medication list

☐ Comprehensive Pain Treatment Plan
   • Interventions for back, limb, head, chest, abdomen and pelvic pain
   • Optimization of non-opioid pain medication options
   • Incorporation of psychological therapy
   • Goal-oriented functional improvement using ancillary physiotherapy, acupuncture and functional restoration

☐ Tennessee Opioid Plan Certification
Vanderbilt Pain Management certifies appropriate plans for diagnoses requiring opioids, but does NOT take over prescribing from primary care services. Instead we offer:
   • Certification of appropriate plans (every 6 months or 12 months as needed)
   • Identification of inappropriate plans with advice for other options
   • Safe opioid taper plans
*Tennessee law requires patients on high dose opioids to see a Pain Management specialist every 6 months or 12 months to certify the appropriate use of long-term opioids.

☐ Advanced Interventional Options (Examples)
   • Spinal cord stimulator/Peripheral nerve stimulation
   • Kyphoplasty for vertebral compression fracture
   • Intrathecal pump for cancer
   • Neurolysis

☐ Pre-Surgery/Post-Surgery Optimization of Pain (Transitional Pain Service)
   • Pre-operative functional improvement, non-opioid pain medication optimization, pre-operative opioid taper
   • Post-operative functional assessments, non-opioid pain treatments, opioid cessation

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