The VHA is a nonprofit social and philanthropic organization which offers excellent community & support for the spouses and significant others of Vanderbilt house staff and alumni. Join us today.

http://vhalliance.org/
The information contained in this guide was obtained from numerous sources. One of the sources most frequently relied upon was feedback from the general membership of the Vanderbilt Housestaff Alliance (“VHA”). These responses, and all other information contained herein, are provided for informational purposes and should not be considered a formal recommendation or endorsement of the VHA.

Lisa Lugo, 2016-2017 President and Michael Sagmeister President-Elect of the VHA, completed the most recent edits to this guide. Any questions or comments can be directed to vp@vhalliance.org.

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Vanderbilt offers an excellent program for residents and fellows;

The VHA offers an excellent community for spouses and significant others.

Join the VHA!
...and join a community who knows what life with a resident is all about.

What does that mean? Spouses and significant others… we are here for you! We are a group of people who have something in common: a resident or fellow! When you join the VHA, you will have opportunities to explore Nashville and get connected with others in the Vanderbilt community. We look forward to meeting you along the way!

Our active members take part in...

- **Monthly Events:** Welcome Picnic, Full Moon Pickin’ Party, Cooking Class at Whole Foods, Brunch with Santa, Grand Ole Opry, Pottery Painting, Steeplechase, and more!

- **Groups:** Children’s Playgroup, Book Club, Girls Night Out, Women’s Bible Study, Running Club, Cooking/Food Club and more!

- **“Matters of the Heart”** you and your spouse or significant other can enjoy a night out with Matters of the Heart - dinner, drinks, and childcare are provided.

- **VHA Mentors** who can help you answer questions and help you adjust to life in Nashville! Email us (president@vhalliance.org) and we’ll connect you with a mentor! VHA Mentors are a great resource – they’ve been there and are here to help.

- **The VHA Newcomers Guide** An email will be sent to your resident or fellow. Check it out! The Newcomers guide can help you in your transition to Nashville - from areas of town, to restaurants, to childcare and much more! Need a local for real estate, banking, etc? The VHA Newcomer Guide has it all!
Join the VHA today – check out the Membership Form on the next page or go to www.vhalliance.org

Mentors are available for incoming members!

Join the VHA Mentors Program
email president@vhalliance.org for more information!

Want to really get connected? It’s the cool thing to do.

Join the VHA Mentors Program!

We have a mentor just for you.

Email us at president@vhalliance.org and we’ll have your mentor connect with you. Your mentor has been there. Your mentor has made the move, lived in Nashville and experienced life with a resident. She or he will answer your questions about Nashville and Vanderbilt.

It’s great to have someone who’s been there help you get there. 
The VHA – We’re here for you.
Welcome to Nashville!

Whether you are visiting and learning about the Vanderbilt University Medical Center community or are already planning a relocation to the “Athens of the South,” I’m confident that you’ll soon be happy to call Nashville, and Vanderbilt, your new home.

The Vanderbilt community is warm and friendly with multiple avenues of support available to you. If you are relocating to be part of the Vanderbilt Medical Center house staff, one of these supports is the Vanderbilt Housestaff Alliance (“VHA”). The VHA is a nonprofit social and philanthropic organization. Membership is open to the spouses and significant others of the Vanderbilt house staff and alumni. Our mission is a simple one: to promote friendship among members, foster a supportive environment, and serve the Nashville community. We provide numerous opportunities to meet and socialize with other resident families -- forging friendships and offering support during a particularly difficult time of medical training. We also do various service projects throughout the year and have numerous groups for our members to join. We hope you’ll inquire further about the VHA and ultimately join our organization!

One of the VHA service projects is to generate this guide to life in Nashville, the “Newcomer’s Guide.” Our members update this guide annually, and many of us have continued to draw upon it throughout our stay here in Nashville. It contains information you will need for relocating (including information on real estate agents who sponsor the VHA) as well as information about fun things to do. You’ll quickly discover what many of us already have – that Nashville is a great city and community and a wonderful place to call home.

If you are interested in receiving more information about the VHA or have questions, please feel free to e-mail us at president@vhalliance.org or visit the VHA website at http://vhalliance.org/. We look forward to meeting you!

Sincerely,

Lisa Lugo & Michael Sagmeister
Vanderbilt Housestaff Alliance President and President-Elect, 2016-2017
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GENERAL INFORMATION FOR NEWCOMERS

Metropolitan Government of Nashville and Davidson County:
http://www.nashville.gov, 615-862-8750

The official website of the city/county government, which includes all sorts of resources about ways to live, work, and play effectively in Nashville.

Nashville Convention and Visitors’ Bureau:
http://www.visitmusiccity.com, 800-657-6910

Website includes information on the many attractions and things to do when visiting Nashville – great for ideas when you’re still new to the city.

Tennessee State Government:
http://www.tn.gov

The official state government website can answer numerous relocation questions about moving to Tennessee, including information on obtaining your driver’s license, registering your vehicle, and registering to vote.

Nashville Area Chamber of Commerce:
http://www.nashvillechamber.com, (615) 743-3000

Website includes a wealth of information useful when planning a move to Nashville.

Now Playing Nashville:
http://www.nowplayingnashville.com

Nashville and Middle Tennessee’s ultimate guide to arts and entertainment events.

VUMC DUAL CAREER PROGRAM

The Dual Career Program offers free job search assistance for up to one year for spouses and partners of newly recruited residents. Services include consultation session via phone, resume critique, access to dual career website, and more. Find out more at https://hr.mc.vanderbilt.edu/dualcareer/
HOUSING

Vanderbilt’s “Off Campus Referral Service”

The Off-Campus Referral Service has a great deal of information about rental properties provided to Vanderbilt by individuals interested in renting to members of the Vanderbilt community. They maintain files that are updated daily about everything from rental homes/duplexes, to efficiency apartments, to locating a roommate. They can also provide information about utilities, school districts, realtors, etc. The office is located at Branscomb Quadrangle, 2601 Vanderbilt Place, Rm 4119 and the office hours are Monday -Friday, 8-5. Additional information can be obtained by contacting Kathy Hutchison in the Office of Housing and Residence Life at kathy.hutchison@vanderbilt.edu or at (615) 322-2594 and at their website: https://apphost2.its.vanderbilt.edu/studentbiz/OCReferral/

Office of Graduate Medical Education (GME)

The Office of Graduate Medical Education has also collected a number of useful informational links on its website: http://www.mc.vanderbilt.edu/gme - click on “New House Staff” on the left hand side of the page. Among the information is a number of links to various sources of housing information, including some links for housing and roommate listings.

Realtors

A listing of area realtors can be found in the Professionals section, beginning on page 14.

Apartment Locator Services

Free national apartment rental publications with local listings are available at most Nashville area supermarkets. You may also contact the publishers directly at:

- Apartment List https://www.apartmentlist.com/tn/nashville#map
- Apartment Finder http://www.apartmentfinder.com/
- Apartments.com http://www.apartments.com/
- Zillow http://www.zillow.com/nashville-tn/rent/

GREATER NASHVILLE - WHERE TO LIVE?

The residential districts of greater Nashville are subdivided into 14 general areas. While Vanderbilt residents literally reside all over the map, listed below are descriptions of seven areas where many Vanderbilt Housestaff Alliance members reside, both as renters and homeowners. If you expect to be in Nashville long enough to buy, we recommend working with a buyer’s agent to get the best available information about public safety, schools, and quality of life. A map of the greater Nashville area, divided into these residential sections, follows.
Vanderbilt/ Belmont/Sylvan Park/West End
The Vanderbilt/Belmont/Sylvan Park/West End area has many well-constructed older homes (predominantly 1920s-1960s), as well as a number of apartments, town homes, and condominiums. These in-town neighborhoods are pedestrian-friendly, near Vanderbilt and Hillsboro Village, convenient to downtown, and loaded with amenities. This area has coffee houses, brew pubs, good restaurants, banks and unique shopping. The biggest advantage to living in this area is its proximity to Vanderbilt. Some residents live close enough to even walk or ride a bike. Of course, this close proximity has a price. Housing in the Vandy/West End area can be expensive, but some reasonably priced housing is available (but will usually require some fixing up). This area is in Area 2 on the map, close to Vanderbilt between West End Avenue and Charlotte Pike.

Green Hills
Green Hills is an upscale area about five miles southwest of downtown Nashville. Consisting of mostly older homes and newer condominium complexes, this area offers safety, good neighborhoods, quiet streets for walking and running, as well as good schools. Green Hills is convenient to both Vanderbilt and the interstates. The Mall at Green Hills is a favorite of Nashville shoppers because of its variety of stores: Coach, Bebe, Restoration Hardware, Pottery Barn, Kiehl’s, Macy’s, etc. It also has several great restaurants including Cheesecake Factory, Carrabá’s Italian Grill and Panera Bread. The two main disadvantages to the Green Hills area are that the housing is very expensive and the traffic in the area can be heavy. On the map provided, Green Hills is in northeastern portion of Area 2.

Bellevue
With plentiful housing in the rolling hills west of downtown Nashville, it’s easy to see what makes Bellevue so popular. This area has a lot of apartments, condos and subdivisions that are affordable. (If you’re looking for a big yard or an older house, this isn’t the suburb for you.) The Bellevue area is quiet and safe, making it a good place to raise children. The area offers easy access to Interstate 40, but requires at least a 20-minute drive to Vanderbilt. Bellevue also has a good public grade school, Harpeth Valley Elementary, and a relatively new YMCA. The downside is that, being on the western edge of Nashville, it is a longer drive to get any other part of town, especially areas south of Nashville like Cool Springs. On the map provided, Bellevue is in the western most part of Area 2, located right off I-40 west (or straight west on West End Ave).

The Capitol District
The area just North of downtown but inside the urban interstate loop has grown and changed dramatically in the past few years. Best known for Germantown, home to well-known Nashville eateries Mad Platter, Monell’s, Germantown Cafè, City House, and Rolf & Daughters, other nearby neighborhoods include Salemtown, Hope Gardens, and Historic Buena Vista. Located at the Eastern end of Nashville’s legendary Jefferson Street, this area provides convenient access to downtown, Vanderbilt, and most of the rest of the city. Other points of interest include Nashville’s brand new minor league ballpark at Sulphur Dell, the Nashville Farmer’s Market, and the Bicentennial Mall state park. This area is basically right at the middle of the map.

East Nashville
If you enjoy urban living, East Nashville's got the right stuff. It sits right across the Cumberland River from downtown and was Nashville’s first urban neighborhood, full of beautiful historic homes offering everything from Victorian cottages built before the turn of the century, and quaint 1920’s bungalows to
modern homes and condos. Its low-key vibe, neighborly feel, and down-to-earth personality make this community a great place to escape the city without leaving town. Shelby Park offers a 16-mile run/bike path, several playgrounds, two golf courses and a dog park. Walk from your house to a variety of unique shops, art galleries, coffee shops and eateries in East Nashville or cross the pedestrian bridge and stroll through downtown! Research more at http://www.eastnashville.org/. On the map provided, East Nashville is in Area 6 & 7, in the North East quadrant near downtown Nashville.

**Crieve Hall/Nippers Corner**
Residents are attracted to the Crieve Hall area for its modest housing prices and prime location. From here, almost any destination in the area is a short (10 to 15 minute) drive. The area is full of subdivisions built in the early 1960s. It is a quiet and relatively safe area where you can buy an older house (predominantly ranch-style) with a nice yard for an affordable price. Crieve Hall has several good public grade schools (but some that are less desirable, so be sure to do some research when looking at homes) and a beautiful new public library. This centrally located area (northern Area 1 on the map) is about 8 miles from Vanderbilt and has great access to I-65, making a trip to Vanderbilt about 12-15 minutes.

**Brentwood/Cool Springs/Franklin**
From Vanderbilt, go South on I-65 and you will find the areas of Brentwood, Cool Springs, and Franklin (in that order as you travel south). These three areas are located in Williamson County and provide a fantastic school system and a booming local economy. The Cool Springs area, which has grown significantly in recent years, has many movie theaters, restaurants and strip malls. Traffic during rush hour can be heavy and housing costs more than in the most areas in Davidson County. On the map provided, this area is located south of Nashville off I-65 and Franklin Road (Area 10 and the southern portion of Area 1).

**Woodbine**
Woodbine is an up and coming area in the heart of Nashville. Residents of Woodbine are attracted to the affordable prices and proximity to so much of the city (only an 11 minute drive from both Vanderbilt and downtown). There is a lot of diversity in this area (including great ethnic restaurants), as well as a growing sense of community fostered by the Woodbine Neighborhood Association. Most of the housing choices are older homes, though there are some new condominiums. The nearby Thompson Lane branch library and adjacent Coleman Park playground are great places to take children for an outing, and the Coleman Community Center offers a very affordable gym and exercise classes. Woodbine is also very close to the Nashville Zoo and Adventure Science Center. Some downsides include that the nearby businesses along Nolensville road are not very attractive. If you are looking for a pristine suburban-looking area, this is not it. Also, though local Whitsitt Elementary has a safe and friendly environment, its test scores are historically low, so many families in the neighborhood choose to home school or drive their children to an optional school instead. To visit Woodbine, take the Nolensville exit off of I-440.

If you’re looking to buy a house, check out the following website: http://www.realtracs.com/
It contains all of the MLS listings in Tennessee. To search for a property you must select the MLS area in which you want to look. Use the following map to familiarize yourself with the MLS areas (#1-8 in Davidson County, 9-14 in the surrounding counties).
PROFESSIONALS

The following professionals are all supporters of the Vanderbilt Housestaff Alliance and many have provided services to its members in a variety of areas.

Accounting and Legal Services

Jim Durham, CPA, 171-B Belle Forest Circle, Nashville 37221
(615) 662-2808
jim@jimdurhamcpa.com

(317) 989-4833
loneill@lauthoneill.com
lauthoneill.com

Banking Services

Bank of Nashville

Carolyn Daniels, Vice President, Mortgage Consultant
3770 Hillsboro Pike, Nashville, 37215
(615) 271-2127, (615) 579-7657 (cell)
Website: www.drhomeloans.com
carolyndaniels@bankofnashville.com

Fifth Third Bank

Rosemary Rikal, Mortgage Loan Originator
(615) 945-9375
rosemary.rikal@53.com

Sun Trust

Stuart Clamp, Vice President, Senior Loan Officer
(615) 297-7270, (615) 668-2392 (cell)
Website: www.suntrust.com/stuart.clamp
stuart.clamp@suntrust.com
Metropolitan Bank

**Barbara Lyons**, Senior Managing Director  
(615) 690-9300  
Website: [www.metropolitan.bank](http://www.metropolitan.bank)  
blyons@metropolitan.bank

Insurance and Financial Services

**Northwestern Mutual**, 1600 Division Street, Suite 400, Nashville 37203

**Brock Allender**  
(615) 742-8709  
brock.allender@nmfn.com

**Matt McLean**  
(615) 742-8748  
matthew.mclean@nmfn.com

Burke Financial Group

**Daniel Burke**  
(615) 224-9553, (615) 406-9478 (cell)  
Website: [www.BurkeFG.com](http://www.BurkeFG.com)  
Daniel@BurkeFG.com

Larson Financial

**Lauren Law Oschman**  
(615) 766-2677  
Website: [www.larsonfinancial.com](http://www.larsonfinancial.com)  
lauren.oschman@larsonfinancial.com

Shoemaker Financial

**Jeremy Smith**  
(615) 383-0262  
jsmith@shoemakerfinancial.com
Realtors

**Keri Cannon**, Fridrich and Clark Realty, 3825 Bedford Avenue, Suite 102, Nashville, 37215  
(615) 327-4800, (615) 482-1593 (cell)  
Website: [http://www.homestheplace.com](http://www.homestheplace.com)  
keri.cannon@comcast.net

**Carolyn Akins**, Carolyn Akins Real Estate  
(615) 504-2447  
[carolyndakins@icloud.com](mailto:carolyndakins@icloud.com)

**Jody Hull**, Keller Williams Realty, 30 Burton Hills Blvd., Suite 175, Nashville 37215  
(615) 425-3600, (615) 482-4282 (cell)  
[jbhull04@yahoo.com](mailto:jbhull04@yahoo.com)

**Bradley Weatherly**, Bainbridge Realty Group, (256) 338-9898

Counseling

**The Faculty and Physician Wellness Program**  
(615-936-1327)  
[http://worklifeconnections.vanderbilt.edu](http://worklifeconnections.vanderbilt.edu)

The Faculty and Physician Wellness Program is available to provide psychological support to the Vanderbilt faculty as well as housestaff, spouses and same-sex domestic partners. The Faculty and Physician Wellness Program at Work/Life Connections-EAP offers brief individual, pre-marital, and counseling for couples. It is a confidential, employee benefit.

UTILITIES

Before moving into your new home, you should make arrangements with the following utility companies for services.

**Electricity:**  
**Nashville Electric Service (NES)**  
1214 Church St, Nashville, (615) 7366900, [http://www.nespower.com](http://www.nespower.com)  
Call Center Hours: M-F 6 a.m. - 11 p.m., Sat. 7 a.m. - 5 p.m.  
Walk up Hours: M-F 8 a.m. – 6 p.m.
To establish service, call or stop in to the Church Street Office. Customers will need two forms of identification (driver’s license, social security card, passport, birth certificate). New customers will need to pay a $180 deposit before service can be connected. In some cases, that fee can be waived: (1) Letter of Credit--A satisfactory letter of credit for the last 12 months of service from any gas or electric utility (no more than 2 disconnect notices, no more than one returned check, and no disconnects for non-payment). (2) Credit Check--An instant credit check with a credit bureau at no expense to the customer.

An initial service fee of $15 is charged if electricity is already on at your new location. If not, a connection fee of $45 (for same day service) or $30 (for scheduled service) is charged to have the electricity restored.

**Natural Gas:**

**Piedmont Natural Gas**
(800) 752-7504, (615) 734-0665, [http://www.piedmontng.com](http://www.piedmontng.com)
Call Center Hours: M-F 6 a.m.–8 p.m., Sat 7 a.m. – 6 p.m., Closed Sunday

To establish service, call customer service at the above number or make a service request through their online system (company is based out of North Carolina—no local office available). New customers will need to provide social security and driver’s license numbers and give permission to undergo a credit check or leave a deposit with the utility. If a deposit is required, it will be based on the two previous highest bills at the location. If the prior customers at your location were delinquent, you will need to provide a notarized copy of the lease showing your date of occupancy. Electricity and water will need to be active prior to your gas service start date.

**Water:**

**Metro Water Services**
1700 3rd Ave N, Nashville, (615) 862-4600, [http://www.nashville.gov/water](http://www.nashville.gov/water)
Business Hours: M-F 8:00 a.m.–5:00 p.m.

Residential customers starting water service must pay a non-refundable service initiation fee of $35.00 for guaranteed same day service or $25.00 for any day thereafter. When you call, be prepared to provide them with your driver’s license information. If there is an outstanding balance on the address, you’ll have to set up service with Nashville Electric Service before your water service can be established.

**Garbage Collection & Recycling:**

**Metropolitan Department of Public Works**
(615) 862-8750, [http://www.nashville.gov/pw/](http://www.nashville.gov/pw/)

Each home in the Nashville Urban Services District is given two 96-gallon containers. One is tan and designated for trash and the other is green for recycling. The trash containers are picked up weekly and the recycling containers are picked up monthly. Consult the underside of the container’s lid for pickup information. Nashville recycles paper, cardboard, metal cans (aluminum and food cans) and plastics (1-7, but not black plastic trays). Glass bottles (and any other recyclable material if you don’t have a container) can be taken to centers located throughout the community. Metro Public Works also offers brush pick up three times per year.
If you live outside the Urban Services District or outside of Davidson County, you must contact the local trash removal company (e.g.: PDQ, BFI, Hudgins, etc.). This service costs approximately $15 a month but is sometimes covered by the Home Owner’s Association fee in some subdivisions. You can also now add recycling service for $11-20/month through Earth Savers (http://www.earthsavers.org). Check your phone book for listings.

**Cable, Internet and Telephone Service Providers**
The following is a list of providers that have registered with the Nashville Chamber of Commerce.

**Cable/Satellite Television**
To establish cable television service within Nashville/Davidson County, contact Comcast at 615-244-5900. To establish satellite television service, contact AT&T at 888-757-6500.

**Internet Service Providers**
- AT&T (DSL) - 888-321-2375
- Comcast - 615-244-5900
- Clearwire - 888-253-2794

**Telephone Service Providers**
- AT&T - 888-757-6500
- Comcast Digital Voice - 615-244-5900
- Verizon - 800-483-5000
- TelCove - 615-263-1140
- ICG Telecom Group, Inc. - 615-251-4440
- Qwest Communications - 800-860-1020
- MCI Telecommunications - 800-539-2000
- Sprint Communications - 800-877-2000
- US LEC of TN - 800-978-7532

**Google Fiber**
Fiber is coming to Nashville. You can sign up to get updates. Google Fiber starts with a connection that's up to 100 times faster than today's basic broadband speeds. Instant downloads. TV like no other. And endless possibilities. http://www.fiber.google.com/cities/nashville/

**HOME REPAIRS**

“‘This guy has the integrity to go along with the name of his company. He did several different household repairs at our house. Professional and thorough with a result of exactly what you wanted done.”

“‘For general home repair, including plumbing, the Wills Company's people are honest and courteous though not the cheapest. A good place to call if you need multiple estimates for a bigger home repair.”
Appliance Repair
A-1 Appliance Repair – 5410 Harding Road, (615) 352-5174, http://www.a1appliance.com
“A-1 appliance repair technicians are knowledgeable, courteous, and have some good policies (1 trip charge for a 3 month period and they will give you a 2 hr window for their arrival.)”

Cleaning Services
“Ana uses all natural cleaning products, does a thorough job, and charges a reasonable rate.”


Flooring
Verchota Floors – 215 East Old Hickory Blvd., Madison, (615) 868-0202
“Very professional, pleasant family-owned business that does excellent work at a comparable, reasonable price.”

Glass Repair
The Glass Doctor – 90 Fesslers Lane, (615) 646-9814
“They sent a person out almost immediately to repair our broken glass door. Their prices were better than the competitors from whom we received bids. The best part was that they were quick, thorough, and cleaned up all the broken glass.”

Gutters
M&M Guttering – 2935 Corner Drive, Murfreesboro - (615) 867-7391
“Fast, affordable, did a good job.”

HVAC Repair
Air Systems, Inc. – David Willis, (615) 223-6622 (office), (615) 533-5246 (cell)
“David Willis is truly one of the nicest, most honest, professional people I have ever met. We had been taken for a ride by another HVAC repair company and David came out and fixed the problem at no charge . . . he has serviced our HVAC system ever since and is always available, on time, and reasonably priced.”

Rich Heat & Air – 2572 Murfreesboro Pike, (615) 360-6388
“They had the lowest quote we received with excellent, fast service!”

Painters
Alex Martinez – (615) 584-0399, http://www.alexmartinezpainting.com
“Did a great job, reliable.”

Plumber
Smith Plumbing – David Smith, (615) 513-3812
“Professional, courteous, and on time; reasonable rates.”
Tree Service
“Jeremiah is the nicest service professional we've ever met. Honest, efficient, and his fees were by far the best of MANY we priced!”

DRIVER'S LICENSE

Upon establishing residency in the state, a Tennessee driver's license must be issued within 30 days. If your old license is still valid, you can surrender it in exchange for a TN license. In that case, you will only have to take a vision test, have a new picture taken, and pay a fee. To exchange a license from your former state of residence, you must present:

- Your current license (or certified copy of driving record or other acceptable ID).
- Proof of name change, such as original certified court order, marriage certificate, or divorce decree as needed.
- Two Proofs of Tennessee Residency with your name and resident address - NO P.O. BOXES (Documents must be current. Must be dated within last 4 months.)
- **Proof of U.S. Citizenship, Lawful Permanent Resident Status or Proof of authorized stay in the United States** (most people overlook this one, especially because it is a recent addition).
- A Social Security Number or sworn affidavit if no Social Security number has been issued.

*Please visit the website listed below to be sure you have all proper identification information.

If your old license is expired by more than six months, you may be required to take a written and/or road test in order to get your license.

The fee is typically $19.50 for a five-year license and must be paid with cash, check or money order. However, the fee could be slightly more or less as it will be prorated in order to set your license expiration date to fall on a birthday divisible by five (i.e. 25, 30, 35, etc.). Also, if you are recently married and will require a name change on your new driver’s license, remember to bring along your original marriage license. All your driver’s licensing questions can likely be answered at http://tennessee.gov/safety/dlmain.shtml

The Hickory Hollow Driver Services-Reinstatement Center is piloting a new system that allows you to “Join the Line” via text, phone, or the web site. - See more at: https://www.tn.gov/safety/article/jtl-nashville

Driver's License Testing Centers:

All of these centers are full-service, offering road and traffic-rules tests. The last appointment for road tests is one hour before the center closes. All centers open one hour later on the second Wednesday of the month.
AUTOMOBILE REGISTRATION

Upon establishing state residency, you must purchase a Tennessee license plate for your car. Prior to purchasing your license plate, all vehicles (except motorcycles and vehicles with a model year before 1975) must pass the Middle TN Vehicle Inspection Program's emission test. Emission testing costs $10 (no checks or bills larger than $20 accepted, credit and debit accepted) and can be done at any of the stations in the Metro area. You’ll need to have your current registration (from your previous state) to have the inspection completed. The Davidson County emissions testing centers are open 7 a.m. - 6 p.m., Monday & Tuesday and 7 a.m.-5 p.m. Wednesday through Friday. Should your vehicle fail the inspection, you are entitled to one free re-inspection.

For additional information, please visit http://www.nashvillevip.org

Davidson County Centers are located at:

- 501 Craighead Street (just east of Franklin Pike, on west side of I-65 overpass)
- 3494 Dickerson Road (approx ½ mile north of I-65)
- 715 Gallatin Road, North, Madison (across the street from Regent Dodge)
- 3363 Stoners Bend Drive (Lebanon Rd. to Central Pike, Turn at Rippy's Auto Bodyshop)
- 1317 Antioch Pike (east of Harding Place, ½ block from Sam's Club) – This facility is open Sat. 7 a.m. to 3 p.m. but closed Monday
- 7008 West Belt Drive (go West from Centennial/Cockrill Bend stoplight, Westbelt is first right)

After your car has passed the emissions test, you may apply for a Tennessee license plate. The fee for a license tag, a Metro sticker and title change (if you own your car) is $89.50 (first TN license) and then the renewal each year is $79. If you own your car, you will need the title and emissions certificate. If there is a loan on your car, you will need to show current registration, the full address of the loan company and the emissions certificate. If your car is leased, you will need your current registration, your emissions certificate, and power of attorney from the lease company, & their tax-exempt ID number. A copy of the lease is also helpful. Bring all paperwork to the main County Clerk's Office, Metro Howard Office Building, 700 2nd Avenue South, Room 153 (M-F 8a.m. - 4:30 p.m.), or any of the satellite offices, which include:
• Hermitage Police Precinct, 3701 James Kay Lane, M-F 9:00 a.m. to 5:00 p.m.
• Green Hills, Grace's Plaza, 2131 Bandywood Dr., Suite 205B, M-F 9:00 a.m. to 5:00 p.m.
• Old Madison Library, 501 Heritage Drive, M-F 9:00 a.m. to 5:00 p.m.
• North Police Precinct, 2231 26th Avenue North, M-F 9:00 a.m. to 5:00 p.m.
• South Police Precinct, 5101 Harding Place, M-F 9:00 a.m. to 5:00 p.m. (express)

For more information, call the County Clerk's office at (615) 862-6251. The office is open 8 a.m. - 4:30 p.m., Monday-Friday; the automated information line is accessible 24 hours a day. The website is http://www.nashvilleclerk.com. Note that if you are paying these fees with a credit card, a convenience fee will also be assessed, so think about bringing cash or a check.

AUTOMOBILE REPAIRS/SERVICE

Hillsboro Village Good Neighbor Auto Service – 1820 21st Avenue South, (615) 298-2079
http://www.hillsborovillageautoservice.com
“Brent kept an older car running for years. Reasonable prices for automotive miracle work.”

Erol’s Autobahn Repair – 6007 Lenox Avenue, (615) 352-4700
“Mechanic for import vehicles: friendly, excellent service; doesn't overcharge; WONDERFUL service!”

Murphy Road Shell Station – 4400 Murphy Road – (615) 298-5615
“Very quick and reasonably priced auto repairs. The mechanics are knowledgeable and honest--twice they have given me quotes, then ended up charging me less in the end. Highly recommended.”

PK Imports Car Service – 2213 8th Avenue South – (615) 297-2221
“Thorough and quality work, friendly staff. Eat at the Thai Restaurant (The Smiling Elephant) above when you pick up your car!”

Ultimate Tire and Car Care Center – 1210 McGavock Street – (615) 255-9880,
http://www.ultimatetire.com
“Also highly recommended on the Car Talk website, they are honest folks who won't try to up sell what doesn't need fixing. Wait can be a bit longer than desired, but if you leave it for the day you don't have to worry about it (and they're right downtown--convenient to all).”
**VOTER REGISTRATION**

To vote in Nashville or the surrounding area, a person must be a citizen of the United States, be at least 18 years old, and be a resident of Tennessee. A federal or state issued government photo ID is now required to vote. You need to register to vote at least 30 days before an election. In Nashville there is a permanent registration.

To register, appear in person at the Davidson County Election Commission, 800 Second Avenue South, 4th Floor or pick up a mailin form at any post office or public library. Mail this form to the Davidson County Election Commission, P.O. Box 650, Nashville, TN, 37202. You can also register while getting your driver's license. Additional information is available at the Election Commission’s website: [http://www.nashville.gov/vote](http://www.nashville.gov/vote)

**MARRIAGE LICENSE**

Anyone over the age of 18 can purchase a Marriage License. It must be purchased no more than 30 days prior to the marriage ceremony at the County Clerk’s Office, 700 Second Avenue South. Both parties must be present with valid ID (that has proof of your SSN) and birth certificate to purchase the license. For more information, contact the County Court Clerk's Office, (615) 862-6256, 8 a.m. to 4:00 p.m. Monday-Friday. The fee is $99.50; however, those who complete a premarital course or any premarital counseling within the year prior to their wedding are exempted from paying $60.00 of the fee. Tennessee law does not allow for common law marriages, but Tennessee will recognize the common law marriage of a couple relocating from a state that legally recognizes such unions. More information is available at the Clerk’s website: [http://www.nashvilleclerk.com/living/marriage-license/](http://www.nashvilleclerk.com/living/marriage-license/)

**VARIOUS LAWS**

*Liquor Laws:*
The legal drinking age in Tennessee is 21. Bars are permitted to stay open until 2 a.m. seven days a week. Liquor is only sold through licensed package stores, wine can be purchased in grocery stores as well. Beer can be purchased at most grocery and convenience stores, as well as package stores, but not where liquor and wine are sold. Liquor stores are closed on Sundays.

*DUI:*
Tennessee has one of the strictest DUI laws in the United States with .08 being the legal limit. If you are convicted of a first offense DUI, you will incur a jail sentence, probation, required public service, a $350 fine, court costs, and loss of your driver's license for one year.
Traffic Laws:
Right turns on red lights after stop are legal at most intersections unless otherwise posted. Tennessee drivers are required to “move over” when passing a stopped emergency vehicle by switching lanes where applicable (four lane road) or slowing down while passing where “moving over” is not possible. Seat belts are required for vehicle drivers and all passengers regardless of age, and a vehicle can be stopped solely for a belt related offense. The driver of a vehicle is responsible for insuring that all children under the age of 16 are properly restrained in any vehicle, this includes requiring the use of car seats and belt positioning boosters. For a detailed list of the Child Restraint Laws, please refer to the state’s website at http://www.tn.gov/safety/newCRD.shtml

TAXES

Currently, there is no personal income tax on most income, including salaries, in Tennessee. However, Tennessee does have a tax on certain interest and dividend income over $1250 per person. The current state sales tax is 7% and the city sales tax is 2.25%, making a total of 9.25%. This combined tax is assessed against virtually all retail goods sold in Tennessee. For information on residential property taxes, contact the Metropolitan Property Assessor at (615) 862-6080. In Davidson County, tax is assessed at a rate of $4.13 per $100 of assessed value, with an assessment ratio of 25% for residential property owners. That is to say, a home with an assessed value of $100,000 would have property taxes of approximately $1,032.50 (or ($100,000*.25)*(4.13/100)). For the current taxes on a piece of property, consult the tax records online through the Property Assessor’s website: http://www.padctn.com/

PUBLIC LIBRARIES:

Downtown Nashville Public Library is located at 615 Church St., Nashville, (615) 862-5800. It is open Tues-Fri 9-6; Sat 9-5; Sun 2-5 p.m. Garage parking is available, and the first hour is free with library desk validation. In order to obtain a Davidson County library card, you must present a valid Tennessee driver’s license (military ID or passport) with a Davidson County address. If your ID doesn’t have your current Davidson County address, you will need to verify your address with a utility bill, pay stub, voter registration card, or similar documentation of current address. There are a number of branch libraries in the system. For information on all the branches and the library’s programs, visit the library’s website at: http://www.library.nashville.org

NEWSPAPERS & LOCAL PUBLICATIONS

The Tennessean is Nashville's daily newspaper. The office is located at 1100 Broadway. For a subscription, call 800-342-8237. For placing a classified ad you can call (615) 242-SALE. http://www.tennessean.com/
There are also several free publications with large circulations that are great resources. These publications may be picked up at many newsstands, local stores and YMCA locations:

- **The Nashville Scene** is a great source for Nashville politics, arts, and entertainment. It is published weekly with distribution beginning on Wednesday. Visit their web site at http://www.nashvillescene.com

- **Nashville Parent** and **Williamson Parent** are a great resource for anything relating to children. Each issue features articles regarding parenting tips, family finances, baby pages, educational pages, community connections, book and video reviews, and children’s health issues. Most useful, however, is a detailed day-by-day calendar that includes virtually every family activity occurring in the greater Nashville area for the upcoming month. Visit http://www.parentworld.com/ for more information about Nashville Parent.

- **Native** is reflective of the new Nashville, with a focus on hip and emerging businesses, boutiques, bars. http://native.is


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**GETTING AROUND**

*The Metropolitan Transit Authority* (MTA) located at 130 Nester St., and can be reached at (615) 862-5950. The MTA operates approximately 40 bus and trolley routes in the Nashville area. A monthly pass for unlimited rides on the MTA currently costs $78, but Vanderbilt will pay for any employee’s pass. Schedules and routes can be accessed via the MTA’s website at: http://www.nashvillemta.org/

*Music City Star Commuter Rail Service* – Recently, Nashville’s first commuter rail service opened. It runs from Nashville to points east, including station stops at: Donelson, Hermitage, Mt. Juliet, Lebanon, and Martha. A monthly pass ranges from $64-$168 depending on the stop from which you normally originate. More information can be found on the website: http://www.musiccitystar.org

*Mayor’s Bicycle and Pedestrian Advisory Committee* – Maintains several good links and resources for getting around on two wheels or two feet. Pay special attention to the Groove map for helpful safe ways to use a bike as transportation for getting around Nashville. http://www.nashville.gov/Mayors-Office/Priorities/Health/Links-and-Resources

*Ride Sharing* – Lyft and Uber operate across Davidson County as well as neighboring counties and suburbs. Costs vary, but expect to pay around $20 for a ride from the outskirts to downtown Nashville.
VANDERBILT PERKS AND DISCOUNTS

*Train Tickets* - 60% off (purchase in MCN)
*Regal Cinema* - $8.50 per ticket (purchase in MCH)
*Verizon* - 20% off select plans (excluding unlimited plans)

PET INFORMATION

Grooming, Kennels and Veterinary Hospitals

*(West Nashville/Bellevue Area)*
- **Belle Meade Animal Hospital**, 5121 Harding Road, (615) 352-4370
- **Belle Forest Animal Hospital & Kennels**, 154 Belle Forest Cir., (615) 662-1700
- **Harpeth Hills Animal Hospital**, 329 Clofton Dr, (615)646-7387, [http://www.harpethhillsvet.com](http://www.harpethhillsvet.com)
- **Kritter Korner Boarding & Grooming**, 9044 S. Harpeth Ct., (615) 662-5703
- **Pet Resorts of America**, 7200 Charlotte Pke., (615) 356-6996

*(Brentwood)*

*(Crieve Hall Area & Nolensville Road Areas)*
- **Grassmere Animal Hospital**, 3926 Nolensville Rd., (615) 832-6535
- **Music City Kennels Inc.**, 5950 Edmonson Pke., (615) 834-4455

*(Vandy/West End/Sylvan Park Areas)*
- **Murphy Road Animal Hospital & Pet Grooming**, 4408 Murphy Rd., (615) 383-4241
- **Harris Veterinary Clinic**, 6410 Charlotte Pike, Suite 109, (615) 356-7939

Pet Services and Supplies

- **Wags and Whiskers**, Holistic pet foods, toys, treats and self-serve dog wash (East & West Nashville locations) [http://wagsandwhiskersnashville.com/](http://wagsandwhiskersnashville.com/)
- **Petsmart**, 6622 Charlotte Pike, (615) 352-9386, [www.petsmart.com](http://www.petsmart.com)
Pet Sitting Services

Dog Parks
http://www.nashville.gov/Parks-and-Recreation/Parks/Dog-Parks.aspx
Centennial Dog Park, 2500 West End Avenue, On Flag Pole Hill
Edwin Warner Dog Park, 50 Vaughn Road, Across from the sports complex
Pitts Dog Park, 299 Tusculum Road
Shelby Dog Park, Shelby Avenue at S. 20th Street, Behind the Shelby Park Community Center
Two Rivers Dog Park, 3150 McGavock Pike

For those of you looking for a dog or cat, animal shelters always have a large selection of homeless animals that are looking for someone to love them. Fees are usually $75-95, but sometimes shelters will give away older animals for free to loving homes. For additional information contact:

- Love at First Sight Pet Adoption Center, 4423 Murphy Road, (615) 297-2464, http://www.lafspetadoption.com
- Crossroads Campus connects disadvantaged youth and adults the opportunity to care for homeless cats and dogs and offers adoption / pet store, 707 Monroe St, Nashville 37208, (615) 712-9758, http://crossroadscampus.org

For complete information on rabies control, leash laws and other canine necessities, contact
Metro Nashville Health Department, 311 23rd Ave. N., (615) 340-5616 between the hours of 8 a.m. 4:30 p.m., Monday Friday.
EDUCATION

Public School System

Nashville has one school system for Davidson County. For kindergarten, a child must be 5 years old on or before August 15. A birth certificate is mandatory. Kindergarten is mandatory for enrollment in first grade. For more information concerning public schools, call Metro Nashville School System at (615) 259-4636 or visit http://www.mnps.org

The Metro school system also includes a number of magnet schools. For these magnet schools students are chosen by lottery for places in entry-level grades. If your child is already above the entry-level grade of the school, he or she can be placed on a waiting list. While applications are accepted year-round for the waiting list, the deadline for the entry-level lottery is usually in very early December.

Schools & Services for Children with Special Needs

Tennessee's Early Intervention System (TEIS) http://www.tn.gov/education/teis/, 800-852-7157 or (615) 936-1849 in Nashville, helps to promote, coordinate and implement early intervention services for children with special needs ages birth – 3 yrs.

Department of Exceptional Education, Metro Nashville Public Schools
Special Education Services
http://www.mnps.org/pages/mnps/Academics/Exceptional_Ed/Where_to_Start/Contact_The_Department
3 Years to Pre-school - Contact Debbie Umans at (615) 259-8702
School-Age - Contact your school principal

The Arc of Davidson County

Vanderbilt Kennedy Center
110 Magnolia Circle, (615) 322-8240, http://vkc.mc.vanderbilt.edu/VKC/about/, Services to people with disabilities, families, educators, healthcare and other service providers.

Tennessee Disability Pathfinder
1-800-640-4636, http://vkc.mc.vanderbilt.edu/vkc/pathfinder/, is a free statewide information and referral service for persons with disabilities and their families. It maintains an established online database and resource library for families seeking disability resources. Also publishes the annual statewide disability directory.

Private Schools:

In addition to the public schools of Davidson County, there are numerous private schools in Nashville and its surrounding areas. For a good summary of private schools broken down by their religious affiliation, if any, visit the Nashville Chamber of Commerce’s website.
CHILDCARE INFORMATION

Information may be found at: https://medschool.mc.vanderbilt.edu/vumcfrr/children.php

Vanderbilt Child and Family Center (VCFC)
Enrollment is open to the children of all Vanderbilt University faculty and staff. They accept children 6 weeks to 5 years of age. Rates are based on the age and the number of days children receive on-site care. An application is available online at: http://healthandwellness.vanderbilt.edu/child-family-center/

Be sure to call IMMEDIATELY to get on the waiting list (which can sometimes be as long as two years or more). There are 4 locations:

<table>
<thead>
<tr>
<th>Belcourt Site</th>
<th>Edgehill Site</th>
<th>18th Avenue Site</th>
<th>Patterson Site</th>
</tr>
</thead>
<tbody>
<tr>
<td>2140 Belcourt Ave</td>
<td>Stallworth Building</td>
<td>1105 18th Avenue South</td>
<td>1817 Patterson St.</td>
</tr>
<tr>
<td>Nashville, TN 37232-8185</td>
<td>Box 89, Peabody Station</td>
<td>Nashville TN 37203</td>
<td>Nashville, TN 37212</td>
</tr>
<tr>
<td>(615) 936-1990</td>
<td>Nashville, TN 37203</td>
<td>(615) 322-5332</td>
<td>(615) 343-8825</td>
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<td>6 a.m.- 6 p.m.</td>
<td>(615) 322-8076</td>
<td>6 a.m.- 6 p.m.</td>
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</table>

- The Belcourt center is located at 2140 Belcourt Avenue. This center has 3 infant classrooms, 3 toddler classrooms, 2 two year old classrooms, and 2 preschool classrooms.
- The Edgehill center is located at the corner of Edgehill Avenue and Appleton Drive. This site has 3 infant classrooms, 3 toddler classrooms, 2 two year old classrooms, and 3 preschool classrooms.
- The 18th Avenue center is located at 1105 18th Avenue South. This site has 4 infant classrooms, 4 toddler classrooms, 3 two year old classrooms, and 3 preschool classrooms.
- The Patterson center is the newest center. It is located at 1817 Patterson Street. This site has 2 infant classrooms, 2 toddler classrooms, 2 two year old classrooms, and 2 preschool classrooms.

Vanderbilt Sitter Service: Do You Need a Sitter?
The Sitter Service is a great resource for connecting faculty and staff who need sitter services with Vanderbilt students and employees who are interested in providing care for infants, preschoolers, school-agers, and adults. The service will allow clients to quickly access in-home sitters while allowing students and employees to earn extra income and enjoy providing care and companionship. Sitters can be located by logging into the Health & Wellness Information Portal.

Vanderbilt: Back-Up Childcare Care.com
Care.com services are offered to Vanderbilt benefits-eligible faculty and staff. Faculty and staff may use up to 20 days combined of childcare and adult care each contract year. All Care.com child caregivers are thoroughly screened, trained and experienced. Fees: $13.00/hour paid directly to the child caregiver in cash or by check Faculty and staff may call for care beginning at 6AM CST, Monday – Friday, or may place the request online any time at www.care.com/backupcare. To receive care on the weekend, place the request either by phone or online by Friday at 4PM CST. Please provide your employee ID when calling. For more information or to request care, call Care.com at 855-781-1303.
Other Area Childcare Centers

The website, http://tennessee.gov/humanserv/adfam/ccfcc.html, has a search feature for all registered daycares in Middle Tennessee that includes information such as facility hours, ages accepted, special needs facilities, and includes the state’s ranking system. Additionally, for a complete list of family home (5 to 7 kids), group home (8 to 12 kids), and day care center (more than 12 kids) facilities in Davidson County, you can contact the Tennessee Department of Human Services of Davidson County Resource and Referral at (615) 313-4778 or (800) 462-8261. The Department does try to respond to requests within 48 hours. Other childcare resources include churches, local universities, gyms, neighbors, and word of mouth from other parents. Programs in the Vanderbilt area typically have long waiting lists—call early!

Nanny Services

Nannies of Green Hills. Professional nannies, full or part time. (615) 673-1150 or visit http://www.nanniesofgreenhills.com for more information.

Family Care Connection. Nashville’s oldest and largest childcare service. In-home, temporary, part time, full time. Call (615) 371-0600 or visit http://www.familycareconnection.net for more information.

PARENT’S DAY OUT and PRESCHOOL PROGRAMS

Parent’s Day Out programs offer young children the opportunity to be in a social and learning environment. They also allow the parent to run errands, go for lunch, or even spend time with a new baby! Some of the programs accept children as young as 6 weeks old. The child attends anywhere from one day a week to multiple times a week, usually sometime between 9 a.m. to 3 p.m. The day includes lots of “school-like” activities, including painting, coloring, singing, story time, etc. Most programs also feed the children lunch and let them take an afternoon nap. Since each program is a little different, be sure to ask very specific questions about registration, children’s ages, class size, discipline, hours, and the curriculum.

Due to the popularity of Parent’s Day Out, a lot of the programs have very long waiting lists for enrollment. Most programs provide first preference to children currently enrolled, siblings of children currently enrolled, and church members before enrollment is open to the public. Don’t wait too long (maybe even once you find out you are pregnant) to find the place you want to go and get signed up.

Many of the churches with Parent’s Day Out programs also have pre-school and kindergarten programs. Once your child is enrolled in Parent’s Day Out, he or she is usually given first preference for enrollment in the pre-school and kindergarten programs. In addition to the church schools, there are many other preschool and kindergarten programs available in Nashville. Refer to various educational publications for listings.
Here are just a few of the Parent's Day Out programs used by Housestaff Alliance members. Be sure to check churches near where you plan to live for additional programs.

**Bellevue Church of Christ Preschool** – 7401 Highway 70-South, Bellevue, (615) 646-9828  
**Bellevue Presbyterian Church Nursery School** – 100 Cross Timbers Rd., Bellevue, (615) 646-1666  
**Brentwood Baptist Church School** – 7777 Concord Rd., Brentwood, (615) 373-2992  
**Brentwood United Methodist Church Day School** – 309 Franklin Rd., Brentwood (615) 373-3663  
**Brook Hollow Baptist Church Week Day Education** – 678 Brook Hollow Rd., (615) 352-1295  
**Calvary United Methodist Church Young Children's School** – 3701 Hillsboro Road, (615) 269-7562  
**Christ Church: The King's Kids** – 15354 Old Hickory Blvd, (615) 834-6171  
**Community Bible Church** – 6005 Edmondson Pike, (615) 833-9148  
**The Covenant School** – 33 Burton Hills Blvd (615) 467-2313  
**First Presbyterian Church** – 4815 Franklin Rd. (615) 383-1815  
**Forest Hills Baptist Church MDO & Preschool** – 2101 Old Hickory Blvd., (615)296-9870  
**Harpeth Heights Baptist Church Preschool** – 8063 Highway 100, Bellevue, (615) 646-5050  
**Hillsboro Church of Christ Mother's Day Out** – 5800 Hillsboro Road, (615) 665-0014  
**Judson Baptist Church Pre-Kindergarten-Mother’s Day Out** – 4900 Franklin Pike, (615) 833-6600  
**St. Bartholomew’s Episcopal Church** – 4800 Belmont Park Terrace, (615) 377-4750  
**St. George's Episcopal Church Day Kindergarten/ Mother's Day Out** – 4715 Harding Rd, (615) 269-9712  
**West End United Methodist Playschool** – 2200 West End Ave, (615) 321-8500  
**Westminster Presbyterian Church Toddlers & Twos** – 3900 West End Ave., (615) 292-5526  
**Woodmont Baptist Church Preschool and Parent's Day Out** – 2100 Woodmont Blvd, (615) 297-5303  
**Woodmont Christian Church Preschool and Mother's Day Out** – 3601 Hillsboro Road, (615) 297-8563  
**Woodmont Hills Church of Christ/Minds in Motion** – 3710 Franklin Pike,(615) 297-8551

**ACTIVITIES FOR CHILDREN**

**Playgrounds and Parks**

The Metro Parks and Recreation Department has a lot to offer Nashville families. In addition to the many beautiful parks, there are many free activities offered throughout the year. Some of the family favorites are Movies in the Park, Music in the Park, Stories under the Stars, Concerts in the Park, Jazz on the Porch, and the Shakespeare Festival. They also offer a full schedule of visual art classes, music classes, and dance classes. [http://www.nashville.gov/Parks-and-Recreation.aspx](http://www.nashville.gov/Parks-and-Recreation.aspx)

Here are a few of the “Housestaff Alliance Family Favorite Parks”:

**Centennial Park** – 25th Ave. S. and West End Ave., Vanderbilt area  
**Crockett Park** – Crockett Rd., Brentwood
Cumberland Park – 592 S 1st St, on the East bank of the riverfront, Nashville 37213
Elmington Park – 3531 West End Ave., Vanderbilt area
Fannie Mae Dees Park/Lilly's Garden – 2400 Blakemore Ave., Vanderbilt area
Granny White Park – 610 Granny White Pike, Brentwood
The Jungle Gym at the Nashville Zoo at Grassmere – 3777 Nolensville Road, (615) 833-1534
McCabe – 46th Avenue and Murphy Road, Sylvan Park, 8628457
Parmer Park – Leake Ave., Belle Meade
Radnor Lake – 1160 Otter Creek Road, Brentwood (615) 373-3467
Red Caboose Park – 656 Colice Jeanne Road, Bellevue
Sevier Park – 3000 Granny White Pike, Green Hills/Berry Hill, 37204, (615) 862-7974
Shelby Park / Shelby Bottoms Nature Center – 1900 Davidson St, East Nashville 37206
Warner Parks Nature Center – 7311 Hwy. 100, Bellevue

Art and Science Activities

Hands-on science museum and planetarium for children.

Nashville’s Home of Arts and Gardens offers classes for all ages — paint, plant, sculpt, build, create, dig, and play. Annual family memberships are available.

Dyer Observatory – 1000 Oman Dr. (615) 373-4897, http://www.dyer.vanderbilt.edu
The Observatory sponsors Scheduled Kids’ Night for programs about outer space and viewing through telescopes.

The Nashville Zoo is a 200-acre zoo and historic plantation farmhouse. The zoo’s Jungle Gym is the largest community-built playground in the United States.

Schermerhorn Symphony Center - (615) 687-6500, http://www.nashvillesymphony.org
On the website, under Education and Community Engagement, you will find programs for children of all ages.

Watkins Young Artists Program – 2298 Rosa L. Parks (Metrocenter) Blvd., 383-4848, http://www.watkins.edu
Watkins offers summer classes for ages 4-18 in 8 week sessions. Painting, sculpture, photography, computer illustration, and mixed-media all age appropriate.

Frist Center for the Visual Arts – 919 Broadway, (615) 244-3340, http://www.fristcenter.org
There are periodic free family weekend-days with activities especially for children (guests 18 and under always enjoy free admission).
Music and Play Activities

Kids 0 months to 5 years can have fun with singing, dancing, playing simple rhythm instruments and more.

Harpeth Gymnastics: 2204 Hillsboro Road, Franklin, TN 37069 http://harpethgym.com
Amazing! Fun and easy-going for the littles, but a super competitive gymnastics center winning over five years in a row.


The Music Class – Early Childhood Music ad Movement Classes. With various Nashville locations, and classes for a variety of ages, The Music Class offers many opportunities for music and fun! Visit http://www.themusicclass.com for more information.

Let it Shine – 1892 General George Patton Drive, Franklin (615) 377-9005, http://www.letitshinegym.com
Gymnastics for kids 12 months and up. Parent-child classes, preschool classes, and more!

Little Gym - 99 Seaboard Lane, Suite 1000, Brentwood, (615) 661-6700 http://www.thelittlegym.com
Programs include movement, music, gymnastics, sports, exercise, games, listening and cooperation. Each child receives individual attention and progresses at their own pace in a non-threatening, warm and nurturing environment.

My Gym – 300 Franklin Road, Brentwood (615) 371-5431, http://www.my-gym.com
My Gym has created an extraordinary program and facility devised to help children three months to nine years of age develop physically, cognitively and emotionally

Children’s Story Time and Entertainment

Nashville’s premier theater for kids and the whole family performs a series of five to six shows throughout the year.

Nashville Public Library story time and theatrical performances – Story times are available at the many public libraries throughout the week. Be sure to experience the main library's story time, which
includes singing, dancing, juggling and a memorable cast of characters (both real and puppets). Then come back on the weekend for the main library marionette shows! For a full schedule of children’s programs at all area libraries, including marionette theater performances, visit http://www.library.nashville.org and go to the “kids zone” link.

Books from Birth of Middle Tennessee program – This is a pro-literacy program in middle TN that provides monthly free books by mail for children under the age of 5 who live in Davidson, Sumner or Williamson counties. All children who meet these criteria are eligible, regardless of income bracket. For more information and to sign up your child, visit http://www.governorsfoundation.org

Other Kid Activities

Bellevue Community Center – 656 Colice Jeanne Road, Bellevue, (615) 862-8435
Offers a variety of activities for children, including free-play in gym on winter mornings.

Monkey Joe’s - 1648 Westgate Circle, Brentwood, (615) 377-5900,
http://www.monkeyjoes.com/locations/cool-springs
A fun indoor inflatable play center for kids 12 and under, with a Mini Monkey Zone set aside especially for toddlers.

The Monkey’s Treehouse – 8074 Highway 100, Bellevue, (615) 646-5002,
http://www.themonkeystreehouse.com
The ultimate indoor playground, perfect for casual afternoon playdates or planned birthday celebrations.

Nashville Zoo at Grassmere – 3777 Nolensville Road, (615) 833-1534, http://www.nashvillezoo.org
Summer classes for toddlers; zoo members receive discount on class tuition.

Strike & Spare –3710 Annex Avenue, Nashville - (615) 425-2695
Bowling, video games, bumper cars, virtual roller coaster, food, and karaoke abound.

Pump It Up has the latest inflatable designs that are engaging, challenging and interactive.
HAIR STYLISTS, BARBERS, & SPAS

Here is a listing of some of the hair stylists, barbers, and spas used by Housestaff Alliance members.

Aveda Institute Nashville, 1765 Galleria Blvd, Franklin, 615-567-5417
https://avedainstitutessouth.edu/locations/nashville/

Bishops Salon, 135 Belle Forest Circle, Nashville, 646-2722, stylists: Brian King, Alycia.
http://www.bishopssalon.com

Elan Hair Salon, 3756 Hillsboro Pk, 269-0222, stylist: Shelly Estet, Raquel & Choyer.
http://www.elannashville.com

Hair Peace, 2021 21st Avenue South, Ste. #204, Nashville, 463-0202, stylist: Sonia Lee (ext. 3). All new customers will receive $5.00 off any service along with a free product. Please mention this guide.


Pure Salon, 1219 17th Ave S, 953-7502, stylists: Jamie Fismer & Sarah Behnke.
http://www.purenashvillesalon.com

Salon FX, 1915 Broadway, 321-0901, stylists: Mark Henry & Tracy Mathews & Terri Smith.
http://www.salonfxspa.com


Trim, 2315 12th Avenue S, Nashville, 269-8029 http://trimnashville.com

Barber Shops:
Uncle Classic, 2102 Acklen Ave, 730-8872

Freds Barber Salon, 4811 Trousdale Drive Suite H, 833-8731.

Oxford Barber Shop, 1313 21st Ave S, #103, Vanderbilt, 327-4680.

Salon/Spas:
Alpha Nail, 4121 Hillsboro Pike, Nashville, 37215, 269-9993.

Blue River Canyon, 4908 Thoroughbred Lane, Brentwood, 377-3336, http://www.bluerivercanyon.com


Essence Day Spa, 1511 Jefferson Street, Nashville, 37208, 321-2525 http://www.essencedayspa.com


Illusions, 3809 Green Hills Village Drive, 37215, 915-1235.

La Bella Spa, 3326 Aspen Grove Drive, Franklin, Ste 275B, 778-7668.


Millennium Nails 493 Old Hickory Blvd, Brentwood, 831-2325.


Rodeo Drive Salon/Spa, 204 Ward Circle, Suite 300, Brentwood, 37027, 370-8333.

Signature Nails Spa, 3900 Hillsboro Road, Nashville, 37215, 292-6838.

T-Nails, 8159 Highway 100, Nashville, 37221, 662-3141.
WORK OUT LOCATIONS

Centennial Sportsplex – 222 25th Avenue N, (615) 862-8480
Sportsplex, located next to Centennial Park, is one of the largest sports facilities in Nashville, with an Olympic-size Tracy Caulkins pool (splits into 2 pools), indoor and outdoor tennis courts, and an enormous fitness center. Swimming and tennis competitions are regularly held at this sports center. Membership includes yoga, kickboxing, boxercise, piloga (combination of yoga and Pilates), marathon training groups, and more. The Sportsplex also houses Nashville's oldest ice-skating rink, which offers open skating throughout the week. Call the rink for details at (615) 862-8480.

Hours: (Fitness center) Monday-Thursday 5:30am – 8pm, Friday 5:30am – 6pm, Saturdays 9am – 5pm, Sundays Closed.

Prices: Membership is $484/year for one person, and $220 for spouse. It is $66 per month, $137.50 for three months, $247.50 for 6 months. Ages 5-15 $132/yr, 16+ $220, seniors $330. 10 Day Pass $54 adult/$45 child/senior. ***prices increase for residents outside of Davidson County

Vanderbilt Student Recreation Center – (615) 343-6627, http://www.vanderbilt.edu/campusrecreation
Offers complete weight room, aerobics, yoga, intramural sports, indoor 25meter pool, indoor/outdoor track, racquetball, volleyball, basketball, squash and more. Parking is very limited. Tours on dropin basis.

Hours: Monday-Thurs 5:30am – 11pm, Friday 5:30am-Midnight, Saturday 9am – 10 pm, Sunday 12:00pm – 11:00pm. (Summer hours differ).

Prices: Faculty staff and spouse's membership is $273 per semester. Summers are additional. Also available is a “Limited use” program. Payroll deduction is available.

Vanderbilt Dayani Center – 1500 Medical Center Dr., (615) 322-4751, http://www.dayanicenter.org
A health center with all the regular gym amenities (indoor track, indoor pool, aerobics, weights and cardio equipment) plus includes a “medical” component. Membership includes a full fitness evaluation, personal training, stress management, nutrition and more. The only thing that costs extra is massage therapy.

Hours: Monday-Fridays 5:30am-8:30 pm; Saturdays 8am-5pm; closed Sundays.

Prices: Residents’ membership is FREE. Spouses pay a $140 enrollment fee plus $62/month for membership.

Westside Athletic Club – 11 Vaughns Gap Road, (615) 352-8500
Tennis buffs definitely should check out this club. Athletic and fitness programs include: tennis, group exercise, gymnastics, cheerleading, basketball, racquetball, child care, yoga, Pilates and personal training with cardio and resistance equipment.

Hours: Monday – Thursday 5am – 10pm, Friday 5am – 9pm, Saturday 7am – 8pm, Sunday 7am – 6pm

Prices: Call for most current pricing

Without a doubt, YMCA has the most gyms throughout Nashville, including locations at Downtown, Uptown, Bellevue, Green Hills, Donelson, Brentwood, and Maryland Farms- most of which have been completely renovated in the last two years. Membership includes access to all 21 facilities. Offers aerobic, spinning, yoga, advanced yoga, aero box, Tai Chi, Pilates, access to indoor or outdoor pool- or both
Vanderbilt Housestaff Alliance Newcomer’s Guide - 2017

(Maryland Farms YMCA has an outstanding Olympic size outdoor pool and water play area for children in the Summer). Most facilities also offer various children’s classes (for a fee), including dancing, gymnastics and swimming.

*Hours:* vary by location

*Prices:* Membership fees based on an income-based rate scale. There is also an “open door” policy where financial aid is available (no one has been turned away), call above number for details.

**SPECTATOR SPORTS**

**NASHVILLE PREDATORS**
(615) 770-PUCK (2355), [http://www.nashvillepredators.com](http://www.nashvillepredators.com)
Nashville’s NHL team, home ice is the downtown Bridgestone Arena.

**NASHVILLE SOUNDS**
(615) 242-4371, [http://www.nashvillesounds.com](http://www.nashvillesounds.com)
Nashville’s baseball team is an AAA affiliate of the Oakland Athletics. Sounds games are family-oriented entertainment playing at their home field, First Tennessee Park.

**TENNESSEE TITANS**
One Titans Way, Nashville 37213, [http://www.titansonline.com](http://www.titansonline.com)
615-565-4200 (Ticket Office), 615-565-4300 (Nissan Stadium Administration)
Home to Tennessee’s NFL team, Nissan Stadium is located downtown along the river. Tickets can be hard to come by on game day.

**VANDERBILT COMMODORES**
McGugin Center Ticket Office, 2601 Jess Neely Drive, Nashville 37212, [http://www.vucommodores.com/tickets/vand-tickets.html](http://www.vucommodores.com/tickets/vand-tickets.html), (615)322-GOLD
Mon – Fri 8:30am-5:00pm
RESTAURANTS

Key:  $  Most entrees up to $8  
      $$  Most entrees between $8-12  
     $$$  Most entrees between $12-20  
    $$  Most entrees over $20  

American:

12th Taproom and Grill – 2318 12th Avenue South – (615) 463-7552
“Great burgers, quesadillas, pizza and beer in fun 12 South neighborhood.”
“What do you call a beer sommelier? I don’t know, but they’ve got great ones at 12S Taproom. Even if 22 beers on tap and a Guinness Ice Cream float don’t call to you, their fantastic menu, which includes Cubans and jalapeno burgers as well as hummus and spicy shrimp burritos, definitely should. There’s outdoor seating and it’s, oddly, family friendly. Closed on Sundays.”

Boscos Hillsboro Village ($-$$$) – 1805 21st Avenue – (615) 385-0050
“Cool place to eat with a crowd. Great pizza and they have their own brewery.”
“Right in the heart of Hillsboro Village- they have some great microbrews (you have to try the Flaming Stone beer)”

Cheeseburger Charlie’s ($-$$) – various locations around Nashville
“The burgers are great and our family of 5 can actually eat here without the fear of disturbing the atmosphere. Plus they give your kids a free shake on their birthday.”
“A local, and better, answer to McDonalds.”

Dalts ($$) - 38 Whitebridge Road - (615) 352-8121
“The milkshakes are amazing!”
“A nice, basic, American food diner-ish restaurant. Very kid friendly. It’s what Shoney’s wants to be.”

The Dog of Nashville ($) – 2127 Belcourt Avenue – (615) 292-2204
“Walking distance from Vanderbilt Children's Hospital and the "Dragon Park"...Don't miss the homemade buffalo potato chips to go alongside any of the fantastic hot dogs!”
“Any one of their all beef hot dogs pairs great with the homemade potato chips (outdoor dining and walking distance from Vandy).”

Elliston Place Soda Shop ($) - 2111 Elliston Place - (615) 327-1090
“Another Nashville icon, Elliston Place Soda Shop will take you back in time.”

Firefly Grille ($$$) - 2201 Bandywood Dr. - (615) 383-0042
“A real winner in Green Hills. Warm, funky décor and very friendly staff adds some casualness to a top-notch menu. It’s a little cramped for toddlers and babies, but it’s a perfect date night spot.”
Germantown Café ($$$) – 1200 Fifth Avenue, North – (615) 242-3226
“Great food and an awesome view downtown. It's one of our favorites!”
“Romantic, delicious, with great views of the city but within a limited budget.”

J. Alexanders ($$$) - 73 Whitebridge Road - (615) 352-0981
- 2609 West End Ave. - (615) 340-9901
- 1721 Galleria Blvd. - (615) 771-7779 (Cool Springs)
“For those who are fans of Houston's, this place will not disappoint. Great for a salad, burger, steak or catch of the day!”
“Higher end without being completely not kid friendly. My favorite macaroni and cheese in the city.”

Jackson’s Bar and Bistro – 1800 21st Avenue – (615) 385-9968
“Casual, laid back atmosphere with great wraps, sandwiches, salads, soups, etc. The capri torrado is a trusted favorite.”

The Mad Platter ($$$) – 1239 6th Avenue North - (615) 242-2563
“The Mad Platter- Very quaint and romantic in historic Germantown- great for a date night (white linens and roses on tables).”

Margot Café & Bar ($$$) – 1017 Woodland Street – (615) 227-4668
“Besides the fun celebrity sightings (ala Keith Urban and Robert Plant), the cuisine at Margot is always divine, the flavors seasonal & unique, and the atmosphere is sophisticated and relaxed.”

McDougal’s Chicken Fingers & Wings ($) - 2115 Belcourt Avenue – (615) 383-3005
“Best chicken strips in town, with a .99 kid's meal and walking distance from Vandy.”

Midtown Café ($$$$) - 102 19th Ave South - (615) 320-7176
“This is a great place to take your out-of-town company for a delicious dinner in a cozy spot near downtown Nashville. Get some TPAC tickets and take the complimentary shuttle to TPAC after your dinner!”

Park Café ($$$) – 4403 Murphy Road – (615) 383-4409
“Very romantic neighborhood restaurant with outstanding food. A great place for birthdays and anniversaries.”

Rotier’s ($-$) - 2413 Elliston Place- (615) 327-9892
“A Nashville icon. They win Best Burger in town awards fairly often. It's sooooooo Nashville, you have to try it at least once!”
“Old school restaurant with the most delicious hamburgers in town...must try!”
“Delicious burger on French Bread in this delightful little Nashville original.”

Saffire Restaurant ($$$) - 230 Franklin Road - (615) 599-4995
“Inside the Factory in Franklin, this is one of our favorite date-night spots. The food is always top notch, as is the service and wine list. It is relaxed enough, though, that I’ve taken our 3 year old there on a “date” and she fit in perfectly and received exemplary service.”

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Sportsman’s Grille ($$) - 1601 21st Ave South - (615) 320-1633
- 5405 Harding Pike - (615) 356-6206
- Westgate Circle - (615) 373-1070
“Sporty's mouth watering fried pickle chips and a cold brew are just a block away from Vanderbilt Children's Hospital.”
“Sportsman's has amazing burgers, BBQ on cornbread and the ultimate catfish basket. Meet your spouse at the Vandy location for a quick bite on call night or check out the Lodge architecture at the Cool Springs location.”

Sunset Grill ($$$-$$$$$) – 2001 Belcourt Avenue – (615) 386-3663
“Locally owned and has a good variety of original dishes. They have THE most incredible dessert selection with a pick 3 option that let's you try several at one time. It's a pricey place to eat, but they do offer coupons and lunch deals that make it much more affordable.”
“Great food and wine- they have a less expensive late night menu too.”

Tin Angel ($$-$$$) - 3201 West End Avenue - (615) 298-3444
“Yummy and creative, sweet potato biscuits are fantastic.”
“Delicious for dinner, but the Sunday brunch is to die for . . .”
“Though a little spendy, Tin Angel offers unique, fresh, delicious flavors. Try it for lunch.”

The Yellow Porch ($$$) - 734 Thompson Lane - (615) 386-0260
“This is an small intimate location in the heart of Berry Hill. They offer traditional American faves like blackened fish and marinated filet, but often change it up with cajun or asian inspired offerings. Their pumpkin desserts are INSANE.”

Asian:

Basil Asian Bistro ($-$$$$) - 9040 Carothers Pkwy - (615) 771-0999
“This new addition to the Nashville Asian scene boasts a high-end ambiance and a menu that spans all of Asia. I recommend skipping the Chinese menu items and trying the Thai and Japanese choices. A nice choice if you wanted to feel a little fancy and can’t decide between sushi and thai.”

China Spring ($-$) - 8165 Hwy 100 - (615) 662-3883
“Yeah, it’s your basic Chinese takeout place, but they do veggies better than most.”

Evergreen Express ($) - 5539 Edmondson Pike - (615) 834-9788
“Good food and cheap; you get large servings.”

International Market and Restaurant ($) – 2010 Belmont Blvd. – (615) 297-4453
“Great inexpensive Thai food, lunch line style, with a wide range of vegetarian options too.”
“Pad Thai made to order. Other dishes served cafeteria style. Cheap & tasty!”
“Skip their pre-made buffet and head right to the grocery to make your own.”

Korea House - 6410 Charlotte Pike # 108 - (615) 352-2790
“This a favorite date night restaurant. Delicious bulgogi and yummy bibimbap make us regulars.”

**Orchid Thai Cuisine** - 73 White Bridge Road - (615) 353-9411

“Like all the Thai places, the lunch menu will give you the best bang for your buck. Orchid has a really nice atmosphere, and yummy Thai food.”

**P.M.** - 2017 Belmont Boulevard – (615) 297-2070

“Asian fusion restaurant with a variety of delicious options. The sushi is great (especially the P.M. roll) as are the sweet potato fries. “

“Since this restaurant is right on Belmont University's campus and turns night-clubish at night, this restaurant occasionally feels like a campus joint. It’s a real winner on a summer evening, though, when the college kids are gone and patio out front is open.”

**Pei Wei** ($$) - 4017 Hillsboro Pike Suite 301 - (615) 514-3230

“They are fast, have great food, and big portions. Yum!”

“A less expensive spin off of P F Chang's in the Hill Center/Green Hills- great patio for eating and people watching.”

**Royal Thai** ($-$$$) - 210 Franklin Road - (615) 376-9695

“I pickup To Go from the 19th Avenue location and take it to my husband on call nights. Sesame Chicken is yummy and that location is never busy at night.”

“Consistently good Thai food, and delicious homemade coconut ice cream.”

“Your new favorite Thai place. Bonus to be within walking distance of the Borders and the Maggie Moos. Hello date night.”

**Ru Sans Sushi and Seafood** ($$-$$$) - 505 12th Avenue South - (615) 252-8787

“Huge selection & casual atmosphere with plenty sake bombs to go around”

**Samurai** ($$$) - 2209 Elliston Place - (615) 320-5438

“Best sushi in town; small, charming restaurant feels like NYC; choo-choo roll is delicious.”

“Affordable, unique sushi creations such as tempura shrimp with avocado and strawberry.”

**Siam Cuisine** ($$-$$$) - 265 White Bridge Road - (615) 354-0082

“The pad thai and curries are the best in town.”

“Awesome Thai Food, great for lunch and dinner.”

**Virago** ($$$-$$$$) – 1811 Division Street – (615) 320-5149

“Yummy sushi & always a trendy crowd.”

“On Mondays, Virago has half price sushi rolls!”

**Wantanabe** ($-$$$) - 1400 McGavock Pike – (615) 226-1112

“I can't personally attest to the sushi (although sushi-eating friends loved it) but the entrees are all fabulous! Have liked every one we've tried.”
BBQ & Southern:

City Café – 330 Franklin Road – (615) 373-5555
“This is a meat and three type place. Everyday there is a different main dish/special. The food is always delicious, especially the desserts!”

Copper Kettle ($-$$) - 4004 Granny White Pike - (615) 383-7242
“A delightful meat & three with a different meat each night of the week. Friendliest service in town. They put the South in your Mouth.”
“Delicious brunch with carving station, eggs benedict, omelets, and southern-style cooking.... come hungry!”

Edley's Bar-B-Que ($) - 2706 12th Ave S, (615) 953-2951
“Edley's hopes to unite the Nashville tradition of meat and three with the best Bar-B-Que this side of the Mississippi.”

Hog Heaven ($) - 115 27th Avenue North - (615) 329-1234
“You definitely have to know that this place is good because its curb appeal won't make you stop. Located on the edge of Centennial Park by Vandy, this BBQ place is one of the best in Nashville. Great for making a picnic.”

Jack’s BBQ ($) – 416 Broadway – (615) 254-5715
“Great sauces and right on Broadway downtown!”

Jim 'n Nick's Bar-B-Q ($$) - 7004 Charlotte Pike - (615) 352-5777
“Everything is good from the brisket, chicken, and pulled pork to the potato salad, cole slaw, and cheese biscuits. We haven't eaten an entree or side dish that we haven't loved.”
“This place is smoked meat/sauce heaven, and every plate comes with amazing cheese muffins like cherries on the top!”

Loveless Café ($-$$$) - 8400 Highway 100 - (615) 646-9700
“We love it because of the small town feel, the history, and the yummy biscuits!”
“Must-see at least once in your life" kind of place, plus being right next to the Natchez Trace Parkway makes it a great weekend drive for a couple or a family. We always take a fall and a spring drive to Loveless Cafe, and do the Parkway to see the beautiful colors either before or after depending on how long the wait is.”
“You have to eat there because it is just the thing to do if you are new to Nashville! A close drive for all of the residents that live in Bellevue!”

Martin's Barbeque Joint ($-$$) – 7215 Nolensville Road – (615) 776-1856
“Martin's BBQ on Nolensville Road is great! They have a great variety of meats, sides, and sauces.”

Mere Bulles ($-$) – 5201 Maryland Way – (615) 467-1945
“This old Southern antebellum home offers traditional Southern Fare with a twist of sophistication. Black Pepper Salmon Salad, Incredible Chicken Salad with homemade potato
chips are just a few AMAZING offerings. Entrees start around 8 to 9 dollars for lunch and 15 for dinner.”
“The brunch buffet choices are wonderful, especially the French toast.”

**Monell's Dining & Catering** ($-$-$) - 1235 6th Ave North - (615) 248-4747
“We always take people who are visiting from out of town here. It is a fun way to have a little southern cooking.”
“Set in an old beautiful home in German Town, this is family style southern cooking at its finest. One set price for all you can eat meats, sides, and dessert. Great experience!”
“Come hungry to this family-style restaurant. Guests sit at large tables with other patrons making it not only delicious but fun.”

**Puckett’s Grocery & Restaurant** - ($$) 500 Church St, Nashville, (615) 770-2772 & 120 4th Ave. S., Franklin, (615) 794-5527
Grocery turned restaurant + music venue.
“And though most of our friends swear by the barbecue, Puckett’s really built its name on the live talent and songwriters that began performing on the small stage. It began to not be so unusual for the comfort food to be accompanied with the guy who wrote “The Gambler” — or have Lady Antebellum appear on stage, because that’s happened too.”

**Southern Bred** ($-$-$) - 1048 E. Trinity Lane - (615) 262-1717
“Picture this: Homestyle, delicious Meat & 3 that uses FRESH ingredients—-not canned or drenched in grease. Our favorite place to expose family to the best of Southern cuisine. They cater too!”

**Vittle’s** ($-$-$) - 4936 Thoroughbred Ln. – (615) 371-2525
“Located in the heart of Brentwood, Vittles serves up catfish and fried chicken like only grandma makes: drippin' in grease, finger lickin' and most plates (enough to feed a small army in 1 order) under $10”

**Brew Pubs and Taverns:**

**Flying Saucer** ($-$-$) - 1010 Demonbreun St - (615) 259-7468
“Although this is a chain, you do NOT get that Chain feeling when you walk in the door! Great atmosphere, plenty of brews on tap and unusual bottle offerings. Come often to earn your plate on the wall! Live music and great food! Food starts around 7 bucks.”

**Bosco’s** ($$$) - 1805 21st Ave South - (615) 385-0050
“One of a few micro breweries in the city; good, American food, great selection of brews with a few seasonal brews that make an appearance occasionally.”

**Brewhouse 100** ($-$-$) - 8098 Hwy 100 – (615) 673-2981
“This is a relatively new establishment but the food is good, prices are reasonable, portions are huge, big screen TVs with lots of sports. Outdoor seating area available, lots of parking,”
Brewhouse West ($-$$$) – 7108 Charlotte Pike – (615) 356-5005
“Parking lot is always full so you know it's good!”

Corner Pub ($-$$) – 4109 Hillsboro Circle – (615)298-9698
- 2000 Broadway – (615)327-9250
- 8058 Highway 100 – (615)866-9919
“Great food, great service, reasonable prices, family friendly. Multiple screens for all your sporting events. Try it, you will like it.”
“I frequent the Green Hills location often and this may be my favorite pub in town. I swear this is the best grilled chicken sandwich I have ever tasted.”

Sportsman’s Grille ($$) - 1601 21st Ave South - (615) 320-1633
- 5405 Harding Pike - (615) 356-6206
- Westgate Circle - (615) 373-1070
See comments in American section.

Brunch:

City Limits Café ($-$-$) - 361 Clofton Dr. – (615) 646-0062
“A lot like a local Panera, City Limits has coffee, light fare and bakery items. Good bets are breakfast bagel sandwiches and any of their tasty soups. They also do nice catering that is a favorite around the office.”

Copper Kettle ($-$$) - 4004 Granny White Pike - (615) 383-7242
See Comments in Southern section.

Crumb de la Crumb ($-$) - 160 Belle Forest Circle - (615) 673-2223
A great bakery, café and brunch spot in Bellevue! It has been featured on Food Network for its decadent desserts. They boast of a menu that is completely fresh and homemade, using local ingredients in a quaint atmosphere with warm and inviting, true southern hospitality.

Harding House ($-$$-) – 5025 Harding Pike - (615) 356-0096
“Fried green tomatoes and barbeque chicken over cornbread dishes, well that's southern to the soul. Lunch from Harding House at Belle Meade Plantation is a Nashville experience well paired with a visit to the historic carriage house and a stroll through the magnolias. “
“Saturday and Sunday brunch is wonderful!! The in-house infused vodkas are great in the cucumber or three pepper bloody Mary. “

Le Peep ($) - 5133 Harding Road - (615) 353-0030
“Great local & yummy breakfast spot.”
“While it doesn’t have the friendliest service and you may have to wait crammed against an armada of well-heeled Nashvillians to get in, Le Peep does boast a tasty brunch. A variety of benedict-style egg choices, addictive little peasant potatoes and particularly nice link sausages make it worth the effort.”

Marche Artisan Foods - 1000 Main Street - (615) 262-1111
“Fresh, creative and delicious. Feels like a European Bistro. My favorite restaurant in Nashville!”
“Enjoy a seasonal menu for b'fast/brunch, and then be sure to get something for the road. Many of the ingredients/items they use are for sale...like cheeses, homemade granola, seasonings, etc.”

“They serve brunch most of the day Saturday and Sunday and have really reasonably priced selections. The croissant French toast is delicious!”

“By far the best brunch in Nashville. Always a unique menu, great coffee, and be sure to try the fruit/bread combination that changes every season!”

Margot Cafe ($$$-$$$$) - 1017 Woodland St – (615) 227-4668
“"This place has an ever-changing menu that makes it worth visiting every season. Be sure to make a reservation.”

Mere Bulles ($-$$) – 5201 Maryland Way – (615) 467-1945
“This old Southern antebellum home offers traditional Southern Fare with a twist of sophistication. Black Pepper Salmon Salad, Incredible Chicken Salad with homemade potato chips are just a few AMAZING offerings. Entrees start around 8 to 9 dollars for lunch and 15 for dinner.”
“The brunch buffet choices are wonderful, especially the French toast.”

Miel ($$$-$$$$$) – 343 53rd Avenue – (615) 298-3663
“"Serves an elegant brunch that includes a mouthwatering French toast on the menu.”

Noshville ($$) – 1918 Broadway – (615) 329-6674 / (615) 329-NOSH
- 4014 Hillsboro Circle (Green Hills) – (615) 269-3535
“Their French Toast is wonderful!”
“"Its a great take on a New York Deli with a little Nashville flavor.”

Pancake Pantry ($-$ $$) - 1796 21st Avenue South - (615) 383-9333
“The Parisienne is to die for!”
“Have pancakes any way you like them, and go early... or you'll be waiting in a line around the building.”
“A Nashville tradition, go off times to avoid the crowd!”

Coffee Shops/ Breakfast:

Bongo Java ($-$ $$) - 2009 Belmont Blvd - (615) 777-2233
- 107 S. 11th Street, (615) 227-2465
“Most people go for the coffee, but I go for the "Juanita Burrita" and the pet friendly atmosphere.”
“Several locations, awesome coffee, and great breakfast as well...”

Bread & Co. ($-$ $$) - 4105 Hillsboro Rd. - (615) 292-7323
- 2525 West End Ave - (615) 329-1400
- 6051 Highway 100 - (615) 627-4800
“Great omelets.”
“This local chain is known for their bakery and, indeed, you should be sure to partake, especially when babkas and panettone are in season. They also happen to have a great breakfast menu and make some of the best omelets in town.”

**Bruegger’s Bagel Bakery** ($)- 5305 Harding Road - (615) 352-1128
“Great bagel place for all kinds of bagels and bagel sandwiches.”

**Fido** ($) - 1812 21st Avenue - (615) 385-7959
“There breakfast is great and there is a fun atmosphere.”
“Fido’s would be right at home in SoHo, but we’re so glad it’s here. It’s got the best espresso drinks in all of Nashville and surprisingly lovely food. They are dog friendly, vegetarian friendly, earth friendly, waistline friendly, Nashville friendly and well, just plain old friendly.”

**Frothy Monkey** ($-$$$) - 2509 12th Ave St. - (615) 292-1808
“This teeny coffee shop in the 12 South area boasts some truly fantastic sandwiches and soups. Sides include granola or chips and fresh salsa. Split a “Nathan” with your kid (peanut butter, bananas and honey on whole wheat) and it’ll become a go-to spot for you, too.”
“Again good atmosphere with outdoor seating and breakfast egg sandwiches are delicious.”

**Goozy** ($-$$$) - 4117 Hillsboro Pike - (615) 297-0274
Dessert bar & café. Specialties include inventive desserts, specialty cocktails, spiked milkshakes, house-made gelato and gourmet grilled cheeses. Taste many craft beers, wines and cheeses not available anywhere else in Tennessee. Take a turn on the record turntable (and feel free to swap out the records in the player whenever you’d like—you can choose from their collection or bring your own).

**Pancake Pantry** ($-$$$) - 1796 21st Avenue South - (615) 383-9333
“The Parisienne is to die for!”
“Have pancakes any way you like them, and go early... or you'll be waiting in a line around the building.”
“A Nashville tradition, go at off times to avoid the crowd!”

**The Perch** - 117A Franklin Road – (615) 661-9008
“Coffee shop located in Brentwood that also sells delicious Crepes.”
“Besides serving specialty coffees with fun names like "Orange Creamsickle Mocha" and "Pumpkin Harvest Latte," the Perch serves some of the best crepes this side of the Atlantic.”

**Puffy Muffin** ($) - 229 Franklin Road - (615) 373-2741
“They have super yummy pastries and a delicious chicken salad sandwich.”
“Beautiful paintings to look at as you munch on their delicious quiche and melt-in-your-mouth cream cheese muffins”

**Star Bagel Café** ($) - 4502 Murphy Road - (615) 292-7993
“Enjoy a bagel and coffee for breakfast then visit again for a sandwich and fruit tea for lunch.”
“Great locally owned coffee and bagel shop in Sylvan Park. The bagels and sandwiches are both great, and the patio out front always has friendly people and friendly dogs hanging out on the weekends. Great place to sit and have a leisurely breakfast or lunch.”
Sweet 16th Bakery - 311 N 16th St – (615) 226-8367
“The scones and coffee cakes are awesome! (too many yummy flavors to list).”

Food Trucks:

Deg Thai ($) - http://www.degthai.com/
“I don't get anything else ever because the green curry with chicken and rice is amazing. I dream about it, in fact. I love that the chicken pieces are thin, there is just the right amount of sauce, and the portion size is plentiful. And it's a pretty good value at $7. I love this truck!”

Dixie Belles Cupcakes ($) - http://www.dixiebellescupcakes.com/
“Now, there are a couple of food trucks that serve cupcakes, and Dixie Belle's Cupcake truck happened to be the one present on this day. After enjoying a hearty thai meal from Deg Thai truck (see another review); I decided that I would give one of the cupcake trucks whirl. I'll be honest the cupcake was good.”

Grilled Cheeserie ($) –
“If you haven't tried The Grilled Cheeserie yet, find where they will be off of their Twitter or Facebook page and hurry!”
“The real reason you go is the sandwiches. The B&B is to. die. for. I tried the Thanksgiving Leftovers sandwich as well, and I hope they add it to the standard menu, because it may be my favorite sandwich of all time.”

Hoss' Loaded Burgers ($) - http://www.hossburgers.com/Welcome.html
“Just had my first Hoss Burger and it was fantabulous!! The guys were friendly and explained things to other customers in line.”
“I dare say, it was better than the gourmet burgers I've had at Burger Up or Flip Burger in Atlanta.”

Just Like Nannie Fixed It ($) –
“They were at the Nashville Folk Festival the other night and even with a limited menu of chicken and dumplings and pinto beans, fried cornbread this truck was putting out some awesome food!!!”

Labor of Love ($) - http://www.laboroflove.co/
“Those from Philly say this place is legit, and I believe them. The menu has the basics- steak, steak and cheese, chicken. Simple, but I believe in making one thing well over making lots of things mediocre.”
“Love love love, my first real cheesesteak since moving to the south (yes, from Philly, so the bar is obnoxiously high).”

Latin Wagon ($) –
“All of it was delicious. The cheese was melty and had some avocado and other southern flavors, the brisket was juicy and had a great marinade in it, and the sweet potato fries were
sprinkled with cinnamon and sugar. No complaints with the food or the flavors. Super tasty, and super inexpensive!"

**Riffs Fine Street Food ($)** –
“Finally tracked down this truck and was happy I did! Was hoping to get my hands on the Bahn Mi that day but was in for a treat when I tried the Mac and Cheese.”

**Rollin and Smokin ($)** –
“Rollin and Smokin is new to the food truck craze taking place here in Nashville and throughout the country for that matter. They specialize in Smoked Meats and hit the nail on the head most of the time. Sometimes they hit their thumbs as well.”

**Smoke Et Al ($) – (615)601-5993 - http://www.smokeetal.com/**
“You might think that a BBQ truck would skimp on delicious veggie items, but not these guys. The butter bean stew was super tasty, but the thing that has my mouth watering as I type is the side of fried pickled okra. Golly gee, who would have thought?”

**Yayo's OMG ($) - (615)955-0645 - http://www.yayosomg.com/**
“I had one of their specials, shredded chicken in a fried corn tortilla cup (?). It was so good!”
“There's just something about a mobile "Gourmet" mexican food truck that sounds just so right.”

**Hamburgers and Hot Dogs:**

**Bobbies Dairy Dip ($) - 5301 Charlotte Ave - (615) 292-2112**
“Walk up to the window and dine at a picnic table...Great burgers (veggie options), sweet potato fries, ice cream treats galore and even chocolate dipped frozen bananas!”

**The Dog ($) – 2127 Belcourt Avenue – (615) 292-2204**
“Walking distance from Vanderbilt Children's Hospital and the "Dragon Park"...Don't miss the homemade buffalo potato chips to go alongside any of the fantastic hot dogs!”
“Any one of their all beef hot dogs pairs great with the homemade potato chips (outdoor dining and walking distance from Vandy).”

**Fat Mo's Burgers ($) - 2620 Franklin Pike - (615) 298-1111**
- 351 White Bridge Road - (615) 356-4010
- 2608 Gallatin Rd – (615) 226-5012
“Local hamburger chain with large, fresh, made-to-order burgers – not super quick but super good!”

**I Dream of Weenie ($) – 1108 Woodland Street – (615) 226-2622**
“Picnic on a blanket outside this VW van turned hot dog stand in East Nashville.”
“Because who wouldn't have fun ordering beef, turkey or veggie dogs with infinite topping combinations from a VW van and eating them on the lawn or outdoor benches?”

**Rotier's ($) - 2413 Elliston Place - (615) 327-9892**
“A Nashville icon. They win Best Burger in town awards fairly often. It's sooooooo Nashville, you have to try it at least once!”
“Old school restaurant with the most delicious hamburgers in town...must try!”
“Delicious burger on French Bread in this delightful little Nashville original.”

**Indian:**

**Best of India** ($) - 5815 D Charlotte Pike – (615) 352-5335
“Best of India- great food and they deliver!”

**Bombay Palace** ($$-$$$$) – 2912 West End Avenue – (615) 321-6140
“Yummy Indian Cuisine with super friendly service. Great for take-out.”

**Clay Pit** ($) - 1813 Memorial Boulevard, Murfreesboro, TN – (615) 904-6262
“The food is really good. They have a wide variety of items to choose from and they have a very reasonably priced buffet. The buffet is served by staff, but they are generous and can give you advice on what to pick if you aren't very familiar with Indian Cuisine!”

**Sitar Indian Restaurant** ($-$$$$) - 116 21st Avenue - (615) 321-8889
“Hot, buttery Nan bread at the start of the meal whets the appetite, and the matirpanir (spinach and cheese dish) is a vegetarian delight here.”

**Woodland’s Indian Vegetarian Cuisine** ($$-$$$$) – 3415 West End Avenue – (615) 463-3005
“Indian food that is so great even a hardened carnivore will forget it's vegetarian.”

**Italian:**

**Amerigo** ($$-$$$$) - 1920 West End Ave - (615) 320-1740
- 1656 Westgate Circle - (615) 376-2831
“Nice Italian restaurant for a celebration or night out; great steaks too.”

**Angelo's Picnic Pizza** ($$-$$$$) – 2713 Murfreesboro Road, Antioch – (615) 399-0010
“Great New York Style Pizzas! The restaurant isn't fancy, but the food is great.”

**Bria** ($$$-$$$$) – 8128 Highway 100 – (615)646-8274
“Best pizza I ever ate. The italian sausage pizza with mushrooms. You need a reservation to sit usually. But we love to sit @ end of bar to look into the kitchen, very entertaining. I've been several times and love it. “
” Best Bellevue Italian restaurant on the far west side of Nashville. Fine art and classy servers complement the good food.”

**Caffé Nonna** ($$-$$$$) – 4427 Murphy Road – (615) 463-0133
“Make a reservation to save your spot in this tiny place...they've got terrific Italian comfort food and great wine!”
“In the heart of Sylvan Park lies the sweetest little Italian place with spectacular food. Delicious meatball sub!”

**Finezza Italian Bistro** ($$$-$$$$) – 5404 Harding Pike – (615) 356-9398
This non-chain, locally owned, upscale-affordable, fantastic Italian food place, great for family outings or date night

**Mama Mia’s ($) - 4671 Trousdale Drive - (615) 331-7207**

“Excellent, authentic Italian food; great for a date; can bring beer and wine for small cork fee.”

“From the outside it looks like it'd be a hole in the wall, but its adorable & classy inside with delicious Italian.”

**Mediterranean:**

**Greek Deli ($) – 2710 Lebanon Pike – (615) 391-5362**

“For those who venture to the Donelson area of town (airport area), Greek Deli provides a great lunch buffet at an amazingly cheap price.”

**Gyros International ($) – 5814 Nolensville Pike – (615) 331-7792**

“Gyros and Falafel Sandwiches. Great prices. The Gyros are a must!”

**Kalamata’s ($) - 3764 Hillsboro Pike - (615) 383-8700**

“Our favorite cheesecake in town! Made in-store. Great pistachio baklava too.”

“Fresh order-at-the counter Mediterranean food. Casual.”

“Hummus and pita bread is a good starter to the falafel salad or kabob plate.”

**Kebab Gyros ($) - 73 White Bridge Road - (615) 352-0120**

“Amazing gyros and combo platters. The sauce is out of this world!”

“Delicious combo platter of chicken, lamb, beef, rice, and salad.”

**Mexican:**

**Baja Burrito ($) - 722 Thompson Lane - (615) 383-2252**

“Baja has been in Nashville for 9 years, it is owned and operated by a hometown family! They offer healthy burritos, salads and tacos with fresh made ingredients from local growers! Try to the mango tea!”

**Cantina Laredo ($$-$$$) – 592 12th Avenue South – (615) 259-9282**

“Wonderful drinks and even better food. Authentic Mexican with a hint of Tex-Mex. Serves a great brunch on Sundays. Also a great place for drinks during the week or weekend.”

**Chuy’s ($-$ $$) – 3061 Mallory Lane, (615) 778-2878; 1901 Broadway, (615) 321-2489 and 163B Opry Mills Drive, (615)686-2035**

“Fajitas are awesome and love the Mon-Fri 4-7 PM happy hour with the free nacho bar.”

“You Texas folks will be familiar with this one, and everyone else will be drawn by the smell of the fajitas outside the building. Once you're inside the best surprise is the fresh, warm tortillas dusted with flour!”
La Hacienda ($-$$$) – 2615 Nolensville Road – (615) 256-6142
“Authentic Mexican with tasty fish tacos that local Nashvillians hold in high esteem.”
“Fun, reasonable, and yummy!”

La Paz ($$$) – 2214 Elliston Place, #102 – (615) 873-4435
“I don't think of it as necessarily classic Mexican food, but it is awesome food nonetheless. The queso is awesome.”
“A step up from the tan and white plate of grease that typifies Nashville Mexican food, La Paz uses actual vegetables and has a nice selection of seafood dishes.”

Las Americas ($-$$$) – 4715 Nolensville Road - (615) 315-8888
“It’s just a little questionable-looking strip mall joint on Nolensville with bars on the window. The kitchen is barely big enough to hold the little Latina lady and her son, but Las Americas features authentic Mexican quick eats at crazy cheap prices. Try the papusas – tamale filling, stuffed with meats or cheese then pan-fried.”

Las Palmas ($$$) - 1905 Hayes Street - (615) 322-9588
- 5511 Charlotte Pike - (615) 352-0313
- 8167 Hwy 100 - (615) 673-1213
- 1560 Old Hickory Blvd. - (615) 831-0432
“Located all over town and good food for a reasonable price.”

The Local Taco ($-$$$) – 4501 Murphy Road – (615) 891-3271
“Once a building that had tenants changing by the month...now a destination for anyone who LOVES tacos. The variety of toppings is terrific and the margaritas are too!”

Rosepepper Cantina ($$$) - 1907 Eastland Avenue - (615) 227-4777
“Muy fresca ingredients & nice atmosphere. Gotta try the fajita burrito!”
“Funky decor and fresh, delicious food. Try the grilled fish tacos!”

SATCO (San Antonio Taco Co.) ($-$$$) - 416 21st Ave South - 327-4322
“Close to Vandy and technically probably Tex/Mex, but an awesome place to eat outside on a mild afternoon. Plus once you can walk in and order without seeming confused, you'll know you've arrived.”

Taco Mamacita ($-$$$) – 1200 Villa Place – (615)730-8552
“ One of my favorite go-to dinner choices! I've had almost every taco on the menu and they are all amazing. No complaints.”
“California Club Taco is my absolute favorite! I also really enjoy their sweet potato fries!”

Middle Eastern:

Anatolia ($$-$$$) – 48 White Bridge Road – (615) 356-1556
This is nice little restaurant serving Turkish food. The mixed grill plate allows you to sample a little of everything. Not very spicy but very flavorful. The hummus is good if you want to stay with the know food. Also try the rice pudding. Also, the kids menu has chicken nuggets etc. if you picky little ones.”

“While the décor is bland, the food is not. Anatolia has a wide variety of not-quite-so-Americanized Middle Eastern choices and has lovely depth of flavor in their foods. Service is, as you might expect from an authentic Middle Eastern restaurant, almost irritatingly slow.”

Dunya Kabab Restaurant ($-$-$) – 2521 Nolensville Pike – (615) 242-6664
“Even less frills than House of Kabob but again, amazingly yummy food.”

House of Kabob ($-$-$) - 216 Thompson Lane (615) 333-3711
“What can I say, the kabobs are amazing... I like the kubideh, which is ground beef, but their chicken kabob, Cornish game hens and shish kabob are wonderful too. Also try some of the stews on the menu, I particularly like ghaymeh. The food is not spicy but is very flavorful. They have a lunch menu with slightly smaller portions with most entries (served with rice) under $10.”

Outdoor Seating:

Bailey’s Pub ($$) – 408 Broadway – (615) 254-5452
“Rooftop seating with a great view of Broadway. Good pub food.”

Big River Grille ($-$-$-$) – 111 Broadway – (615) 251-4677
“Good southern food at a reasonable price. During nice weather you can sit on the patio which overlooks Broadway and people watch.”

Blue Moon Lagoon ($-$-$-$) – 525 Basswood Drive – (615) 354-1318
“Without a doubt, the most unique place to eat outside is Nashville's only floating restaurant, the Blue Moon Lagoon (only open in warmer months).”

The Local Taco ($-$-$) – 4501 Murphy Road – (615) 891-3271
“Once a building that had tenants changing by the month...now a destination for anyone who LOVES tacos. The variety of toppings is terrific and the margaritas are too!”

McDougal’s Chicken Fingers and Wings ($) – 2115 Belcourt Avenue – (615) 383-3005
“They have a festive Hillsboro Village location and are kid friendly (especially at lunchtime).”

Sambuca ($$$-$$$$) – 601 12th Avenue South
“Check out happy hour on their rooftop bar.”

SATCO (San Antonio Taco Company) ($) - 416 21st Ave South - (615) 327-4322
“Close to Vandy and technically probably Tex/Mex, but an awesome place to eat outside on a mild afternoon. Plus once you can walk in and order without seeming confused, you'll know you've arrived.”
Watermark ($$$-$$$$) – 507 12th Avenue – (615) 254-2000
“It's pricey, but the view of downtown Nashville is amazing.”

Pizza:

DaVinci's ($$-$$$) - 1812 Hayes St - (615) 329-8098
“Awesome selection of gourmet pizza at a fair price.”

Mafiaza’s ($$-$$$) – 2400 12th Avenue South – (615) 269-4646
“Located in the funky 12 South neighborhood, Mafiaza's has great food, fun atmosphere, and 2 for 1 specials on Sundays and Tuesdays as well as an outdoor patio.”

Mellow Mushroom ($-$) - 212 21st Ave. S. - (615) 342-0044
“Delicious crust with a plethora of tasty toppings. Try the yummy pretzel appetizers!”
“Very close to campus. Pizza is wonderful, beer selection is great, too. This is more of a sit down and eat pizza place, as opposed to an order-out option.”
“Their crust is especially good!”
“Mellow Mushroom has the best crust in town. While the chains have forgotten the art of pizza crust that actually tastes good, MM can boast both great taste and texture in their crusts. They have a goodly choice in toppings. Together it makes for a great pie. Downside? The décor is…thematic.”

Papa Murphy’s ($-$) – multiple locations
“This take-n-bake pizza is far tastier than chains and frozen with similar ease and gives most mom-n-pops in town a run for their money. We choose it over delivery every time. Try the Papa's Favorite for an excellent supreme.”

Pizza Perfect ($-$) – 357 Clofton Avenue – (615) 646-7877
- 1602 21st Avenue South – (615) 329-2757
“Pizza is great and love the flat screen TVs for watching football games while the kids play air hockey, etc. (Bellevue location – no air hockey by Vandy!).”
“Best in town. Close to Vandy on 21st and they do an awesome pizza.”

Pie in the Sky ($$-$$$$) – 110 Lyle Avenue – (615) 321-1223
- 1770 Galleria Blvd. – (615) 778-0988
“Little (and big) kids get to play with dough! The pizzas are good, though some can be a bit on the heavier side depending on what you pick. They have a location on Broadway that is convenient to Vandy.”
“Fresh gourmet pizzas, calzones, and sandwiches.”

Roma’s Pizza ($-$) – Numerous locations all over town – there’s one near your house.
“They deliver…their calzones are huge and out of this world!”
“Carry out specials are cheap and good.”

Seafood:
Sperry's Restaurant ($$$) – 5109 Harding Road – (615) 353-0809
“Get seafood, special occasion, and steak all wrapped up in one restaurant with Sperry's in Belle Meade. It's been around forever.”

Whole Foods Grill – 4021 Hillsboro Pike, (615) 440-5100
“Go for the daily fish special or pick up something in the seafood dept. – they'll prepare it for you.”

Special Occasion:

Eastland Café ($$$) – 97 Chapel Ave – (615) 627-1088
“It's a toss-up between Margot's and Eastland Cafe. Both offer to-die-for menus of fresh, local food (Margot's changes daily, Eastland Cafe seasonally) in an ambiance where you're equally comfortable dressed to the nines or even enjoying a special celebration with your (very well-behaved) kids.”

Margot Café & Bar ($$$) - 1017 Woodland Street – (615) 227-4668
“It's a toss-up between Margot's and Eastland Cafe. Both offer to-die-for menus of fresh, local food (Margot's changes daily, Eastland Cafe seasonally) in an ambiance where you're equally comfortable dressed to the nines or even enjoying a special celebration with your (very well-behaved) kids.”
“East Nashville's upscale Margot never disappoints. It's romantic atmosphere and delicious food make it a special occasion favorite.”
“The delicious seasonal variety of the menu, the creative pairings, and the romantic upstairs seating keep us coming back anniversary after anniversary.”

The Park Café ($$$-$$$$) – 4403 Murphy Road – (615) 319-2532
“Gourmet food in an intimate, relaxed atmosphere.”
“Park Café, without a doubt.”

Steaks:

Fleming’s Prime Steakhouse & Wine Bar ($$$$) - 2525 West End Avenue – (615) 342-0131
“The steaks, wine and service are excellent, and don't leave without a side of mac and cheese!”

Jimmy Kelly’s ($$$-$$$$) - 217 Louise Avenue – (615) 329-4349
“The kids loved the griddle cakes and the steaks were great. Felt like real Nashville here.”

Sperry’s Restaurant ($$$) - 5109 Harding Road – (615) 353-0809
“Get seafood, special occasion, and steak all wrapped up in one restaurant with Sperry's in Belle Meade. It's been around forever.”

Vegan:
**Wild Cow Vegetarian Restaurant** ($-$) – 1896 Eastland Avenue – (615)262-2717

“...The spicy kale is addictive.”

“I LOVE their food. The buffalo tempe is addicting and everything else I've tried is creative, delicious and healthy.”

**Vegan Vee** ($-$-$) – 306 46th Avenue North – (615)456-7390

“Even if you aren't a vegan, you would still enjoy the treats that Vegan Vee whips up... don't just take my word for it. Try it out!”

“How absolutely ELATED am I to have a vegan-only bakery in Nashville dedicated serving high quality and delicious baked goods?”

**Grins Vegetarian Café** ($-$) – 2421 Vanderbilt Place – (615)322-8571

“The menu is entirely vegetarian, and also offers plenty of vegan options.”

“Very popular with many Vegan/Vegetarian options, but don't be surprised if you wait 10-15 minutes for your order.”
QUICK GUIDE TO SHOPPING

Malls & Outlets:

Features: Parisian, Macy’s, Sears, Dillard’s, JC Penney, Abercrombie & Fitch, Ann Taylor, Banana Republic, Bombay Co., Disney Store, Eddie Bauer, Talbot’s, Toys R Us, Williams Sonoma, several sporting goods, card and electronic stores, and a large food court. One of the highlights of this mall is that it is surrounded by tons of restaurants (such as Logan’s Steakhouse, Romano’s Macaroni Grill and J. Alexanders) as well as many specialty stores and even your local Target. See website for complete listing.

A new group of shops were established in this renovated 1929 Jamison Bedding Factory building. It includes a fun and eclectic mix of arts, antiques, home décor, jewelry, gifts, food & dining, and entertainment & classes. (including Viking Culinary Arts Store, The Flying Horse Restaurant, Saffire Restaurant, and Happy Tales Humane).

Mall at Green Hills – 2126 Abbott Martin Rd, Green Hills (off Hillsboro Rd.), (615) 298-5478, [http://www.themallatgreenhills.com](http://www.themallatgreenhills.com)

Nashville West – Charlotte Pike (Approximately 1 mile off I-40 near exit 201, visible from interstate)
This shopping center, which opened in 2007, features Target, Marshall’s, Ross, Old Navy, Costco, Books-a-Million, World Market, and more.

Hill Center at Green Hills – 4013 Hillsboro Pike, Green Hills
This relatively recent addition to the crowded Green Hills area features a mixed-use lifestyle center with merchants such as Anthropologie, west elm, Merrell, Swoozies’s and Francesca’s Collections, clothing retailer Posh, children’s wear retailer Snap, and Whole Foods Market. Also has restaurants including Five Guys Burgers and Fries, Pei Wei, California Pizza Kitchen, Provence and Zoe’s Kitchen.

100 Oaks – 719 Thompson Lane (at Powell Dr.), (615) 383-6002
Features: TJ Maxx, Burlington Coat Factory, Michael’s craft store, Pet Smart, Regal 27 movie theater with stadium seating, etc. Most of this mall is now home to a number of Vanderbilt clinics.
Outdoor outlet mall with over 50 brand name merchants featuring: Brooks Brothers, DKNY, Duck Head, Eddie Bauer, Elisabeth, Jones New York, Gap, Liz Claiborne, Polo Ralph Lauren, Tommy Hilfiger, Nautica, OshKosh B’Gosh, Coach, Lenox, Samsonite, a small food court and more! See website for complete listing and special offers.

Features: Dillard’s, Macy’s, The Disney Store, T, Gymboree, KB Toys, The Children’s Place, Limited Too, Lane Bryant, Abercrombie & Fitch, Victoria’s Secret, Linens & Things, Yankee Candle Co., a food court, & Rivergate 8 Carmike Cinema, etc. See website for complete listing and special offers.

Boutiques/ Specialty Apparel Shops:
Key- (W) Women’, (M) Men

Boutique Bella (W) 2817 West End Ave Ste 116, Nashville, (615) 467-1471
Blush(W) 4326 Harding Pike Suite104, Nashville, (615)457-2593
CoCo (W) 4239 Harding Rd., (615) 292-0362
Cotton Mill Collection – (W) 4009 Hillsboro Pk., Green Hills, (615) 298-2188
Duets Boutique at Spaces (W) 6000 HWY 100, Suite 128, (615) 353-5003
Grace’s (W) – 4005 Hillsboro Rd. (Grace’s Plaza), Green Hills, (615) 383-8155
The French Shoppe (W) –6049 Hwy 100 Belle Meade, (615) 352-9296; 2817 West End (615) 327-8712; Hillsboro Circle (615) 297-1880
Jamie Inc. (W) – 4317 Harding Pk., Bellemeade, (615) 292-4188; 2100 West End Ave., (615) 329-0555
Ley’s (M & W) – 3900 Hillsboro Rd., Green Hills, (615) 383-2800
McPherson’s (M) – 5920 Charlotte Pk., West Nashville, (615) 356-4886
The Oxford Shop (M) – 4001 Hillsboro Pk., Green Hills, (615) 383-4442
Posh (W) – 1809 21st Ave. S, Hillsboro Village, (615) 383-9840
Scarlett Begonia (W) – 2805 West End Ave., (615) 329-1272
The First Resort – 2225 Bandywood Dr., Green Hills, (615) 292-4289

Maternity Clothing Shops:
Mimi Maternity – Green Hills Mall, 2126 Abbott Martin Rd, Green Hills, (615) 298-5478
Park by Restoration Hardware and take escalator down one flight.
Motherhood Maternity – Opry Mills Outlet Mall, 433 Opry Mills Dr., Briley Pkwy, Exit 11, (615) 514-1100
Pickles and Ice Cream – 539 Cool Springs Blvd, Franklin, (615) 778-1599

Children's Clothing / Toys / Equipment: (also see Children’s Consignment section)
Babies R Us – 5731 Nolensville Pk, South Nashville, (615) 781-2229
Baby Depot at Burlington Coat Factory – 100 Oaks Mall, (615) 385-9455
Especially Baby/The Children’s Shop (Plaid Rabbitt) – 2164 Bandywood, Green Hills, (615) 298-2323,
Helen’s Children & Infant Wear – 4102 Hillsboro Pk., Green Hills, (615) 292-3576
Once Upon A Child – 5364 Mt. View Rd., Antioch, (615) 731-7409 & 242 Watson Glen Shopping Center, Franklin, (615) 790-8081
Parent-Teacher Store – 2214 Bandywood Dr., Green Hills, (615) 292-3533
Pattycake – 2141 Bandywood Dr., Green Hills, (615) 383-1322
Phillip's Toy Mart – 5207 Harding Rd., Belle Meade, (615) 352-5363
Strasburg Children – Opry Mills, 265 Opry Mills Drive, 514-6228 & Coolsprings Galleria, 1800
Galleria Blvd (615) 778-9534

Furniture:
Bradford's – 4100 Hillsboro Pike, Green Hills, (615) 297-3541
Nashville's oldest furniture store. They offer fine furnishings, antiques, Oriental rugs, and custom fabrics. Interior design service available. Expensive.
Finder's Keepers – 8105 Moore's Lane, (615) 333-9801.
Upscale furniture consignment. Delivery available.
Furniture Warehouse – 502 W Thompson Lane, (615) 256-5200
Featuring living room and bedroom furniture
Made in France – 107 Harding Place, (615) 354-9400
Featuring 18th-20th Century French furniture, accessories and gifts; antique and custom iron lighting.
Pembroke Antiques – 6610 Hwy 100, (615) 353-0889
Featuring country English and French furniture, antiques, gifts and accessories.
Polk Place Antiques – 6614 Hwy 100, (615) 353-1324
Featuring American Federal and regional Southern furniture.
Ro's Oriental Rugs – 6021 Hwy 100, (615) 352-9055
Featuring antique and semi-antique oriental rugs.
Spalding Antiques & Interiors – 6608 Hwy 100, (615) 352-1272
Featuring fine Italian, French and English antiques.
Sprintz Furniture – 325 White Bride Road, (615) 352-5912
Largest selection in Tennessee of living room and bedroom furniture
Stanford Fine Art – 6608-A Hwy 100, (615) 352-5050
Featuring fine 19th & 20th Century fine art.

Books:
Bodacious Books – 5133 Harding Pk, Belle Meade, (615) 356-2065 (rare & used)
Bookman/Bookwoman – 1713 21st Avenue S, (615) 383-6555 (rare & used)
Elder's Book Store – 2115 Elliston Pl., (615) 327-1867 (rare & used)
McKay Used Book Store – 636 Old Hickory Blvd., Nashville, 37209, (615) 353-2595
Parnassus Books – 3900 Hillsboro Pike, Nashville 37215, (615) 953-2243,
http://www.parnassusbooks.net

Artist and Hobby Supplies:
Fabric Gallery and Decor – 2708 Franklin Road S, (615) 255-2707. 9
Upholstery and drapery supplies.
Calico Corners – 4004 Hillsboro Road, Green Hills, (615) 269-4551.
Upscale fabric. 9:30-5:30 M-Sat
Hours: 9:30am-4pm M-F, 9:30-3:30 Sat. High quality fabric and patterns for sewing classic-style children's clothing. Clothing may also be purchased already-made. Classes of all levels are offered on a
regular basis. Great place to help you get started with sewing, or to advance into smocking, embroidery, appliquè, and heirloom techniques.

**Textile Fabric Store** – 2717 Franklin Pike, (615) 297-5346.

**Nashville Sewing Machine Repair** – (615) 476-8888, speak with Chuck.
Works in conjunction with Textile Fabric Store (listed above).

**Haus of Yarn** – 73 White Bridge Rd., (615) 354-1007.
Fine needlework supplies.

**Plaza Artist Materials** – 633 Middleton Street, (615) 254-3368.
A wide variety of artist supplies, including beautiful papers and children's art supplies/projects.

**Sugar Drop Cake Decorating Supply** – 10 Brentwood Ct 37027, (615) 373-1954.

**Children’s Consignment:**

**Traveling Sales**

Nashville has numerous traveling consignment sales that typically run for a few days each season. For complete listings, see [www.midtnconsignmentsales.com](http://www.midtnconsignmentsales.com) and [kidsconsignmentguide.com](http://kidsconsignmentguide.com) (click on Tennessee). Large sales in the area include Encores and More, Wee Wares, and Once Around the Block Kids (www.oncearoundtheblockkids.com).

Most sales include all types of merchandise related to children. The clothing sizes typically range from size 0 mos - size 16 girls/boys, though some sales have limited ranges. Some sales also include maternity clothing. Generally, spring/summer items sales occur February - April and fall/winter items sales occur July – October. You can shop early by consigning items yourself, and even earlier by volunteering to work a shift. Earlier shoppers get first pick. Smaller sales sometimes have less-traffic and therefore better selection available.

**Children’s Consignment Stores:**

**Once Upon a Child** – 242 Watson Glen Shopping Center, Murfreesboro Rd/Hwy.96, (Franklin), (615) 790-8081 (with an additional location in Antioch, TN).

**Kid to Kid** – 600 Frazier Dr. off Cool Springs Blvd. (615) 771-2122

**Miscellaneous Second-hand Sources:**

**Thrift Stores** – Many local and national thrift stores are located in Nashville. For the best thrift shopping, take a drive on Charlotte Pike between 42nd Ave. N. and Hillwood Blvd, and on Nolensville Rd.

**Finder's Keepers** – Consignment furniture; see listing in furniture section above.

**Great Escape** – 5400 Charlotte Avenue, (615) 385-2116. Sell your used music recordings and purchase used recordings at discount.

**Miscellaneous Shopping:**

**All Fired Up** – 1807A 21st Ave., (615) 463-8887, a “paint it yourself” pottery studio
(The) Beveled Edge – 73 White Bridge Rd., (615) 356-7784
Specializing in pictures frames, candles, and miscellaneous gifts.

Brushfire Pottery – 4004 Hillsboro Pk., (615) 385-5334
Another “paint it yourself” pottery studio.

Bates Nursery and Garden Center – 3810 Whites Creek Pike, (615) 876-1014
Complete gardening center and gift shop. Mulch, soil, and soil conditioners are sold by the bag or in bulk. Their proprietary "Earthmix" is a fantastic soil amendment.

Downtown Farmer's Market – James Robertson Pkwy next to Bicentennial Mall, (615) 880-2001 (seasonal)

Fire Finch – 1818 21st Ave. S., (615) 385-5090
Carries an eclectic selection of accent furniture, clothing, and garden accents.

Hot Pink – 231 Franklin Rd, (615) 376-5552
Fantastic gifts, house wares, and specialty items

Ten Thousand Villages – 3900 Hillsboro Pk., (615) 385-5814

Tin Cottage – 125 S Margin St, Franklin, (615) 791-1125

You're Invited – 5133 Harding Pike, (615) 353-5520

PARKS AND RECREATION

A complete list of parks (with maps and events) can be found by visiting the Metropolitan Board of Parks and Recreation at https://www.nashville.gov/Parks-and-Recreation/Parks.aspx or calling (615) 862-8400, 8am-4:30 pm Monday-Friday.

The Metro Greenways Commission is currently in the process of developing a greenways system located throughout the larger Nashville area. Many of these paths are located near neighborhoods or work areas, and also coincide with historic sites. For more information, locations, and directions to trailheads, visit http://www.nashville.gov/greenways/

Radnor Lake State Natural Area
1160 Otter Creek Road off Granny White Pike, (615) 3733467
Boasting a 1,000-acre wildlife sanctuary providing outstanding scenic beauty, it’s arguably Nashville’s best place to take a hike. A hike in the spring promises turtle-lined logs and wild blooming Dogwoods while autumn is just as impressive with all the fall foliage. Along with hiking trails, Radnor also has interpretive programs, a museum and a visitor center. No pets allowed on trails but you can walk them on the paved walking path through the sanctuary.
**Percy Warner and Edwin Warner Parks**
https://www.nashville.gov/Parks-and-Recreation/Parks/Warner-Parks.aspx

The Warner Parks are located at Old Hickory Boulevard and Highway 100 in Belle Meade. The Warner parks includes 2,681 acres—including the Susan Warner Bass Learning Center, picnic areas, two golf courses, 12 miles of hiking trails, 10 miles of bridle paths, 20 miles of scenic drives, and 6 miles of paved roadways for pedestrians, pets and bicyclists and a dog park. For more information about Warner Parks events and facilities call the Headquarters at (615) 370-8051 or The Nature Center at (615) 352-6299.

**Percy Priest Lake**
http://www.tennesseelakeinfo.com/percypriest

Percy Priest Lake is home to Nashville’s boating scene with a sandy beach, grills, bathhouses, launch ramps for boats, fishing, scenic hiking trails, and a playground.

**Beaman Park**
4111 Little Marrowbone Road

This park boasts 1500 acres on the Highland Rim. The hiking trails wind through native hardwood forests and by a stream. Abundant spring wildflowers are to be found in one of Metro Parks’ newest additions to the system.

**Tennessee Bicentennial Capitol Mall State Park**
James Robertson Pkwy. 7415280.

Located downtown, this 19acre park and outdoor history museum can be found north of the State Capitol. Tour Tennessee's history via a 200foot granite map of the state and 31 fountains designating the major rivers of Tennessee. The park also features an amphitheater, a bell carillon, a botanical garden, and a 1,400 ft. wall engraved with Tennessee’s historic events. Some fountains are open for children’s play. *Hours: Park closes at dark. Fountains for play operate 7am-7pm.*

**Centennial Park**
West End Avenue and 25th Avenue North, (615) 8628411.

Centennial Park holds several events including the TN Crafts Fair in May, the annual American Artisan Festival in June, and the Performing Arts Series from June to August, movies in the park, dog shows/competitions held in the summer months. Most notably it is home of The Parthenon, housing Nashville’s official art collection (see The Parthenon, page __ for details). Other points of interest are a playground, walk through train, flower garden, fitness trail, the dog park, and, of course, the ducks. Call (615) 862-8431 for info on the latest art exhibits.

**Granny White Park (Brentwood city park)**
610 Granny White Pike, Brentwood, 371-2208.

This is a cozy little park nestled in a nice Brentwood neighborhood. It features a big playground, bathrooms, ball fields, and a large covered pavilion.

**Sevier Park**
3000 Granny White Pike, Green Hills/Berry Hill, 37204 (615) 862-7974.

This is a large park with multiple playgrounds, small walking trail, and two covered pavilions. Located close to all of the new retailers on 12 St. South. One of Nashville’s best-kept secrets is right across the street, Las Paletas Gourmet Popsicle.
Other notable parks to check out:

**Shelby Park** - Shelby Ave. at S. 20th St., 8628467. Picnic shelters, fishing, golf courses, tennis courts, ball fields, dog park, and nature trail. Great place to roller blade.

**Two Rivers** - 3130 McGavock Pike. Wave Country and waterslide.

**H. G. Hill** - 6710 Charlotte Pike. Paved walking path.

**McCabe** - 46th Avenue and Murphy Road, (615) 8628457. City-operated golf course, baseball field and playground.

**Madison** - 510 N. DuPont Avenue, (615) 8628459. Ball fields, tennis courts and shelters.

**Cane Ridge** - 419 Battle Road, (615) 8628437. 100 acres of forests, paved walking paths, tennis courts and ball fields.

**Cedar Hill** 860 Old Hickory Blvd. W., (615) 8651853. Lake, paved paths and several ball fields.

Greenways to check out:

**Harpeth River Greenway** - Bellevue area; 1 mi long.

**Richland Creek Greenway** - Connects Sylvan Park with White Bridge Rd. 2 mi long, fully paved, with additional trail to be open in spring 2007. Great place for an after-work walk, dog walking, biking, and bird watching.

**Shelby Bottoms Greenway** - Downtown area; overlaps with Shelby Park. 1 mi loop or 5 miles.
RESORT GOLF

Hermitage Golf Course and The Presidents Cup 3939 Old Hickory Blvd., (615) 8474001
The home of the Sara Lee LPGA Golf Tournament each spring, the course features 18 challenging holes with Bermuda fairways and bent grass greens. Also available: pro shop, driving range, snack bar and club rentals. Four teaching pros on staff.

Legends Club of Tennessee 1500 Legends Club Lane, Franklin, (615) 7918100
Designed by Tom Kite and Bob Cupp, this 36hole championship golf club features membership and resort play and includes a practice facility, clubhouse, club rentals, tournament management and golf shop.

Springhouse Golf Club at Opryland Hotel 18 Springhouse Lane, (615) 8717759
Playing to a par of 72 and stretching to more than 7,000 yards, this course offers 18 holes of championship golf. It is home of the BellSouth Senior Classic on the PGA Senior Tour. The Facility's highlight is the 43,000 squarefoot clubhouse with an outstanding restaurant and an award-winning golf shop.

MUSEUMS and SPECIAL ATTRACTIONS

Belle Meade Plantation
Known as the "Queen of the Tennessee Plantations," this 1853 Greek Revival mansion was the centerpiece of a 5,300acre plantation, and world renowned as a thoroughbred stud farm and nursery in the 19th century (their most famous horse being Iroquois, the only Americanbred winner of the English Derby). The present 30acre site includes the mansion, carriage house, stables, outbuildings, museum gift shop, and restaurant, The Harding House, (615)356-0096. The museum puts on several historically themed exhibits during the year. Hours: M-Sat 9am-5pm; Sun 11am-5pm; First tours begin ½ hour after opening, and last tours start at 4pm. Admission: $16 adults; $14.00 seniors; $10.00 ages 13-18; $8.00 ages 6-12; ages 5 and under admitted free.

Belmont Mansion
1900 Belmont Blvd., (615) 460-5459, http://www.belmontmansion.com
Located on the Belmont University Campus, this Italianate mansion was built in 1850 as a summer home by Adelicia Acklen, one of the wealthiest women in America at that time. Adelicia is sometimes compared to Scarlett O'Hara, as she was both business savvy and beautiful. She acquired her million-dollar fortune through the first of a series of marriages and was one of the few to sell her cotton during the Civil War, outwitting Union and Confederate troops in the process. Personally guided tours through 16 rooms exhibit an outstanding collection of original and period Victorian furnishings, art work and statues.
Hours: 10 a.m.-4 p.m. Mon.-Sat.; 1 p.m.-4 p.m. Sun. Last tour begins at 3:30 pm. Admission: $10 adults; $9 seniors; $3 ages 6-12; ages 5 and under admitted free.

**Belcourt Theatre**
2102 Belcourt Avenue, Box Office: (615) 846-3150, [http://www.belcourt.org](http://www.belcourt.org)
For over 75 years, the Belcourt Theatre has provided a space for premiere entertainment in the heart of Nashville's Hillsboro Village. The Belcourt has existed in many incarnations - each of which has furnished a home for some of the city's best and most unusual performing arts. The Belcourt offers a range of entertainment from classic, Indie, and new release films, to concerts, speakers, and their annual Oscar bash. The Belcourt boasts a great concession stand and a fully stocked bar. Recently leased by Belcourt YES!, a grassroots, not-for-profit group dedicated to the preservation and successful operation of The Belcourt, it continues to thrive as a historic landmark. It evens is one of a few satellite hosts for the Sundance Film Festival.

**Carnton Plantation**
1354 Carnton Lane, Franklin, (615) 7940903, [http://www.battleoffranklintrust.org/carnton_visit.htm](http://www.battleoffranklintrust.org/carnton_visit.htm)
An 1826 antebellum plantation built by former Nashville mayor Randal McGavock, Carnton served as a field hospital following the Battle of Franklin in 1864. The bodies of four Confederate Generals were laid in state on Carnton's back veranda. The McGavock family later designated two acres adjacent to their family cemetery for the burial of nearly 1,500 soldiers killed during the battle. Carnton Plantation is now a National Historic Landmark and the subject of the 1997 novel, The Black Flower, by Howard Bahr. Plantation includes: gardens, mansion, field hospital, and cemetery. Tours begin ½ hour after opening and last tour starts at 4pm.
Hours: 9 a.m.-5 p.m. Mon.-Sat.; 12-5 p.m. Sun. Admission: $15 adults; $12 seniors; $8 ages 6-12; 5 and under admitted free of charge. Self-guided grounds tour $5.00.

**Carter House Museum & Historical Site**
1140 Columbia Ave., Franklin, (615) 791–1861, [http://www.battleoffranklintrust.org/carterhouse_visit.htm](http://www.battleoffranklintrust.org/carterhouse_visit.htm)
This National Landmark 1830’s home was also caught in the center of the 1864 Battle of Franklin during the Civil War (and has the scars to prove it). The house’s owner, Capt. Tod Carter, was mortally wounded during the battle. The home, outbuildings, and grounds now serve as an interpretive center for the battle. The Carter House experience includes admission to the Battle of Franklin Museum, a video presentation, and a guided tour of the house and grounds. Great for Civil War buffs.
Hours: 9 a.m.-5 p.m. Mon.-Sat.; 12-5 p.m. Sun. (Closes at 4pm during daylight savings time) Admission: $15 adults; $12 seniors; $8 ages 6-12; 5 and under free. Grounds tour only: $5.00. See website for other special events throughout the year.

**Cheekwood - Tennessee Botanical Garden & Museum of Art**
1200 Forrest Park Dr., (615) 3568000, [http://www.cheekwood.org](http://www.cheekwood.org)
Once the private estate of the Leslie Cheek family of the Maxwell House Coffee Fortune, this 55-acre site includes an art museum, botanical gardens, Pineapple Room restaurant, a garden shop, Frist Learning Center, and Botanical Hall and Library. Recently renovated, the art museum boasts a wonderful collection of Worcester porcelain, American silver and Contemporary American paintings, prints and photographs. The Botanical garden includes specialty gardens, greenhouses, and the Carrell Woodland Sculpture Trail. Hours: 9:30 a.m.-4:30 p.m. Tue.-Sat.; 11 a.m.-4:30 p.m. Sun. Gate Fee: $12 adults; $10 seniors; $5 youth 3-17 & college student with ID. Two and under free. Closed on Mondays except Labor Day & Memorial Day. Cheekwood Gardens also offers birthday party packages.
Country Music Hall of Fame & Museum
This museum provides a behind-the-scenes look at the world of country music. Exhibits include personal treasures and memorabilia, costumes, instruments, film clips, recordings, extensive archives and original song manuscripts from country music’s legends and new stars. The new facility also features live entertainment daily, a new 225-seat theatre for a digital film presentation on country music around the world, a restaurant serving contemporary southern cuisine, and museum store.
Hours: 9 a.m.-5 p.m. daily. Admission: Platinum Package-$35.00 adult, $26.00 youth; Gold Package-$24.00 adult, $17.00 youth. See website for package details and deals. Closed Thursdays during certain months.

Adventure Science Center
From the planetarium to the child-sized Curiosity Corner to ever-changing exhibits, this museum provides unique opportunities for discovery for both children and adults. Live science demonstrations and animal shows daily.
Hours: 10 a.m.-5 p.m. Mon.-Sat.; 12:00-5:00 p.m. Sun.
Admission: $12.00 adults; $10.00 ages 2-12 & seniors; children under 2 free; Planetarium admission $5.00 with Adventure Science Center admission.

Ellington Agriculture Center
440 Hogan Road, (615) 837-5197, http://www.state.tn.us/agriculture/administ/agcenter.html
Once a private estate, Ellington houses the oldest Agricultural Hall of Fame in the US. On display are farm tools, equipment, and household items of the 19th century. The 207 acre Ellington Agricultural Center is also headquarters for the Tennessee Department of Agriculture, TWRA, and is a branch location for various agencies. Special events such as the Tennessee Agricultural Museum's Annual Rural Life Festival are held there. The Center is listed as an Official Arboretum by the Nashville Tree Foundation and is home to an official Iris Garden (which is one preferred site for weddings in Nashville). Open Monday through Friday, 9:00-4:00. Closed on state holidays.

Frist Center for the Visual Arts
919 Broadway, (615) 244-3340, http://www.fristercenter.org
Located in Nashville’s old main post office, this museum provides more than 24,000 sq. ft. of gallery space for the art of local, state and regional artists. It also provides a venue for international traveling exhibitions. The Frist Center also offers Audio-guides and Docent-led tours. Be sure to visit the hands on art activity center on the second floor. Visitors to the Frist Center receive discounted parking rates when ticket is validated at the Center.
Hours: 10 a.m.-5:30p.m. Mon.-Sat.; 1-5:30 p.m. Sun.; extended hours on Thurs. and Friday until 9 p.m.
Admission: $10 adults; $7.00 seniors; college student with ID $7.00; age 18 and under free.

Grand Ole Opry & Museum
2804 Opryland Dr., (615) 889-6611, http://www.opry.com
Museum: (615) 889-3060. Grand Ole Opry Tickets: (615) 871-OPRY
Don’t miss the world famous Grand Ole Opry, the longest running live radio show bringing America country music for over 70 years. Legends, “Hall of Famers,” and hot new stars perform on the stage of the 4,400 seat broadcast studio. It’s a great place to take out-of-town guests. The Grand Ole Opry Museum pays tribute to the radio show and its stars (past and present) with interactive displays, videos,
collectibles, and memorabilia. Stars commemorated at the museum include Patsy Cline, Little Jimmy Dickens, George Jones, Tex Ritter, Minnie Pearl, Roy Acuff, Alan Jackson, and Vince Gill. The museum provides a fun way to pass the time while waiting for the show to begin.

**Hours:** 10 a.m.-5 p.m. Mon.-Thurs.; 10 a.m.-8 p.m. Fri.; 10 a.m.-10 p.m. Sat.; 11 a.m.-4 p.m. Sun.

**The Hermitage: Home of President Andrew Jackson**
4580 Rachel's Lane, Hermitage, (615) 889-2941, [http://www.thehermitage.com](http://www.thehermitage.com)
Tour Nashville's national treasure—the home of our nation's seventh president. The Hermitage experience includes: a biographical film, museum exhibits, tours of the recently restored 1836 mansion and grounds, formal garden, original 1804 log cabins, Jackson's tomb, Tulip Grove mansion, Old Hermitage Church and confederate cemetery. Costumed interpreters provide for a fun and educational experience. There is an onsite restaurant and museum store.

**Hours:** 9 a.m.-4:30 p.m. October 16-March 31 and 8:30-5:00 April 1-October 15; Last tickets sold at 4:30 p.m. The grounds remain open until 6 p.m. during the summer months. Closed Thanksgiving Day, Christmas Day and the third week in January. **Admission:** $19 adults; $16 seniors; students ages 13-18 $14; $9 ages 6-12; ages 5 and under free.

**Manskers Station**
705 Caldwell Dr., in Moss-Wright Park, Goodlettsville, (615) 859-FORT (3678)
A “living history” museum (with historic interpreters in period dress) depicting life as it was for settlers in late 18th Century Middle Tennessee. It includes the Bowen Home, completed in 1787 (one of the earliest homes in the area) along with a reconstructed 1779 fort. They host several living history festivals throughout the year.

**Hours:** 9 a.m.-4:30 p.m. Mon.-Fri. **Admission:** $8 adults; $6 children ages 6-12, five and under free.

**Nashville Farmers Market**
900 8th Avenue North, 880-2001, [http://nashvillefarmersmarket.org](http://nashvillefarmersmarket.org)
Within sight of the capitol building, the Nashville Farmers Market is located in an open-air pavilion on 8th Ave North (there’s also a large enclosed building for specialty shops and stands). If you’re from Nashville, you already know that this is one of the finest places in the city for fresh fruits and vegetables, along with a rich array of seafood, frozen biscuits, hot pepper sauces, potted plants, flowers, and international and exotic foods. **Open seven days a week.**

**Nashville Zoo at Grassmere**
The zoo boasts a great collection of animal exhibits from around the world including such classics as the elephant, ostrich, tiger and zebra, as well as the local favorite, the Tennessee walking horse. Other attractions are a 66,000-foot jungle gym (can accommodate 1000 children!), a historic house and working farm from the 1880’s, a koi fish pond, a sculpture garden, and the “Unseen World” exhibit including amphibians, reptiles and insects never seen in Nashville before 1998.

**Hours:** 9 a.m.-6 p.m. March 9-October 14 and 9:00 a.m.-4:00 p.m. October 15-March 8.
**Admission:** $15 adults, $13 seniors; $10 ages 2-12; under 2 free.

**Opryland Hotel Indoor Gardens**
Famous for its imaginative public spaces and displays of art work. Three indoor garden areas/conservatories, crowned by sparkling glass roofs, are of special note. Combined, they cover 9 acres.
Features include restaurants, shops, a village with the feel of New Orleans, waterfalls, winding paths, a fountain that sends jets of water 85 feet into the air, and a waterway with flatboats!
Admission is free but there is a parking charge of $20 per car for all day or park in the nearby Opry Mills mall for free and walk over.

Percy Warner – Movies in the Park
Showtimes are every Wednesday June through July. The festivities begin at 4:00 p.m. Food is available for purchase. The movie is free for all.

The Parthenon
Centennial Park, 2500 West End Ave., (615) 862-8431, http://www.parthenon.org
Nashville is home to the world's only fullscale replica of the famous Greek temple. It was originally built as a temporary exhibit as part of Tennessee’s 1897 Centennial Exposition and recreated in concrete in the 1920’s. The interior contains a 42-foot replica of the Athena Parthenos, which is the tallest indoor sculpture in the Western world. The museum features changing art exhibitions. Several years of restoration to this great work has recently been completed.
Hours: 9 a.m.-4:30 p.m. Tues.-Sat. June - August extended summer hours.
Admission: $6.00 adults; $4.00 seniors; $4.00 ages 4-17; 3 and under free.

Ryman Auditorium
This Nashville historic landmark was built in 1892 as the Union Gospel Tabernacle, but is more famous for being the former home of the Grand Ole Opry from 1943-1974. Displays visually tell the story of its rich history. The Ryman is also an active entertainment venue offering a variety of musical performances ranging from country to classical. It’s a great place to catch some of the big name country stars in an intimate setting each year during January and February when the “Grand Ole Opry plays Again” at the Ryman. For ticket information regarding musical events, call (615) 458-8700.
Self-guided museum tour hours: 9 a.m.-4 p.m. daily. Tour Admission: $14.00 adults, $9.00 ages 4-11; ages 3 and under free; Backstage Tour: $18.00 adults, $13.00 ages 4-11.

Tennessee State Capitol
Charlotte Ave. (between 6th & 7th Ave.), (615) 741-2692
Designed by renowned Greek Revival architect, William Strickland, the historic Tennessee State Capitol stands today much as it did when completed in 1859. Several areas, including the first floor hallway, library and Supreme Court chamber, have been restored to their 19th century appearance.
Hours: Mon.-Fri. 9 a.m. – 4 p.m.; Guided tours begin at the top of the hour except noon. Admission is free.

Tennessee State Museum
Fifth Ave. & Deaderick St., (615) 741-2692, http://www.tnmuseum.org/
Located in the basement of the James K. Polk building. The museum’s exhibits trace the history of Tennessee from prehistoric Native Americans through the Civil War into the early 1900’s. It features wonderful permanent collections of Tennessee-made artifacts including quilts, silver, furniture, paintings, pottery and Civil War flags. They also have several “non-Tennessee-related” traveling exhibitions throughout the year.
Hours: 10 a.m.-5 p.m. Tues.-Sat.; 1-5 p.m. Sun. Admission: free. (Self-guided tour)
636 Ferrell Parkway, (615) 8328197, [http://www.travellersrestplantation.org](http://www.travellersrestplantation.org)
Located on 11 tree-shaded acres, this restored Federal period home was begun in 1799 by Judge John Overton, planter, lawyer, and presidential campaign manager to Andrew Jackson. Additions continued to be made until 1828. The museum showcases a large collection of early Tennessee furniture and historical items relating to Native American and pre-Civil War American culture. Exhibits also include period outbuildings and formal gardens.

_Hours:_ Mon.-Sat. 10 a.m.-4 p.m.; Sun. 1 p.m. – 4 p.m. (last tour begins at 3:30 p.m.); Guided tours of the house are about 35 minutes. _Admission:_ $10 adults; seniors $9; $5 ages 7-11; ages 6 and under free.

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**THEATERS AND ENTERTAINMENT**

_Vanderbilt Blair School of Music_ (615) 322-7651, [http://blair.vanderbilt.edu](http://blair.vanderbilt.edu)
_Chaffin’s Barn Dinner Theatre_ (615) 646-9977, [http://www.dinnertheatre.com](http://www.dinnertheatre.com)
_General Jackson Showboat_ (615) 458-3900, [http://www.generaljackson.com](http://www.generaljackson.com)
_Great Performances at Vanderbilt_ (615) 322-2471, [http://www.vanderbilt.edu/greatperformances/](http://www.vanderbilt.edu/greatperformances/)
_Nashville Opera_ (615) 832-5242, [http://www.nashvilleopera.org](http://www.nashvilleopera.org)
_Nashville Philharmonic Orchestra_ [http://www.nashvillephilharmonic.org](http://www.nashvillephilharmonic.org)
_Nashville Shakespeare Festival_ (615) 255-2273 [http://www.nashvilleshakes.org](http://www.nashvilleshakes.org)
_Nashville Symphony_ (615) 783-1212 [http://www.nashvillesymphony.org](http://www.nashvillesymphony.org)
_Tennessee Performing Arts Center TPAC_ (615) 782-4000, [http://www.tpac.org](http://www.tpac.org)
_Tennessee Repertory Theater_ (615) 244-4878, [http://www.tnrep.org](http://www.tnrep.org)
LIVE MUSIC VENUES

Bluebird Café – In Green Hills strip mall, this singer-songwriter venue features an in-the-round format. The Bluebird was the starting point for many local greats, so it’s really popular – be sure to call ahead for reservations; 4104 Hillsboro Rd., (615) 383-1461. [http://www.bluebirdcafe.com](http://www.bluebirdcafe.com)
Blues Hideaway – 2275 Murfreesboro Pike, (615) 360-7380.
Dan McGuinness Irish Pub – 1538 Demonbreun St., (615) 252-1991
Exit/In – Host to national and local rock, pop and country acts; 2208 Elliston Place, in Vandy-West End area; (615) 321-3340.
Radio Café – East N’ville favorite; live music and fried catfish; 1313 Woodland St., (615) 228-7760.
Robert’s Western World – Live country music; 416 Broadway, downtown, (615) 244-9552.
Rippey’s – 429 Broadway, (615) 244-7477
The Station Inn – Bluegrass music; 402 12th Ave. S., (615) 255-3307
Tootsie’s Orchid Lounge – 422 Broadway, (615) 726-0463

ANNUAL EVENTS

Boo at the Zoo - [https://www.nashvillezoo.org/boo](https://www.nashvillezoo.org/boo)
An annual tradition including trick-or-treating, carousel rides, hayrides and more.

Country Music Marathon and Half Marathon - [http://runrocknroll.competitor.com/nashville](http://runrocknroll.competitor.com/nashville)
Run to the rhythm of Music City with over 35,000 participants and experience some of Nashville’s most scenic sights. With 50 bands playing live on 28 entertainment stages, hundreds of high school cheerleaders and thousands of spectators on the course – you will have the race of a lifetime. Race takes place in April each year.

Iroquois Steeplechase - [http://mysteeplechase.com/](http://mysteeplechase.com/)
Rich in tradition, elegance and the sportsmanship of steeplechasing, the Iroquois Steeplechase celebrates seventy-one years as one of the Middle Tennessee area's top sporting and social events. Drawing an average crowd of 25,000, this outstanding equestrian event combines the thrill of steeplechase racing and raising funds to benefit the Monroe Carell Jr. Children's Hospital. Steeplechase takes place in May each year.

Nashville's New Year's Eve celebration brings thousands of party-goers to downtown Nashville each year. The free event offers live music, fireworks and a Music Drop at midnight for party-goers.

“Country Music's Biggest Party" takes place over 4 days and features more than 70 hours of musical performances, autograph signings, celebrity sports competitions, and other events with more than 400 artists and celebrities participating. The CMA Music Festival takes place in June each year.
“Country Music's Biggest Night" represents the pinnacle of achievement for country music artists, musicians, producers, publishers, songwriters, video directors and industry executives who work in America's most popular music genre. The CMA Awards Show takes place in November each year.

Capitol Records Street Party
Free concert on Demonbreun every September or October. Previous year’s concerts have featured Alan Jackson, Eric Church, Darius Rucker, Lady Antebellum and Luke Bryan.

Celebrate Nashville Cultural Festival - [http://celebratenashville.org/](http://celebratenashville.org/)
In a city where one in six residents is foreign–born, the Celebrate Nashville Cultural Festival is not only one of Nashville’s favorite and most vibrant festivals, but also a celebration and reminder of what makes Nashville a great place to live. This FREE Festival provides an opportunity for intercultural dialogue through a Nashville festival experience and features a variety of dance and music performance on 7 different stages, food vendors offering authentic and exotic tastes from around the world, hands-on children’s activities, an area just for teens, a marketplace, and so much more!

Nashville’s Free Music Festival. Featuring musicians, local food trucks, beer and wine.

Tomato Art Festival - [http://tomatoartfest.com/](http://tomatoartfest.com/)
The festival celebrates all things tomato and tomato related, with a variety of events and activities catering to all ages. The location for the festival is East Nashville's popular 5 Points area, and all the local businesses there take part. There are tomato and tomato product (like salsa, soups etc) tastings at the Turnip Truck and tomato martinis at 3 Crow Bar. A lot of places do demonstrations ranging from cooking to art projects, making the festival highly interactive. The Tomato Art Festival takes place in August each year.

Festivals in Downtown Franklin - [http://www.historicfranklin.com/](http://www.historicfranklin.com/)
Festivals include: First Friday Art Scene, Tour of Homes, Franklin’s Battle of the BBQ, Pumpkinstfest, Dickens of a Christmas and many more.

Frist Fridays - [http://fristcenter.org/calendar/detail/frist-fridays](http://fristcenter.org/calendar/detail/frist-fridays)
The Frist Center's popular summer concert series feature various musical acts. Frist Fridays take place on the final Friday of June, July and August from 6:00 to 9:00 p.m. in the Center’s Turner Courtyard. Patrons are invited to enjoy an evening of live music, light snacks and beverages as well as the diverse exhibitions on view in the Frist Center’s galleries. Frist Fridays take place rain or shine.

Full Moon Pickin’ Party - [http://warnerparks.org/programs-events/events/](http://warnerparks.org/programs-events/events/)
These laid-back, family-friendly fundraisers feature Middle Tennessee’s finest bluegrass music under the light of a full moon. Musicians and music lovers alike are invited to enjoy this beloved Nashville tradition in one of its most beautiful settings: Warner Parks. Bluegrass and roots pickers jam in circles under the trees and around the grounds, while three headlining acts perform on the main stage.
Centennial Park
Centennial Park is Nashville’s premier park. Located on West End and 25th Avenue North, the 132-acre features: the iconic Parthenon, a one-mile walking trail, Lake Watauga, the Centennial Art Center, historical monuments, an arts activity center, a beautiful sunken garden, a band shell, an events shelter, sand volleyball courts, two dog parks, and an exercise trail. Thousands of people visit the park each year to visit the museum, see exhibits, attend festivals, and just enjoy the beauty of the park.
Shakespeare in the Park - http://nashvilleshakes.org/shakespeareinthepark.htm
Musicians Corner - http://musicianscornernashville.com/

Musicians Corner - http://musicianscornernashville.com/
Musicians Corner presents free family friendly music events in Nashville's Centennial Park on Saturdays from 12 - 5 PM in May, June, September, and October. The event includes Kidsville, an area of the event where kids can enjoy fun, fitness, crafts, and educational Musical Meet & Greet guests and activities

Nashville Flea Market - http://www.nashvilleexpocenter.org/expo/fleamarket
Mark your calendar for the Nashville Flea Market, which falls on the third weekend of every month. Admission is free, but parking is $5 unless you feel like parking down the street and taking a walk.

Nashville Farmers Market - http://www.nashvillefarmersmarket.org
At NFM, you’ll find a locally, regionally, and more grown fruits & vegetables, locally & regionally raised meats, plants, flowers & herbs, farm-fresh eggs & dairy products, baked goods, snacks, spices, international items, and more on our Farm Side. Open year round.

Pilgrimage Music and Cultural Festival - http://pilgrimagefestival.com/
Pilgrimage will take place during the day, and offer a diverse yet renowned lineup of rock and roll, alt-country, bluegrass, jazz, indie, gospel and more. Performing on patina-clad stages reflecting the area’s aesthetic, many bands will “crank it down” and give a partly acoustic set specifically tailored to the day. Moreover, the fest will boast “Pilgrli-mashups,” pairing artists together for special one-time collaborations on stage. The Little Pilgrims Stage will be more than a kids’ play area; it will feature a line-up of talented young musicians in their own right, to inspire and entertain kids and adults alike.

I Run For the Party (Races) - http://www.irunfortheparty.com
IRFTP courses are designed to be fast, fun and challenging, while also showcasing the best parts of Nashville. Any IRFTP race is ideal for the new runner or for setting a new personal record. Each route showcases Nashville’s most famous or up and coming neighborhoods including The Gulch, Germantown, Music Row, and more to keep those feet pounding.