A nephrostogram is done to help diagnose how well a nephrostomy tube is working and make sure the tube has been properly placed.

A nephrostomy tube is a thin plastic tube (catheter) that is put through your skin and into your kidney. The tube drains urine from your kidney into a bag outside your body.

What should I do before my nephrostogram?

• There is no special preparation necessary before your test. You can eat, drink, and take medications as you normally do.

• Be sure to tell the doctor or technologist if you may be pregnant or are allergic to any medicines, contrast material (dye), or foods.

What happens during my test?

• You may be asked to change into a hospital gown.

• The test lasts about 30 minutes.

• You will lie on your back while the doctor or technologist injects dye through the nephrostomy tube.

• You will lie in different positions on the table and images will be taken.

• The dye will be drained out at the end of the exam.

What happens after my test?

• You can return to your normal diet, activity, and medications.

• Your doctor will discuss your test results with you during a follow-up appointment or over the phone.