

Expectant Mothers with Suspected or Confirmed Influenza

Labor and Delivery and 4 East

1. Mother isolated from other patients (for 7 days from symptoms onset or until 24 hours after the resolution of fever and respiratory symptoms, whichever is longer)
 - a) Mother to be placed in a private room
 - b) **Droplet** Precautions initiated
 2. Antiviral therapy, as appropriate, and as directed by the provider
 3. Visitors
 - a) With ILI* should not visit
 - b) Without ILI* symptoms can visit, but must wear a mask
 4. Family bonding with baby after delivery. If mother has cough or unable to control respiratory secretions:
 - a) Mother to wear mask
 - b) Place a clean hospital gown on mother to hold infant
 - c) Infant receives bath in newborn nursery
- B. After Delivery:
1. “Although it is well-recognized that the ideal setting for care of a healthy-term newborn while in the hospital is within the mother’s room, newborns that become infected with influenza are at increased risk for severe complications. To reduce the risk of influenza in the newborn, CDC recommends that facilities consider *temporarily separating the mother who is ill with suspected or confirmed influenza from her baby following delivery during the hospital stay.*”
 2. It is recommended that mother have no symptoms of respiratory distress (uncontrollable cough, tachypnea, supplemental O2) for at least 24 hours prior to beginning infant visitation from the Newborn Nursery.
 3. Mother is encouraged to pump and well care-giver will bottle feed the infant during this period.

*ILI = Influenza like illness (defined as fever greater than or equal to 100 °F and a cough and/or sore throat in the absence of KNOWN cause other than influenza)

Adapted from CDC Guidance for the Prevention and Control of Influenza in the Peri- and Postpartum Settings www.cdc.gov/flu/professionals/infectioncontrol/peri-post-settings.htm

Newborn in Normal Nursery

1. Infant isolated from other patients
 - a) Infant will be placed in an isolette
 - b) If infant becomes symptomatic, **Droplet** Precautions initiated
 - c) Symptomatic mothers, care givers, and family members should not enter the nursery.
2. Visitors
 - a) With ILI* should not visit
 - b) Without ILI* symptoms can visit but must wear a mask
3. Infant may have contact with Mother when:
 - a) Mother on antivirals for 24 hours and no respiratory distress (uncontrollable cough, tachypnea, supplemental O₂)
 - b) With Infant visitation:
 - a. Mother is to perform hand hygiene, don new gown, and wear a mask during baby's visit
 - b. Mother may breastfeed baby if no respiratory distress, otherwise must pump for well care-giver to feed baby

Newborn in NICU

1. Infant isolated from other patients
 - a) Infant will be placed in a private room
 - b) **Droplet** Precautions initiated
2. Visitors
 - a) With ILI* should not visit
 - b) Without ILI* symptoms can visit but must wear a mask
3. Mother on antivirals for 24 hours and no respiratory distress (uncontrollable cough, tachypnea, supplemental O₂)
 - a) May visit infant in NICU
 - (1) Prior to leaving Mother's room, Mother is to:
 - (a) Perform hand hygiene
 - (b) Don new gown
 - (c) Wear a mask at all times when outside her room
 - (d) Rewash hands in NICU
 - (e) Continue to wear mask when in NICU
 - b) Mom may breastfeed baby if no respiratory distress, otherwise must pump for well care-giver to feed baby

*ILI = Influenza like illness (defined as fever greater than or equal to 100 °F and a cough and/or sore throat in the absence of KNOWN cause other than influenza)

Adapted from CDC Guidance for the Prevention and Control of Influenza in the Peri- and Postpartum Settings www.cdc.gov/flu/professionals/infectioncontrol/peri-post-settings.htm

*ILI = Influenza like illness (defined as fever greater than or equal to 100 °F and a cough and/or sore throat in the absence of KNOWN cause other than influenza)

Adapted from CDC Guidance for the Prevention and Control of Influenza in the Peri- and Postpartum Settings www.cdc.gov/flu/professionals/infectioncontrol/peri-post-settings.htm