

2018 SPRING HEALTH PLUS: VANDERBILT'S FACULTY AND STAFF WELLNESS PROGRAM

Dates	Activities (may change based on facility needs)	Contact (may be altered based on off days or facility needs)
	<p>BEFORE ROTATION:</p> <ul style="list-style-type: none"> • Browse website for Health Plus http://www.healthplus.vanderbilt.edu to learn more about services and programs • View video (1:20 mins) https://www.vumc.org/health-wellness/about-us • Print off competency forms, schedule, grading forms, articles <p>TURN WORK IN:</p> <ul style="list-style-type: none"> • Submit info for review throughout the rotation, expect feedback and recommended edits • Projects are usually submitted online for grading; consult with preceptor for specifics • FOLLOWING your evaluation submit ALL paperwork to Dianne K. <p>NOTE:</p> <ul style="list-style-type: none"> • Take note – there are “intern team” projects and “each intern” projects <p><u>VERY IMPORTANT</u> – Preceptor needs to preview your drafts and print collateral you have developed. If preceptor is working a program/event – find out where she is and GO TO HER. She might ask you to e-mail her your work, fax it to her, or come see her at the event. The idea is to keep your project moving!</p> <p><u>WORK SPACE FOR INTERNS:</u></p> <ul style="list-style-type: none"> • 2nd Floor, Suite 221 are 2 cubicles • Bring your laptops or desktop computers are available too! 	<p>Location: Vanderbilt Recreation and Wellness Center 1st floor – Suite 127</p> <p>Preceptors</p> <p>Marissa Wertheimer, MS, RD marissa.wertheimer@vanderbilt.edu 615-343-8777</p> <p>Emily Cox, CHES emily.cox@vanderbilt.edu 615-343-8849</p> <p>Manager Brad Awalt brad.awalt@vanderbilt.edu 615-343-9468</p> <p>Lisa Connor, RN lisa.connor@vanderbilt.edu 615-343-9623</p>
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Week I Monday 8:30-5:00	8:30 Meet preceptors – 1 st Floor Rec Center, Suite 127 <ul style="list-style-type: none"> • Begin orientation • Map out your schedule for the two weeks in Outlook • Confirm start/end times for each day • Before end of day, submit your plan of work for the 2 weeks to preceptors for review. 	<p>Marissa Wertheimer, MS, RD marissa.wertheimer@vanderbilt.edu 615-343-8777</p> <p>Emily Cox, CHES emily.cox@vanderbilt.edu 615-343-8849</p>

