Golytely/Nulytely Prep

- Fill the plastic container containing the laxative powder with water, shake well until the powder is dissolved and put the container in the refrigerator.
  - Nulytely comes with flavor packets
  - Golytely does not come with flavor packets included, but can be mixed with Crystal Light to flavor.) (No red or purple).
- **At 2:00$_{pm}$** start drinking the laxative liquid. Drink one full glass every 15 minutes until it is gone. Try to drink one full glass at a time instead of sipping.
- Continue to drink clear liquids throughout the day but do not eat any solid food.
- The laxative liquid will cause you to have many bowel movements. This is needed so you have a clean colon for the procedure. If you have problems completing this preparation, call your doctor or nurse.

If you have any questions regarding the test or instructions above please call the Endoscopy Nurse at (615) 322-1881.