About the Center

The Vanderbilt Center for Professional Health (CPH) was established in 1998. Our mission is to provide education and training to physicians and other healthcare professionals and to promote professionalism and professional health and wellness.

Our core values are to promote professionalism and the professional health and wellness of faculty members and to provide services and resources to healthcare providers and institutions.

Our purpose is to:

1. Promote professionalism and professional health and wellness.
2. Provide professional development courses within professionalism.
3. Collaborate with regulatory boards, Physician Health Programs (PHP), academic health centers, and other community resources to support our common missions.
4. Disseminate results and outcomes nationally and internationally.
5. Conduct research and contribute to the body of evidence related to professionalism and professional health and wellness, as well as, measure outcomes and effectiveness of courses, materials/tools and professional behaviors.
6. Demonstrate a professional and relational work environment.
Center for Professional Health
Vanderbilt University Medical Center

Our Motto: Promoting Professionalism & Healthy Relationships

Our Team:
1. William H. Swiggart, MS, Co-Founder and Co-Director, CPH
2. Charlene M. Dewey, M.D., M.Ed., FACP, Co-Director, CPH and Chair, Faculty Physician Wellness Committee
3. Diana Phillips, Sr. Executive Secretary
4. Marine V. Ghulyan, M.A., Research Analyst III

Our Courses:
The Center offers three CME approved, professional development programs (listed below) along with a variety of educational training activities ranging from basic lectures to workshops to full-day retreats. Topics include professionalism and professional health and wellness for students, resident, physicians, and scientists.

1. Maintaining Proper Boundaries
2. Prescribing Controlled Drugs
3. Program for Distressed Physicians

Our Contact Information:
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