

## **SCOPE OF WORK FOR THE DIETETIC INTERNSHIP PROJECT WITH JOHN COMPTON (Community Business 2)**

### **OVERVIEW:**

Food insecurity is *“the limited or uncertain availability of nutritionally adequate and safe foods or limited or uncertain ability to acquire acceptable foods in socially acceptable ways”* (Journal of Health Care for the Poor and Underserved). Lack of access to nutritionally adequate food has significant health consequences such as increased risk of hypertension, Type – 2 diabetes, heart disease, and obesity. One in 7 people and 1 in 5 children in Middle Tennessee are food insecure.

One of the challenges care providers face is navigating what resources are available for these patients and how to address the issue. In this experience, interns will help develop an online resource center that will house a variety of resources that specifically address food insecurity. Interns will help in researching what is available, develop resources, assist in adding them to a website, and participate in site visits to ensure information is up to date and accurate.

Details include:

- Researching available resources
- Discuss with preceptor how these resources relate to the care they can/will provide and discuss ethical implications
- Discuss appropriate format to present materials (online)
- Develop summarized versions of resources
- Conduct site visits to determine if information is valid

Outcomes include:

- Each intern will leave with a compilation of the resources that they have found and helped develop
- Interns will have a solid grasp of resources available that address food insecurity in Middle Tennessee and the tools to research and digest these resources in a variety of contexts
- Interns will learn about the mechanisms to spread the word about the resource database
- Ultimately, there will be an online database of resources available for VUMC care providers to aid in addressing food insecurity