## PATIENT CARE TRACKS

### With Unit Description

If viewing electronically, click TRACK TITLE for direct access to track page with unit descriptions.

<table>
<thead>
<tr>
<th>Track</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult Cardiac Stepdown</td>
<td></td>
</tr>
<tr>
<td>Adult Acute Care Medicine</td>
<td></td>
</tr>
<tr>
<td>Adult Acute Care Surgical</td>
<td></td>
</tr>
<tr>
<td>Adult Critical Care</td>
<td></td>
</tr>
<tr>
<td>Adult Oncology</td>
<td></td>
</tr>
<tr>
<td>Behavioral Health</td>
<td></td>
</tr>
<tr>
<td>Pediatric Acute Care</td>
<td></td>
</tr>
<tr>
<td>Pediatric Critical Care</td>
<td></td>
</tr>
<tr>
<td>Women's Health</td>
<td></td>
</tr>
</tbody>
</table>

VanderbiltNursing.com

Version date: 9/18/2019
ADULT CARDIAC STEPDOWN UNITS
(units located at Vanderbilt University main Hospital or ancillary building)

If viewing electronically, click on unit card to view unit web page for more information.

Cardiovascular care, including:
- pre- and post-open heart surgery
- valve repair and replacement
- heart failure
- heart transplant
- myocardial infarction
- heart arrhythmias
- ventilator and pulmonary artery catheter support

Cardiac care, including:
- vascular disorders (such as aneurysms, amputations)
- congestive heart failure
- myocardial infarction
- heart arrhythmias
- pre-op cardiothoracic surgeries

<table>
<thead>
<tr>
<th>CARDIOVASCULAR PROGRESSIVE CARE</th>
<th>VASCULAR</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 South VUH</td>
<td>7 North VUH</td>
</tr>
<tr>
<td>22</td>
<td>29</td>
</tr>
<tr>
<td>1:3 1:4</td>
<td>1:3 1:4</td>
</tr>
</tbody>
</table>

Cardiac care, including:
- ventricular assist devices (VADs)
- heart transplants
- total artificial hearts
- pre- and post-coronary artery bypass and valve surgeries
- advanced heart failure
- chest pain
- heart arrhythmias

Care of patients with vascular disorders, including:
- aneurysms
- amputations
- congestive heart failure
- myocardial infarction
- heart arrhythmias
- pre and post-op cardiothoracic surgeries
- pacemaker exchanges

<table>
<thead>
<tr>
<th>VAD &amp; HEART TRANSPLANT</th>
<th>CARDIOLOGY STEPDOWN</th>
</tr>
</thead>
<tbody>
<tr>
<td>7 Medical Center East (MCE)</td>
<td>8 South VUH</td>
</tr>
<tr>
<td>36</td>
<td>22</td>
</tr>
<tr>
<td>1:3 1:4</td>
<td>1:3 1:4</td>
</tr>
</tbody>
</table>
ADULT ACUTE CARE MEDICINE UNITS
(units located at Vanderbilt University main Hospital or ancillary building)

If viewing electronically, click on unit card to view unit web page for more information.

VanderbiltNursing.com

ACUTE CARE OF THE ELDERLY (ACE)
7 Round Wing

FAMILIAR FACES MEDICINE
3 Round Wing

ADULT ACUTE INPATIENT MEDICINE
8 North/5C at VCH

MEDICINE CARDIAC STEPDOWN
8 Medical Center East

PALLIATIVE CARE/ MEDICINE
5 Round Wing

THE VANDERBILT OBSERVATION UNIT (TOBS)
7 South VUH

ADULT ACUTE INPATIENT MEDICINE
6 Round Wing

ADULT ACUTE INPATIENT MEDICINE
4 Round Wing

ED C-POD
1st Floor TVC

Care for those aged 65 and older, including:
- cognitive impairment
- loss of mobility
- varied medical, surgical, cardiac, neurological conditions

Care of adult patients with a variety of medical conditions and complex social stressors, focusing on:
- high risk for recurrent health issues
- interdisciplinary approach
- reducing use of emergency rooms for routine care

Care for individuals with complex conditions, including:
- respiratory
- gastrointestinal
- renal
- neurological
- psychiatric
- cardiac
- infectious diseases

Care for patients requiring:
- stable home vents
- pressors and insulin drips
- cardiac monitoring

Care for patients nearing end of life with a focus on holistic care, including:
- symptom management:
- life goals
- plans of care that value the patient, families wishes and culture

Care of adult observation patients with a variety of medical conditions, including:
- chest pain
- abdominal pain
- syncope

Care for individuals with complex conditions, including:
- respiratory
- gastrointestinal
- renal
- neurological
- psychiatric
- cardiac
- infectious diseases

Care for patients requiring:
- stable home vents
- pressors and insulin drips
- cardiac monitoring
### ADULT ACUTE CARE SURGERY UNITS
(units located at Vanderbilt University main Hospital or ancillary building)

If viewing electronically, click on unit card to view unit web page for more information.

**Surgical Stepdown**
- Location: 9 North VUH
- Care of patients requiring post-operative care for surgical procedures, including:
  - urology
  - GYN surgery
  - other surgical services

**Surgical Specialties**
- Location: 9 South VUH
- Care of patients requiring surgical intervention, including:
  - thoracic surgery
  - surgical oncology
  - emergency general surgery
  - lung transplant
  - plastics
  - bariatrics
  - oncology

**Orthopaedic/Orthopaedic Trauma**
- Location: 7 Critical Care Tower (7T3)
- Post-operative care, including:
  - total joint replacement
  - bone and soft tissue tumor resections
  - Ortho trauma care for traumatic injuries

**Trauma Stepdown**
- Location: 10 South VUH
- Traumatic injuries involving multiple body systems care, including:
  - trauma rehabilitation
  - traumatic brain Injury
  - accidental trauma injuries

**Transplant & Surgical Care**
- Location: 6 Medical Center East
- Care for patients with disorders of the kidney, liver, pancreas, including:
  - end-stage liver/kidney disease
  - surgical weight loss
  - peritoneal dialysis
  - pre- through post transplant of the kidney, liver, or pancreas

**Inpatient Neurology/Epilepsy**
- Location: 6 North VUH
- Care of patients with neurological disorders, including:
  - open, closed head injuries
  - strokes
  - craniotomies
  - seizures
  - encephalopathy
  - Parkinson’s disease
  - Multiple Sclerosis
  - meningitis
  - epilepsy monitoring

**Inpatient Ortho/Spine**
- Location: 6 South VUH
- Care of patients requiring surgical intervention, including:
  - thoracic surgery
  - surgical oncology
  - emergency general surgery
  - lung transplant
  - plastics
  - bariatrics
  - oncology

**Inpatient Ortho/Spine**
- Location: 6 South VUH
- Traumatic injuries involving multiple body systems care, including:
  - trauma rehabilitation
  - traumatic brain Injury
  - accidental trauma injuries

VanderbiltNursing.com

VANDERBILT UNIVERSITY MEDICAL CENTER
# ADULT CRITICAL CARE UNITS

(units located at Vanderbilt University main Hospital or ancillary building)

If viewing electronically, click on unit card to view unit web page for more information.

<table>
<thead>
<tr>
<th>Cardiovascular care including:</th>
</tr>
</thead>
<tbody>
<tr>
<td>· pre and post vascular, cardiac surgery</td>
</tr>
<tr>
<td>· heart failure</td>
</tr>
<tr>
<td>· cardiac dysrhythmias</td>
</tr>
<tr>
<td>· structural heart disease, post-cardiac arrest</td>
</tr>
<tr>
<td>· ECMO</td>
</tr>
<tr>
<td>· heart, lung transplant</td>
</tr>
<tr>
<td>· therapy devices</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Care of patients who have sustained major trauma to their body including:</th>
</tr>
</thead>
<tbody>
<tr>
<td>· traumatic head</td>
</tr>
<tr>
<td>· neck</td>
</tr>
<tr>
<td>· spinal cord</td>
</tr>
<tr>
<td>· abdominal and orthopedic injuries</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Care for critically ill surgical patients including:</th>
</tr>
</thead>
<tbody>
<tr>
<td>· multisystem organ dysfunction, failure</td>
</tr>
<tr>
<td>· sepsis</td>
</tr>
<tr>
<td>· liver transplant recovery</td>
</tr>
<tr>
<td>· vascular surgeries</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Care for critically ill medical patients including:</th>
</tr>
</thead>
<tbody>
<tr>
<td>· acute respiratory failure</td>
</tr>
<tr>
<td>· Acute Respiratory Distress Syndrome (ARDS)</td>
</tr>
<tr>
<td>· multisystem organ system failure</td>
</tr>
<tr>
<td>· sepsis</td>
</tr>
<tr>
<td>· drug overdoses</td>
</tr>
<tr>
<td>· gastrointestinal bleeds</td>
</tr>
<tr>
<td>· diabetic ketoacidosis</td>
</tr>
<tr>
<td>· hypertensive crisis</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Abbreviations used:</th>
</tr>
</thead>
<tbody>
<tr>
<td>ICU = Intensive Care Unit</td>
</tr>
<tr>
<td>SD = Stepdown</td>
</tr>
<tr>
<td>HR = Holding Room</td>
</tr>
</tbody>
</table>

## CARDIOVASCULAR INTENSIVE CARE (CVICU)
5 North VUH

| 27 | 1:1 | 1:2 |

## TRAUMA INTENSIVE CARE (TICU)
10 North VUH

| 31 | 1:2 | 1:3 |

## SURGICAL INTENSIVE CARE (SICU)
9 Critical Care Tower

| 31 | 1:2 | 1:3 |

## MEDICAL INTENSIVE CARE (MICU)
8 Critical Care Tower

| 31 | 1:2 | 1:3 |

## NEUROLOGY/NEUROSURGERY INTENSIVE CARE (NIC)
6 Critical Care Tower

| 27 | 1:1 | 1:2 |

## ADULT EMERGENCY DEPARTMENT (ED)
1st Floor VUH

| 45-92 | 1:4 |

## VOR HOLDING ROOM/ PACU
3rd Floor VUH

| 35 | 1:2 |

## VUMC REGIONAL BURN CENTER (BURN)
11 South VUH

| 31 | 1:2 | 1:3 |

VanderbiltNursing.com
ADULT ONCOLOGY UNITS
(units located at Vanderbilt University main Hospital or ancillary building)

If viewing electronically, click on unit card to view unit web page for more information.

Care for patients with oncologic, hematologic, and benign hematologic associated care, including:
· solid tumors
· leukemia
· lymphoma
· sickle cell anemia

HEMATOLOGY/ONCOLOGY
11 North VUH

Hematology/oncology progressive care, including:
· benign and malignant hematologic malignancies
· myelosuppression/stem cell transplant
· oncologic tumor symptom management
· stem cell, adoptive cellular therapies

MYELOSUPPRESSION/STEM CELL TRANSPLANT
10 Critical Care Tower
Care for adult patients with diagnoses, including:
- schizophrenia
- bipolar disorder
- catatonic disorders
- schizoaffective disorder
- depressive disorders
- psychotic features

Care for adult patients with diagnoses, including:
- substance misuse disorders
- acute medical detoxification
- dual diagnosis

Care for adult patients being evaluated to determine appropriate psychiatric level of care.

VPH 1 INPATIENT
Vanderbilt Psychiatric Hospital
24
1:6

VPH 2 INPATIENT
Vanderbilt Psychiatric Hospital
16
1:6

VPH 3 INPATIENT
Vanderbilt Psychiatric Hospital
24
1:6

VPH 4 INPATIENT
Vanderbilt Psychiatric Hospital
14
1:6

VPH CHILD & ADOLESCENT
Vanderbilt Psychiatric Hospital
28
1:5

PSYCHIATRIC ASSESSMENT SERVICES
Vanderbilt Psychiatric Hospital
8-24
1:6
PEDIATRIC ACUTE CARE UNITS
(units located at Monroe Carell Jr. Children’s Hospital at Vanderbilt)

If viewing electronically, click on unit card to view unit web page for more information.

PEDIATRIC HEMATOLOGY & ONCOLOGY (PHO)
6th Floor
- 30 beds
- Pediatric medicine care for patients from birth to adolescents, including:
  - epilepsy monitoring
  - Neonatal Abstinence Syndrome (NAS)
  - peritoneal dialysis

PEDIATRIC CARDIOLOGY (PCARD)
10th Floor
- 19 beds
- Pediatric cardiac care, including:
  - medically managed cardiac conditions
  - post-operative cardiac surgery
  - congenital and acquired heart conditions

PEDIATRIC MEDICINE ACUTE CARE (PMAC)
7th Floor
- 42 beds
- Infant to adolescent care, including:
  - spinal fusions
  - cystic fibrosis
  - transplants
  - orthopedic procedures
  - neurosurgery
  - cleft palates
  - eating disorders
  - behavioral health
  - feeding disorders
  - craniotomies

PEDIATRIC SURGERY, TRAUMA, ADOLESCENT MEDICINE (PSTAM)
8th Floor
- 43 beds

PEDIATRIC HEMATOLOGY & ONCOLOGY (PHO)
6th Floor
- 30 beds
- Hematologic and oncologic care for patients ranging from newborns to 24 years, including:
  - benign and malignant diagnoses
  - bone marrow, stem cell transplant
  - radioactive therapy

VanderbiltNursing.com
# Pediatric Critical Care Units

(Units located at Monroe Carell Jr. Children's Hospital at Vanderbilt)

If viewing electronically, click on unit card to view unit web page for more information.

## Pediatric Level 1 Trauma Center & Comprehensive Regional Pediatric Center

- Neonate to adulthood care, including:
  - non-emergent care
  - trauma
  - internal and external hospital referrals

## Neonatal Intensive Care Unit (NICU)

- Level IV, regional NICU that provides care to critically ill neonates.

## Neonatal Intensive Care Unit (NICU)

- 98 beds
- 1:2 ratio

## Pediatric Critical Care (PCICU)

- Care of patients birth to 18 years of age with cardiac diagnoses, including:
  - heart defects
  - acquired heart disease
  - surgically repaired or medically managed congenital heart diseases

## Pediatric Emergency Department

- 1st Floor
- 42 + beds
- Ratios vary

## Children's Perioperative Services

- 3rd Floor
- Operating Rooms: 16
- 1:1 ratio

## Pediatric Intensive Care Unit (PICU)

- 5th Floor
- 31 beds
- 1:1 ratio

## Pediatric Holding Room/Post Anesthesia Care Unit (HR/PACU)

- 3rd Floor
- Holding = 22
- PACU = 26
- 1:4 ratio

## Pediatric Cardiac Intensive Care (PCICU)

- 10th Floor
- 19-23 beds
- 1:1 ratio

Critical care of patients birth to 18 years of age with various medical and surgical conditions, including:
- Level 1 trauma
- respiratory
- sepsis
- burn
- transplant
- cardiovascular
- oncology
- neurology

## Pediatric Care at Vanderbilt

If viewing electronically, click on unit card to view unit web page for more information.
LABOR & DELIVERY  
4th Floor VUH

- Pre- and post obstetrical care for patients, including:
  - mothers with complex diseases
  - high risk pregnancy
  - pre-eclampsia and eclampsia
  - multiple gestations
  - cardiac care
  - placental abnormalities
  - gestational diabetes

MOTHER BABY OBSTETRICS UNIT (MBO)  
4th Floor Medical Center East

- Personalized postpartum and pre- and post-operative care for patients, including:
  - benign gynecological diagnoses or surgeries
  - couplet care
  - stable antepartum patients
  - pain management
  - lactation support
  - fetal monitoring
  - grief support

1:5  22  1:1  1:3
32 adult + 18 infants  1:5  1:6

VanderbiltNursing.com