Patient and Family Support Programs and Calendar

FALL 2019
Weekend Extended Hours Clinic
Are you experiencing any symptoms such as pain, nausea, vomiting, diarrhea, or a temperature over 100.4 after normal clinic hours? Call us at the weekend extended hours clinic. Same day assessment and treatment are available.

The Vanderbilt Clinic Infusion Center
Monday – Friday 11 a.m. – 9 p.m.
Sat, Sun and Holidays, 8 a.m. – 5 p.m.

To talk with the doctor on call and help decide the best option, please call us at 615-936-VICC [8422] or toll-free at 1-877-936-VICC [8422].

www.vicc.org

Psych-Oncology Services
As part of your comprehensive treatment plan, we work to support your emotional well-being throughout your care. Please talk to your provider about the best options available to you.

VICC Outpatient Palliative Care Services
The VICC Outpatient Palliative Care team cares for patients and families facing serious illness. This team strives to help patients live the best quality of life possible. Palliative care services:

• Offers additional support to patients and their families
• Helps manage difficult symptoms
• Helps families navigate important decisions in care

Ask your doctor or nurse about how you can be referred to one of our palliative care specialists.

Supportive Oncology Clinic
The VICC Supportive Oncology Clinic assists patients with managing problematic symptoms such as cancer and cancer treatment-related pain, nausea, vomiting, diarrhea, fatigue, constipation, and others. The Clinic, located in the 1st floor TVC clinic, is staffed by expert nurse practitioners who work in collaboration with the primary oncologist to maximize quality of life by minimizing symptoms. Patients may self-refer by calling 615.936.8422 or ask their oncologist to request an appointment.

LIVING WELL WITH CANCER
SUPPORT TO MEET YOUR INDIVIDUAL NEEDS
At Vanderbilt-Ingram Cancer Center, we’re committed to providing exceptional cancer care, including helping patients cope with the physical and emotional demands of cancer. The goal of our Patient and Family Support Services is to educate and engage you and your loved ones with resources to meet your needs, from diagnosis to long after treatment ends.

When faced with a cancer diagnosis, there are many benefits to empowering yourself with information and support. We hope that you’ll find valuable resources in this program guide, which includes everything from gentle movement exercise classes and support groups to genetic counseling and the Southeast’s only pediatric and adult survivorship clinic.

Wellness partners and service providers include Osher Center for Integrative Medicine at Vanderbilt (OCIM) and Vanderbilt Dayani Center. OCIM combines traditional medicine with complementary therapies that are proven safe and effective. Vanderbilt Dayani Center is a medically-based fitness center which provides rehabilitation and preventive services to patients and community members.

For more information, please call the Patient and Family Resource Center at (615) 322-9799 or visit www.VanderbiltCancerWellness.com.
OSHER CENTER FOR INTEGRATIVE MEDICINE

INTEGRATIVE MEDICINE:
Healing Focused on Your Whole Health
The Osher Center for Integrative Medicine at Vanderbilt is where you’ll find health care designed around your whole health—mind, body and spirit.

Integrative medicine goes beyond just treating your symptoms. It’s an approach to care that empowers you to be active in your healing and lifelong wellness.

Integrative medicine uses proven, research-based therapies such as yoga, acupuncture, mind-body counseling and massage that work with traditional medicine to help you achieve better health.

We offer complementary therapies to help you heal and we work with your traditional medical care so you can live more fully, cope better with medical conditions and be more engaged in your own health.

Insurance coverage for our services and classes will vary. Most insurance plans cover integrative health consultations and physical therapy with a physician referral. Some plans also cover psychotherapy. Please check with your insurance company to verify what your policy covers.

CURRENT SERVICES AND CLASSES:
We offer these services and classes to help you reach your health goals and live well:

- Acupuncture
- Group Therapy
- Health Coaching
- Integrative Health Consultations
- Integrative Medicine Group Visits
- Massage Therapy
- Mind-Body Counseling
- Mindfulness Based Cognitive Therapy (MBCT)
- Mindfulness-Based Stress Reduction (MBSR)
- Movement Classes
- Nutrition Counseling

We offer ongoing drop in yoga classes every week. All other classes are done in series ranging from 4 to 6 weeks. Please visit our website: VanderbiltHealth.com/osopher/ and click “Class Information” for a current list of our programs and to sign up or call us: (615) 343-1554.

VANDERBILT DAYANI CENTER

The Dayani Center is a medically-based fitness center designed for those who need to exercise, have a medical condition, need a warm water pool or individual instruction to exercise safely. The staff of exercise physiologists will design a fitness program that works for you, no matter what challenges you may face. The center also has one of the largest indoor warm water pools in Nashville and offers a wide variety of aquatic and land exercise classes to improve balance, reduce stress, gain strength and lose weight. No doctor’s referral is needed to join.

For more information, email: dayanicenter@vanderbilt.edu or visit http://www.vanderbilthealth.com/dayani/ to see if you qualify for membership.

Land-based Classes
Land-based classes include Gentle Yoga, Tai Chi/Qi Gong and Basic Strength and Stability, which are designed to improve strength, balance and reduce stress. Tai Chi, a traditional internal martial arts form, has been widely practiced for health prevention and wellness restoration and teaches the principles of weight shifting, mindful movements, breathing and core movement. Restorative Yoga focuses on building strength, flexibility, stamina, balance through synchronizing movement with breathing.

Aquatic Classes
Ai Chi is a water movement and relaxation program which can be enjoyed by anyone, regardless of fitness level or mobility. It is performed in shallow, warm water (88 degrees) and requires no swimming ability. Aqua shoes are recommended for those with diabetes. New You is a gentle aquatic exercise program which uses water walking and strengthening exercises to help those recovering from illness regain their stamina.

Class passes are available. (615) 322-4751
YOGA, TAI CHI, QIGONG
Vanderbilt Dayani Center
Osher Center for Integrative Medicine at Vanderbilt
These classes help improve strength, range of motion and reduce chronic pain and stress. Visit VanderbiltHealth.com/osher/ or call Osher at (615) 343-1554 for a complete list or call Vanderbilt Dayani Center at (615) 322-4751 for class schedule.

RESTORE WELLNESS PROGRAM FOR STEM CELL TRANSPLANT PATIENTS
Vanderbilt Dayani Center
This program is for patients who have had an allogeneic stem cell transplant. It is designed to improve cardiovascular fitness, strength and functional ability through guided exercise sessions with clinical supervision. Doctor referral required.

PHYSICAL THERAPY
Vanderbilt Dayani Center
Our physical therapists provide one-on-one complete exercise plans to address physical limitations, pain, weakness, fatigue, limited movement and lymphedema prevention strategies following cancer treatment. Manual therapy to release scarring, decrease pain, and improve mobility is performed as needed. Therapists tailor programs and therapies to each client’s needs and interests. Doctor referral required. Call (615) 322-4751 to schedule a consultation.

CERTIFIED LYMPHEDEMA THERAPIST
Our physical therapists provide one-on-one complete exercise plans to address physical limitations, pain, weakness, fatigue, limited movement and lymphedema prevention strategies following cancer treatment. Manual therapy to release scarring, decrease pain, and improve mobility is performed as needed. The Vanderbilt Dayani Center also offers lymphedema services for those with swelling following cancer diagnosis. Therapists tailor programs and therapies to each client’s needs and interests. Doctor referral required. Call (615) 322-4751 to schedule a consultation.

WHAT TO EXPECT DURING CHEMOTHERAPY TREATMENT
A new interactive, introductory class is being developed for new chemotherapy patients. If you are interested in learning more or joining, please contact Julie.bulger@vumc.org.
HEALING FOR BODY AND MIND

MASSAGE THERAPY
Vanderbilt Dayani Center
Licensed massage therapists can help patients feel better, reduce pain and lower stress. Our massage therapists are specially trained to provide safe and effective massage to a variety of clientele, including cancer patients. Doctor referral required.
Call (615) 322-4751 for more information.

MASSAGE FOR CANCER CARE
Osher Center for Integrative Medicine at Vanderbilt
Therapeutic massage helps build a connection between mind and body. Massage can help ease symptoms, like pain and fatigue, lower stress and help with scarring and adhesions. Our massage therapists is specially trained in providing safe and effective massage to cancer patients.
By appointment only.
Call (615) 343-1554.

ACUPUNCTURE
Osher Center for Integrative Medicine at Vanderbilt
The goal of acupuncture is to encourage the body to improve its functioning and help ease the side effects of cancer treatment. It improves quality of life and well being by easing pain, nausea and fatigue, while boosting the body’s immune strength. It does not replace regular cancer treatment, nor does it treat cancer.
By appointment only.
Call (615) 343-1554.

HEALTH PSYCHOLOGY
Vanderbilt Dayani Center
Osher Center for Integrative Medicine at Vanderbilt
Our board certified health psychologists work one-on-one with patients to identify underlying experiences and challenges which may be impacting their health. Patients receive information and tools to help achieve a long-term, positive lifestyle change through increased confidence, and motivation.
Doctor referral required.
Call (615) 322-4751 for more information. Or Osher at (615) 343-1554.

LYMPHEDEMA THERAPY CLINIC
Vanderbilt Dayani Center
Our certified lymphedema therapists address lymphedema in any area of the body to help reduce fluid build-up. Therapy includes skin care, drainage, special bandaging, exercises, prevention and management training, and help with compression garments.
Doctor referral and an appointment are required.
Call (615) 322-4751.
HEALING QIGONG
Vanderbilt Dayani Center
Osher Center for Integrative Medicine at Vanderbilt

In this class, you will use “energy skill” to help your body, mind and spirit reach a state of peace, calm and flowing energy. You will be taught breathing techniques to help quiet the emotions and calm the mind. You will be guided through gentle movements that may optimize the possibility for healing and well-being. Come experience this ancient art for yourself!

Osher: Weekly, Wednesdays, from 3:30-4:30 p.m. - 6 week series.
Call (615) 343-1554 or visit vanderbilthealth.com/usher/.
Dayani: Weekly, Mondays, from 2:00-3:15 p.m., ongoing Wednesdays, from 11:45 a.m.-12:45 p.m.
Call (615) 322-4751.

LIVING WELL WITH CHRONIC PAIN: SKILLS & PRACTICES
SUPPORTIVE SKILLS FOR PEOPLE LIVING WITH CHRONIC PAIN
Osher Center for Integrative Medicine at Vanderbilt

Living Well with Chronic Pain: Skills & Practices, is a 4-week series designed to help you develop skills that may help ease your pain and cultivate stability in body, breath, and mind. You will also learn tools that may help decrease anxiety and assist in coping with cancer related pain and other life stressors.

Each series runs 4 weeks; Tuesdays 2:00-4:00 p.m., beginning the first Tuesday of each month.
Registration is done through Osher Patient Services by calling (615) 343-1554.
MINDFULNESS SKILLS PATHWAYS, POSSIBILITIES & SKILLFULNESS
Osher Center for Integrative Medicine at Vanderbilt

Mindfulness class is a 6-week basic training of mindfulness skills for those new to mindfulness or those who want to deepen their practice and learn more about themselves. Participants will learn fundamental skills of mindfulness practices, and then discover habits and thoughts that keep them stuck in the negative and unhealthy life patterns. Tuesdays, from 11:00 a.m. - 12:30 p.m.
Runs in 6 week series.
For current dates:
Call (615) 343-1554 or visit vanderbilthealth.com/osher/.

MINDFULNESS BASED COGNITIVE THERAPY (MBCT)
Osher Center for Integrative Medicine at Vanderbilt

Mindfulness based cognitive therapy (MBCT) is a 9 week program to help free yourself from depression and emotional distress. It is a program designed to help you deal with persistent unwanted mood states. MBCT has been tested in research and proven effective for depression and other mood disorders.
Runs in a 9 week series with one day long Saturday retreat
For current dates and times:
Please call (615) 343-1554 or visit vanderbilthealth.com/osher/.

MINDFULNESS-BASED STRESS REDUCTION (MBSR)
Osher Center for Integrative Medicine at Vanderbilt

Mindfulness is a way of learning to relate directly to whatever is happening in your life, a way of taking charge of your life, a way of doing something for yourself that no one else can do for you—consciously and systematically working with your own stress, illness and the challenges and demands of everyday life. MBSR course consists of mindfulness meditation practices, gentle yoga and group dialog with discussions.
Runs in 8 week series with one day long Saturday retreat.
Thursdays, 5:30 p.m. - 8:00 p.m.
For current dates:
Call (615) 343-1554 or visit vanderbilthealth.com/osher/.

ROTATING YOGA SERIES
Osher Center for Integrative Medicine at Vanderbilt

This series rotates between Yoga for Soothing Headaches, Yoga for Back Care, Sleeping Well, Presence through Sound, and Yoga to Relax and Renew. Each series is choreographed to specifically address the areas in the body in which we hold tension which can contribute to illness. Duration of each series differs, ranging between 4-6 weeks. Check our website: vanderbilthealth.com/osher/ to find out the rotation schedule. Call (615) 343-1554 or visit vanderbilthealth.com/osher/.

Caregiver Support Group meets every Tuesday from 3:00-4:00. We meet on the 11th floor conference room in the main hospital on the hematology/oncology unit. The room in on the right before you get to the nurses desk. Room # 11033. Please call ahead at (615) 322-4887 or (615) 343-6546.

Amyloidosis Support Group: First Wednesday of each month, 12:30 p.m. - 2:00 p.m., 10th Floor Conference Room, Critical Care Tower Call Kelly Owens (615) 322-4887 / Charlotte Haffner (615) 347-3961.

The Department of Radiation Oncology has a survivorship clinic aimed at addressing the needs of cancer survivors who have been impacted by their radiation treatment for their cancer. This clinic works in partnership with the REACH for Survivorship Program. Additionally, this team offers survivorship visits to eligible patients treated at the Gateway-Vanderbilt Cancer Treatment Center through a telemedicine visit so that patients do not have to travel outside of the Clarksville area to receive this service.

If you received radiation treatment for your cancer and are interested in learning more or scheduling a visit with this program, please call, (615) 322-2555.
The Vanderbilt Card-Making Club
The Vanderbilt Card-Making Club meets on the fourth Tuesday of every month from 3:00-4:30 pm at Vanderbilt One Hundred Oaks. Volunteers make hand-made cards that are used by employees to send personalized notes to patients and families in Palliative Care, Trauma, and Infusion units. Materials and supplies provided (but donations welcome!). Bring some creativity but no experience required. For questions or to sign up, email angela.purinton@vumc.org
Next dates: September 24, October 22, November 26.

The Vanderbilt Sewing Club
The Vanderbilt Sewing Club meets on the third Monday of every month from 10 am – 2 pm at Vanderbilt One Hundred Oaks. Bring along your portable sewing machine or serger and a basic knowledge of sewing and we’ll provide the rest! Great company and pizza lunch included. Items created include cotton caps, drain aprons, heart pillows, and walker caddies. All items are donated to the patients at Vanderbilt Medical Center. For questions or to sign up, email angela.purinton@vumc.org

Express Yourself:
Creative Writing Series
Are you interested in creative writing?
This free program for anyone impacted by cancer who is interested in learning and exploring expressive writing. You can participate regardless of where cancer care is received, and no experience required. Participants will have the opportunity to create original writing in a safe space.

Wednesday from 5:30 - 7:30 pm
Session I: Sept. 11, 18, 25, Oct. 2, 9, 16
Session II: Nov. 6, 13, 20, Dec 4, 11, 18
For more information on the creative writing series, please contact Julie.Bulger@vumc.org or 615-936-5706.

Workshops will be held at:
The Curb Center for Art, Enterprise & Public Policy
1801 Edgehill Avenue, Nashville, TN 37212
A collaboration of the Vanderbilt-Ingram Cancer Center, Vanderbilt Oncology Expressive Arts Committee, and Curb Center for Art, Enterprise & Public Policy.

Team Vanderbilt

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>September 28</td>
<td>Pancreatic Cancer Action Network Purple Stride Nashville</td>
</tr>
<tr>
<td>October 19</td>
<td>Lungevity Foundation Breathe Deep Stache &amp; Lache</td>
</tr>
<tr>
<td>October 26</td>
<td>Susan G. Komen Central Tennessee More Than Pink Walk</td>
</tr>
<tr>
<td>November 1</td>
<td>Leukemia and Lymphoma Society Light the Night</td>
</tr>
<tr>
<td>November 2</td>
<td>American Cancer Society Making Strides Against Breast Cancer</td>
</tr>
<tr>
<td>November 16</td>
<td>Sarcoma Research Foundation Race to Cure Sarcoma</td>
</tr>
</tbody>
</table>

For more information and to join Team Vanderbilt visit: VanderbiltHealth.com/teamvanderbilt
<table>
<thead>
<tr>
<th>Time</th>
<th>Class</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MONDAYS</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7:00 a.m.-8:00 a.m.</td>
<td>Yoga</td>
<td>Vanderbilt Dayani Center</td>
</tr>
<tr>
<td>10:30 a.m.-11:45 a.m.</td>
<td>Upper/Lower Body Strength Training</td>
<td>Vanderbilt Dayani Center</td>
</tr>
<tr>
<td>11:00 – Noon</td>
<td>Yoga for Stress Relief</td>
<td>Osher Center for Integrative Medicine at Vanderbilt</td>
</tr>
<tr>
<td>12:15 p.m.-1:15 p.m.</td>
<td>Basic Strength &amp; Stability</td>
<td>Vanderbilt Dayani Center</td>
</tr>
<tr>
<td>2:00 p.m.-3:15 p.m.</td>
<td>QiGong/Tai Chi</td>
<td>Vanderbilt Dayani Center</td>
</tr>
<tr>
<td>5:30 p.m.-6:30 p.m.</td>
<td>Drop-in Mindfulness Mondays</td>
<td>Vanderbilt Student Life Center</td>
</tr>
<tr>
<td><strong>TUESDAYS</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7:00 a.m.-8:00 a.m.</td>
<td>Gentle Yoga for Fitness (drop-in)</td>
<td>Osher Center for Integrative Medicine at Vanderbilt</td>
</tr>
<tr>
<td>10:00 a.m.-11:00 a.m.</td>
<td>Tai Chi for Balance (runs in 4-6 week series)</td>
<td>Osher Center for Integrative Medicine at Vanderbilt</td>
</tr>
</tbody>
</table>
Gentle Yoga (drop-in)
11:30 a.m.-12:45 p.m.
Vanderbilt Dayani Center

Mindful Skills: Pathways, Possibilities, & Skillfulness
(run in 6 week series)
11:00 a.m.-12:30 p.m.
Osher Center for Integrative Medicine at Vanderbilt

Living Well with Chronic Pain: Skills and Practice Group/Yoga
(run in 4 week series)
2:00 p.m.-4:00 p.m.
Osher Center for Integrative Medicine at Vanderbilt

New You (water)
4:15 p.m.-5:00 p.m.
Vanderbilt Dayani Center

WEDNESDAYS

Yoga
7:00 a.m.-8:00 a.m.
Vanderbilt Dayani Center

Gentle Yoga (drop-in)
10:00 a.m.-11:00 a.m.
Osher Center for Integrative Medicine at Vanderbilt

Ai Chi (Water)
9:30 a.m.-10:30 a.m.
Vanderbilt Dayani Center

Healing QiGong (continuous)
11:45 a.m.-12:45 p.m.
Vanderbilt Dayani Center

Yoga
5:00 p.m.-5:50 p.m.
Vanderbilt Dayani Center

Upper Body Strength Training
10:30 a.m.-11:45 a.m.
Vanderbilt Dayani Center

Healing QiGong
3:30 p.m.-4:30 p.m.
Osher Center for Integrative Medicine at Vanderbilt

THURSDAYS

Gentle Yoga for Fitness (drop in)
7:00 a.m.-8:00 a.m.
Osher Center for Integrative Medicine at Vanderbilt

Rotating Yoga Series: Gentle Yoga for Soothing Headaches, Yoga for Back Care, Yoga for Sleeping Well, and Yoga for Stress Management
3:00 p.m.-4:00 p.m.
Osher Center for Integrative Medicine at Vanderbilt

Caregiver Support Group
3:00 a.m.-4:00 a.m.
Vanderbilt University Hospital Room #11033

FRIDAYS

Yoga
7:00 a.m.-8:00 a.m.
Vanderbilt Dayani Center
Join us for an evening of relaxation and healing through the power of sound, using acoustic instruments from around the world. This nurturing program facilitates physical, mental and emotional well-being by providing a guided, grounded meditation, breathing exercises, and gentle restorative yoga.

Come and experience the expertise of two professional healing therapists, David Sloves and Sarah Jenness, for this free special workshop.

Monday, October 21, 2019
5:00 - 7:00pm
Gilda's Club Middle Tennessee
1707 Division Street, Nashville, TN 37203

Space is limited! Sign-up required:
info@gildasclubmiddletn.org or 615.329.1124

Please bring along a blanket, pillow or cushion - whatever will contribute to your comfort!
Yoga mats will be available, but feel free to bring your own.

Questions? Email julie.bulger@vumc.org

Presented in partnership by:

ADDITIONAL RESOURCES

THE PATIENT AND FAMILY RESOURCE CENTER AT VANDERBILT-INGRAM CANCER CENTER
The Vanderbilt Clinic, 1st Floor
The Patient and Family Resource Center provides cancer patients and their families with pamphlets, books and videos on all types of cancers, cancer treatments and options. Cancer patients and families may check out materials from the lending library and a computer is available for online research.
Open 7:30 a.m.–5:00 p.m. Monday–Friday.
Call (615) 322-9799 for more information.

PATIENT LODGING COORDINATOR
Main Waiting Room
A Lodging Coordinator is available to help you find a place to stay during your visit to Vanderbilt. Some area hotels and lodging facilities require a referral phone call or fax from the clinic.
For information contact Sherry Vick at (615) 322-2278 from 7:30 a.m.-4:00 p.m. Monday–Friday.

CLINICAL TRIALS AND RESEARCH
Vanderbilt-Ingram Cancer Center
Doctors and researchers at Vanderbilt-Ingram Cancer Center are dedicated to discovering new approaches for the diagnosis, prevention and treatment of cancer. To find out more about current Clinical Trials call (877) 936-8422 or (800) 811-8480. For Clinical Trial information program visit: vicc.org/research and vicc.org/ct/research

VANDERBILT-INGRAM CANCER CENTER HEREDITARY CANCER CLINIC
The Hereditary Cancer Clinic provides counseling and testing to people with suspected hereditary cancer syndromes.
VanderbiltHereditaryCancer.com or call (615) 343-7400 to make an appointment.

FINANCIAL COUNSELORS
Vanderbilt-Ingram Cancer Center Registration Area
If you have questions or concerns about insurance billing, patient balances, or payments, we are here to help while giving you the highest level of care regardless of what you can or cannot afford. Our financial counselors can help you fill out applications for various community and government-sponsored programs and describe our financial assistance policies and payment plan options. For more information call 1-888-274-7849.
BE A CLINIC VOLUNTEER
Do you love to walk and talk? Are you interested in volunteering by helping our patients and families? The Vanderbilt-Ingram Cancer Center currently has openings for volunteers who can commit to 2–4 hours per week, Monday-Friday, in the cancer center clinical and waiting areas. Some duties include making coffee, offering snacks, escorting lost guests, etc. Vanderbilt Volunteer Services application, orientation, background check and immunizations required. Must be 18 years or older. We ask for a minimum commitment of 6 months.
For details visit vicc.org/volunteer or contact Julie.bulger@vumc.org.

REACH FOR SURVIVORSHIP
The REACH (Research, Education, Advocacy, Clinical Care and Health) for Survivorship Program is designed to meet the unique needs of cancer survivors of all ages. It serves as a bridge from acute oncology care to primary care. Survivors will receive a careful health history, comprehensive evaluation and a Survivorship Care Plan.

Visit: VanderbiltHealth.com/CancerSurvivor
or call (615) 343-7400, option 2.
VANDERBILT FACILITIES AND CLASS LOCATIONS

Vanderbilt Cancer Wellness Program
VanderbiltCancerWellness.com

Osher Center for Integrative Medicine at Vanderbilt
3401 West End Avenue, Suite 380
Nashville, TN 37203
(615) 343-1554
VanderbiltHealth.com/osopher

Vanderbilt Dayani Center for Health and Wellness
1500 Medical Center Drive
Nashville, TN 37232
(615) 322-4751
DayaniCenter.com

One Hundred Oaks
719 Thompson Lane
Nashville, TN 37204
(615) 322-2064

The Village at Vanderbilt
1500 21st Ave. S.
Nashville, TN 37212
(615) 343-7400

The Vanderbilt Clinic
1301 Medical Center Drive
Nashville, TN 37232
(615) 936-8422

Cancer Supportive Care Clinic at the Vanderbilt-Ingram Cancer Center
Located inside the Henry-Joyce Cancer Clinic
1301 Medical Center Drive, Suite 1700
Nashville, TN 37232
Phone: 615-322-8422

RADIATION ONCOLOGY
Vanderbilt-Ingram Cancer Center
Franklin
2107 Edward Curd Lane
Franklin, TN 37067
(615) 591-9890

Gateway-Vanderbilt Cancer Center
375 Alfred Thun Road
Clarksville, TN 37040
(931) 221-0479

Vanderbilt-Ingram Cancer Center at Maury Regional Spring Hill
1003 Reserve Boulevard, Suite 120
Spring Hill, TN 37174

HEMATOLOGY/ONCOLOGY
Vanderbilt-Ingram Cancer Center Cool Springs
324 Cool Springs Blvd.
Franklin, TN 37067
(615) 936-8422

Vanderbilt-Ingram Cancer Center at Spring Hill
1003 Reserve Boulevard, Suite 240
Spring Hill, TN 37174
(615) 269-4448

Vanderbilt-Ingram Cancer Center at NorthCrest Medical Center
500 NorthCrest Drive, Suite 521
Springfield, TN 37132
(615) 382-6099

Vanderbilt Medical Group General Surgery
2105 Edward Curd Lane
Suite 102
Franklin, TN 37067

Parking available at all locations