Entry Level Practice

KEEP
CALM
AND
DRIVE
THE BUS

LIKE THE REAL DEAL

Think like a bus driver – what does it take to be a <u>GREAT</u> one?

Intern Quotes	Intern Quotes
Patient & Safe Driving Skills	Takes Control
Alert, Makes Quick Decisions	Finds Their Way
Confident, Friendly	No Road Rage
In Charge/In Control	Engaging Passengers
Hit The Brakes When Needed	Knows The Route
Leader	Takes Initiative
CATS	Responsible
Ownership	Good People Skills
Plans Ahead	Dodge Pot Holes

What Does It Mean To Drive like the Real Deal: Entry Level RD?

Intern Quotes	Intern Quotes
Create happy customers	Deliver Quality
Free to be me as a whole	Be a Rockstar
Endless opportunities	Freedom to be me
LEGIT – evidence based and science sound	Confidence
Own the road – take initiative	Be in control
Let my CATS run wild	My time to shine
FLEX and Stretch	Excitement

When it comes to entry level practice, I feel anxious about?

Quotes from RD's to Be

Losing my intern "cover" - now I have to deliver

Follow rules with my "boss" in mind

Finding my fit with the team

Being unrealistic with what I can do

Messing up!

Making sure I leave a positive impact

Speaking up





Start with the end in mind! You've been driving the bus for 2 weeks. What do you want people to say about you?

From The Class of 2014

- Good job
- You are hired
- •You got the job done
- •We can use the information developed
- •She was an awesome dietitian
- Rock Star
- Above expectations
- Passionate
- Hard worker
- •Fit right in with the team
- •You made a difference



Start with the end in mind! You've been driving the bus for 2 weeks. What do you want people to say about you?

From The Class of 2017

- •You exceeded expectations!
- •If I had a job opening, you would be hired
- Pure awesomeness
- Your work will bring value
- You are a Rock Star
- •You were a perfect fit with my team
- •You anticipated what was needed and just took care of it
- •Please don't leave....stay



When it comes to skill sets, I am <u>GREAT</u> at....?



Place these in your entry level practice folder.
Refer to them often!
Boost your self confidence.





