

(SPRING) 2017 2018 SECOND HARVEST FOOD BANK OF MIDDLE TENNESSEE – SCHEDULE

<p>Before Rotation Starts:</p> <ul style="list-style-type: none">• Review online folder• Print off materials needed on Day 1 at orientation <p>Projects : Refer to each intern schedule for projects that are due on Thursday.</p> <p>SCHEDULE: An important part of your skill development is to become efficient at planning programs.</p> <p>Refer to the competencies as you plan programs – there are specific details to help you critically plan and think thru the event details.</p> <p>During orientation, ask preceptor questions about the different education programs you'll be conducting (who, what, when, where, how, etc) and then map out your day to day schedule to complete the projects.</p> <p>During orientation, ask preceptor who is the point person for grading at each location</p>	<p>Schedule Times: First Day – 8:30-4:30 During Orientation – confirm times for other days.</p> <p>Preceptor: Abi Hughes, RD (filling in while Caroline is on maternity leave) abi.hughes@secondharvestmidtn.org 331 Great Circle Road, Nashville, TN 37228 Phone: 615-329-3491 Fax: 615-329-3988</p> <p>Whitney Cowles, Director of Nutrition whitney.cowles@secondharvestmidtn.org Second Harvest Food Bank of Middle Tennessee 331 Great Circle Road, Nashville, TN 37228 615-627-1587</p> <p>Caroline Pullen, MS, RD, LDN (on maternity leave)</p> <p>Dress: Class day attire with ID badge (unless otherwise specified)</p> <p>Laptop: Bring laptop</p> <p>Food: Bring it, fridge available, join staff in breakroom to eat</p>
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Natalya Richardson, Grace Farone			
Monday – Feb 26	Tuesday – Feb 27	Wednesday – Feb 28	Thursday – March 1
<p>8:30 Arrive/Orientation</p> <p>Develop Lessons for McMurray Kids Café and Napier Community Nutrition Outreach</p> <p>SNAP Challenge Planning and Review of SNAP Challenge Power Point (from online internship folder)</p> <p>Complete Readings</p> <p>Check in with preceptor – preview program plans, get feedback</p> <p>Grocery Shop for Tuesday</p> <p>SNAP Grocery Shopping (after rotation)</p> <p>*For Kids Café w/ Elementary Schoolers</p> <ul style="list-style-type: none"> • Plan for 16-20 students • Create lesson plan • Create handout + snack recipe • Plan and shop for snack <p>*For Kids Café w/ Middle Schoolers</p> <ul style="list-style-type: none"> • Plan for 10-15 students • Create lesson plan • Create handout + snack recipe • Plan and shop for snack 	<p>8:30 Arrive</p> <p>*Develop handout for Napier</p> <p>*Include 2 recipes following Healthy Food Bank Hub requirements</p> <p>11-1 Napier Community for Nutrition Outreach/Packing Boxes (73 Fairfield Ave)</p> <p>2:45 Leave for McMurray - 520 McMurray Dr, Nashville, TN 37211</p> <p>3:30-4:00 McMurray Kids Café – elementary students</p> <p>4:00-4:30 - McMurray Kids Café – middle school students</p> <p>SNAP CHALLENGE</p>	<p>8:30-12:00 Project Preserve</p> <p>Work in Project Preserve (aka cook chill)</p> <p>*Dress Code – wear jeans (no holes), closed toed/non slip shoes, head covering (i.e. bandana or baseball cap with hair pulled back)</p> <p>12-3:30 Project Management</p> <p>Plan for classes on Thursday and shop for foods to sample/demo</p> <p>SNAP CHALLENGE</p>	<p>8:30 Arrive</p> <p>Project Management</p> <p>10:15-10:45 Senior Nutrition Class – Lesson plan, handout, recipe to demo and taste (location to be determined)</p> <p>2:00-3:00 Staff Health Break</p> <p>*Outline and include 4-5 talking points, handout with 2 recipes</p> <p>*Demo 1 recipe for audience to sample</p> <p>3:00-3:30 Individual Evaluation with Preceptor</p> <p>3:30-4:00 Individual Evaluation with Preceptor</p> <p>Projects to Submit</p> <ul style="list-style-type: none"> • McMurray Lesson Plans, Handouts, Recipes • Napier handout and 2 recipes • SNAP Challenge • Staff Health Break outline, talking points, 2 recipes • Senior Nutrition lesson plan, handout and recipe

Megan Toomey, Kati Pittman			
Monday – March 19	Tuesday – March 20	Wednesday – March 21	Thursday – March 22
<p>8:30 Arrive/Orientation</p> <p>Develop Lessons for Easley Kids Café and Napier Community Nutrition Outreach</p> <p>SNAP Challenge Planning and Review of SNAP Challenge Power Point (from online internship folder)</p> <p>Complete Readings</p> <p>Check in with preceptor – preview program plans, get feedback</p> <p>Grocery Shop for Tuesday</p> <p>SNAP Grocery Shopping (after rotation)</p> <p>*For Kids Café Group #1 – mostly elementary but some middle schoolers</p> <ul style="list-style-type: none"> • Plan for 20 students • Create lesson plan • Create handout + snack recipe • Plan and shop for snack <p>*For Kids Café Group #2 – mostly elementary but some middle schoolers</p> <ul style="list-style-type: none"> • Plan for 10-15 students • Create lesson plan • Create handout + snack recipe • Plan and shop for snack 	<p>8:30 Arrive</p> <p>*Develop nutrition handout for Napier *Include 2 recipes following Healthy Food Bank Hub requirements</p> <p>*For Wednesday – find out what will be on produce truck – develop handout with recipes utilizing produce from truck – you’ll do sampling at each stop.</p> <p>11-1 Napier Community for Nutrition Outreach/Packing Boxes (73 Fairfield Ave)</p> <p>2:45 – Leave for Easley Community Center – 1000 Edgehill Avenue</p> <p>3:30-4:00 Easley Kids Café Lesson for Group #1 – 4:00-4:30 Easley Kids Café Lesson for Group #2 –</p> <p>SNAP CHALLENGE</p>	<p>8:30-1:30 Ride Produce Truck Ride along and do recipe sampling at each stop</p> <p>1:30-5 Project management – get ready for Thursday!</p> <p>SNAP CHALLENGE</p>	<p>8:30 Arrive – project management</p> <p>9:45 Leave for Fifty Forward – 3315 John Mallette Drive, 37218)</p> <p>10:15-10:45 Senior Nutrition at Fifty Forward Bordeaux Lesson plan, handout, recipe to demo and taste</p> <p>2:00-3:00 Staff Health Break *Outline and include 4-5 talking points, handout with 2 recipes *Demo 1 recipe for audience to sample</p> <p>3:00-3:30 Individual Evaluation with Preceptor 3:30-4:00 Individual Evaluation with Preceptor</p> <p>Projects to Submit</p> <ul style="list-style-type: none"> • Easley Lesson Plans, Handouts, Recipes • Napier handout and 2 recipes • Produce Truck – handout, recipes for sampling • SNAP Challenge • Staff Health Break outline, talking points, 2 recipes • Senior Nutrition lesson plan, handout and recipe

Morgan Hurst, Rachel Keller			
Monday – April 9	Tuesday – April 10	Wednesday – April 11	Thursday – April 12
<p>8:30 Arrive/Orientation</p> <p>Develop Lessons for McMurray Kids Café and Napier Community Nutrition Outreach</p> <p>SNAP Challenge Planning and Review of SNAP Challenge Power Point (from online internship folder)</p> <p>Complete Readings</p> <p>Check in with preceptor – preview program plans, get feedback</p> <p>Grocery Shop for Tuesday</p> <p>SNAP Grocery Shopping (after rotation)</p> <p>*For Kids Café w/ Elementary Schoolers</p> <ul style="list-style-type: none"> • Plan for 16-20 students • Create lesson plan • Create handout + snack recipe • Plan and shop for snack <p>*For Kids Café w/ Middle Schoolers</p> <ul style="list-style-type: none"> • Plan for 10-15 students • Create lesson plan • Create handout + snack recipe • Plan and shop for snack 	<p>8:30 Arrive</p> <p>*Develop handout for Napier</p> <p>*Include 2 recipes following Healthy Food Bank Hub requirements</p> <p>*For Wednesday – find out what will be on produce truck – develop handout with recipes utilizing produce from truck – you’ll do sampling at each stop</p> <p>11-1 Napier Community for Nutrition Outreach/Packing Boxes (73 Fairfield Ave)</p> <p>2:45 Leave for McMurray - 520 McMurray Dr, Nashville, TN 37211</p> <p>3:30-4:00 McMurray Kids Café – elementary students</p> <p>4:00-4:30 - McMurray Kids Café – middle school students</p> <p>SNAP CHALLENGE</p>	<p>8:30-1:30 Ride Produce Truck</p> <p>Ride along and do recipe sampling at each stop</p> <p>1:30-5 Project management – get ready for Thursday!</p> <p>SNAP CHALLENGE</p>	<p>8:30 Arrive</p> <p>Project Management</p> <p>10:15-10:45 Senior Nutrition Class – Lesson plan, handout, recipe to demo and taste (location to be determined)</p> <p>2:00-3:00 Staff Health Break</p> <p>*Outline and include 4-5 talking points, handout with 2 recipes</p> <p>*Demo 1 recipe for audience to sample</p> <p>3:00-3:30 Individual Evaluation with Preceptor</p> <p>3:30-4:00 Individual Evaluation with Preceptor</p> <p>Projects to Submit</p> <ul style="list-style-type: none"> • McMurray Lesson Plans, Handouts, Recipes • Napier handout and 2 recipes • Produce Truck – handout, recipes for sampling • SNAP Challenge • Staff Health Break outline, talking points, 2 recipes • Senior Nutrition lesson plan, handout and recipe

Patience Ergish, Katelyn Fougere			
Monday – May 7	Tuesday – May 8	Wednesday – May 9	Thursday – May 10
<p>8:30 Arrive/Orientation</p> <p>Develop Lessons for McMurray Kids Café and Napier Community Nutrition Outreach</p> <p>SNAP Challenge Planning and Review of SNAP Challenge Power Point (from online internship folder)</p> <p>Complete Readings</p> <p>Check in with preceptor – preview program plans, get feedback</p> <p>Grocery Shop for Tuesday</p> <p>SNAP Grocery Shopping (after rotation)</p> <p>*For Kids Café w/ Elementary Schoolers</p> <ul style="list-style-type: none"> • Plan for 16-20 students • Create lesson plan • Create handout + snack recipe • Plan and shop for snack <p>*For Kids Café w/ Middle Schoolers</p> <ul style="list-style-type: none"> • Plan for 10-15 students • Create lesson plan • Create handout + snack recipe • Plan and shop for snack 	<p>8:30 Arrive</p> <p>*Develop handout for Napier</p> <p>*Include 2 recipes following Healthy Food Bank Hub requirements</p> <p>*For Wednesday – find out what will be on produce truck – develop handout with recipes utilizing produce from truck – you’ll do sampling at each stop</p> <p>11-1 Napier Community for Nutrition Outreach/Packing Boxes (73 Fairfield Ave)</p> <p>2:45 Leave for McMurray - 520 McMurray Dr, Nashville, TN 37211</p> <p>3:30-4:00 McMurray Kids Café – elementary students</p> <p>4:00-4:30 - McMurray Kids Café – middle school students</p> <p>SNAP CHALLENGE</p>	<p>8:30-1:30 Ride Produce Truck</p> <p>Ride along and do recipe sampling at each stop</p> <p>1:30-5 Project management – get ready for Thursday!</p> <p>SNAP CHALLENGE</p>	<p>8:30 Arrive</p> <p>Project Management</p> <p>10:15-10:45 Senior Nutrition Class – Lesson plan, handout, recipe to demo and taste (location to be determined)</p> <p>2:00-3:00 Staff Health Break</p> <p>*Outline and include 4-5 talking points, handout with 2 recipes</p> <p>*Demo 1 recipe for audience to sample</p> <p>3:00-3:30 Individual Evaluation with Preceptor</p> <p>3:30-4:00 Individual Evaluation with Preceptor</p> <p>Projects to Submit</p> <ul style="list-style-type: none"> • McMurray Lesson Plans, Handouts, Recipes • Napier handout and 2 recipes • Produce Truck – handout, recipes for sampling • SNAP Challenge • Staff Health Break outline, talking points, 2 recipes • Senior Nutrition lesson plan, handout and recipe