Dr. Camila Walters has participated in education and research efforts in Kenya through imPACT Africa, in Mozambique through the country’s central hospital and main medical school, in Nigeria with the Nigerian Society of Anaesthetists, and in support of Liberian Ministry of Health efforts. Dr. Walters’ most recent global health trip was to Maputo Central Hospital in Mozambique, a visit sponsored by the makers of an anesthesia machine designed for low income countries, Gradian Health Systems. On this visit, Dr. Walters divided her time between education and data collection. She gave lectures and ran simulations to medical students, residents, attending physicians, and anesthesia technicians in anesthesia, pediatric, and obstetrics. Dr. Walters also collected data to support projects aiming to determine the prevalence of chronic pain and disability in Mozambique, the current capacity to care for trauma patients, and their anesthesia capacity.

The most memorable experience of this particular visit for Dr. Walters was working with anesthesia residents in the operating room to optimize care for infants. There were two babies in particular - one burn patient and one with a large abdominal mass - that required changes in management, and she was glad to be able to teach. Being at the country's only pain clinic was also memorable because patients in low income countries present late in their illness and have high levels of suffering. It was a privilege to participate in their care.

Vanderbilt Children’s Hospital donated much-needed blood pressure cuffs to the Maputo Central Hospital, seen on the intubated baby above.