



## Agenda

### Psychiatric-Mental Health Nursing Exam Review

#### Sign-in begins at 7:30 am.

The day includes a one hour lunch (on your own), a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

#### Day 1, Thursday, October 11 8:00am to 5:00pm

- Theories and Frameworks for Psychiatric Nursing Practice
- Communication and the Nurse-Patient Relationship
- Evidence-Based Psychiatric Nursing
- Provision of Care
- Leadership and Management
- Research
- Disease Prevention, Health Promotion and Education

#### Day 2, Friday, October 12 8:00am to 5:00pm

- Treatment Modalities
- Psychiatric Disorders
- Psychopharmacology

## Accreditation

### RN/LPN/LVN: 15 Contact Hours

MED-ED, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (ANCC).

MED-ED, Inc. is an approved provider by the following State Boards of Nursing: **Florida**/FBN 50-126, **Iowa**/296, **California**/#CEP10453.



## Speaker

### Sharon Clevenger, MA, MSN, PMHCNS-BC, CARN-AP

Sharon serves as the CEO of the Indiana Center for Cognitive Behavior Therapy in Fort Wayne, IN. As an integrative psychiatric nurse practitioner, she combines cognitive therapy, psychopharmacology, nutrition and complementary approaches. She also serves as an adjunct faculty member at Indiana/Purdue Universities, previously served on the board of directors for the International Association for Cognitive Psychotherapy, was co-investigator for the DSM-5(r) field trials and a past president of the NAADAC, the Association for Addiction Professionals. She is experienced in inpatient, outpatient, clinical research and consultation-liaison psychiatry, along with serving as a mentor in psychiatry for medical residents at the University of Pennsylvania. Sharon has lectured on cognitive behavior therapy, psychopharmacology and integrative treatments in psychiatry and has authored texts on the treatment of stress disorders in civilian and military/law enforcement. Sharon earned her BSN from Purdue University, her MA in counseling psychology from the Adler School of Professional Psychology in Chicago and her MSN from the University of Pennsylvania.

*MED-ED reserves the right to substitute an equally qualified speaker if necessary.*

## Course Overview

This seminar is designed to provide the healthcare provider with a comprehensive review of Psychiatric-Mental Health Nursing Principles. The principle objectives of the course include enhancing professional nursing practice in Psychiatric-Mental Health Nursing as well as providing an outline for nurses preparing for the Psychiatric-Mental Health Nursing Exam. The course follows the outline and core curriculum recommended by the American Nurses Credentialing Center (ANCC). Case presentations will be presented to enhance critical-thinking skills and enhance knowledge of evidence-based practice in psychiatric settings.

## Registration Fees and Information

**Tuition** Includes Program Manual and CE Certificate

**VUMC Employees - Register in LMS**  
Complimentary for both days

**Non-VUMC Employees**  
\$250 for both days/\$175 for one day

#### Registration options:

1. Visit [www.vanderbiltnursing.com](http://www.vanderbiltnursing.com)
  - a. Go to "Professional Development"
  - b. Go to "Certification Review Courses"
  - c. Click on your course
  - d. Select Non-VUMC Staff Enrollment link
2. Use the QR code to access the website
  - a. Follow steps b through d above
3. Complete the registration form on the back of the brochure and return it with payment to the address listed.



Registrations must be received by October 9, 2018. No refunds after October 2 2018.

#### Location

Vanderbilt University Medical Center  
Light Hall Room TBD  
2215 Garland Avenue  
Nashville, TN 37232

#### Parking

Directions and parking information will be sent via email to registrants prior to the event.

**Questions? Email Regina Stuart at**  
[nursingeducation@vanderbilt.edu](mailto:nursingeducation@vanderbilt.edu)