

 **Vanderbilt University Medical Center**
GI Endoscopy Lab

BRAVO pH STUDY

Your physician has requested that you have a Bravo pH study. The purpose of a Bravo study is to determine how many times acid from your stomach migrates up into the esophagus. This is known as reflux. The test takes 48 to 96 hrs depending on the physician's order. The physician will attach a small capsule to your esophagus. This is done during an upper endoscopy. The capsule sends a signal to a small monitor that is the size of a cell phone. You will keep the monitor with you at all times during the testing period. **Once the testing period is complete, you will need to return the monitor to the Endoscopy Lab as directed.**

PREPARING FOR a BRAVO pH STUDY

- Do not take medication for reflux _____ days prior.

If your physician wants you to have the Bravo study while off acid suppression (reflux) medication, please adhere to the following guidelines:

7 DAYS BEFORE: Do not take Nexium, Prilosec, Zegerid, Prevacid, Aciphex or Protonix.

48 HOURS BEFORE: Do not take Zantac(ranitidine), Tagamet, Pepcid, or Axid.

24 HOURS BEFORE: Do not take Carafate or Reglan.

8 HOURS BEFORE: Do not eat or drink.

- Continue taking medication for reflux.

If your physician wants the Bravo study performed while taking your acid suppression (reflux) medication, please continue to take your medication as your physician has prescribed it.

Please be advised you cannot have a MRI study for 30 days after your test.

It is very important that all patients **Speak with the Endoscopy Nurse for medication instructions.** If we have not contacted you **8-10 days prior** to your procedure, please call: **615-322-1881, Option 2;** Monday-Friday 8:00 a.m.-5:00 p.m.

This procedure is typically performed without anesthesia or sedation. This will be discussed when you are contacted by a nurse for your pre-assessment evaluation. If it is determined that sedation or anesthesia is necessary a driver must accompany you and stay in the waiting area during your procedure.

If you have any questions regarding the test or instructions above please call the Endoscopy Nurse at (615) 322-1881.