

# 2016-2017 COMMUNITY RESOURCE LISTING

VANDERBILT UNIVERSITY  
MEDICAL CENTER

Resource produced in collaboration with the Vanderbilt Medical Center Transition Management office and social work and the Vanderbilt Medical Group Clinical Staff Council.

Distributed by the Vanderbilt Medical Group Clinical Staff Council.

**Disclaimer:** All information was verified at time of printing (12/2016). Websites, phone numbers and organizations may change. If you find any information that needs to be updated please let our offices know by calling 615-322-4874.



## Abuse and Neglect

### Reporting

First call: Social work on call 24/7 - pager 615-835-5951

Step 2: Social work will notify the Department of Human Services, Adult Protective Services for the county where the patient resides

1-888-277-8366

### Neglect

When the basic needs of a dependent adult are not met by a caregiver. Neglect may be unintentional, resulting from the caregiver's lack of ability to provide or arrange for the care or services the adult requires. Neglect also may be due to the intentional failure of the caregiver to meet the adult needs.

### Self-Neglect

Occurs when a dependent adult is unable to care for him/herself or to obtain needed care. The impairments result in significant danger to the adult and in some situations deterioration can occur to the point that the adult's life may be at risk.

### Abuse (physical, sexual and emotional)

Generally involves more extreme to forms of harm to the adult, including the infliction of pain, injury, mental anguish, unreasonable confinement, or other cruel treatment. Financial exploitation occurs when a caregiver improperly uses funds intended for the care or use of the adult. These are funds paid to the adult or to the caregiver by a governmental agency.

For local middle Tennessee resources (includes food, shelter, clothing, support groups, etc.):

- Call the **United Way at 211**
  - Or visit <http://tn211.mycommunitypt.com/>
- **Kentucky website:**  
<http://uwky.org/211/index.htm>
- 
- **For Multilingual speaking Patients:**  
615-875-5083 or 800-640-4636  
  
For Spanish Speakers  
Camino Seguro  
1-800-640-4636  
<http://vkc.mc.vanderbilt.edu/vkc/caminoseguro/findresources/>

## Bradford Health Services

888-577-0012

Recovery services located in Madison, AL

Includes services for adolescent and youth

[www.bradfordhealth.com](http://www.bradfordhealth.com)

## Cumberland Heights

800-646-9998

8283 River Road Pike

Nashville, TN 37209

[www.cumberlandheights.org](http://www.cumberlandheights.org)

## Alcohol and Drug Recovery

### Al-Anon

888-425-2666

TN: 615-333-6066

<http://www.al-anon.alateen.org/>

Or <http://www.middletnalanon.org>

### A Friend of Bill's

866-388-9514

Recovery houses and events in the community

[www.friendofbills.com](http://www.friendofbills.com)

### Alcoholics Anonymous

615-831-1050

176 Thompson Lane, Suite G-1;

Nashville, TN 37211

[www.aanashville.org/](http://www.aanashville.org/)

### Friendship 202 House (AA)

615-327-3909

202 23rd Ave. North

Nashville, TN 37203

[www.202friendshiphouse.org](http://www.202friendshiphouse.org)

### Room in the Inn

615-251-7064

532 8th Ave. South

Nashville, TN 37202

[www.roomintheinn.org](http://www.roomintheinn.org)

### Elam Mental Health Center Meharry

615-327-6255

1005 Dr David B Todd Jr Boulevard

Nashville, TN, 37208

<http://www.mmc.edu/patientcare/school-of-medicine/locations/elamcenter.html>

### **Middle Tennessee Treatment Center /Behavioral Health Group**

615- 321-2575

2410 Charlotte Avenue

Nashville, TN 37203

<https://nashville.bhgrecovery.com/>

### **Narcotics Anonymous**

866-897-2862

<http://www.na.org/>

Or local <http://nanashville.org/>

### **Nashville CARES**

1-800-845-4266

633 Thompson Lane

Nashville, TN 37204

[www.nashvillectares.org](http://www.nashvillectares.org)

### **National Alliance on Mental Illness**

800-950-NAMI

Or local 1-800-467-3589

<http://www.nami.org/>

Or local [www.namitn.org](http://www.namitn.org)

### **National Institute of Mental Health**

866-615-6464

<http://www.nimh.nih.gov/health/index.shtml>

### **Mirror Lake Recovery Center**

877-983-8227

P.O. Box 430

Burns TN 37029

<http://www.mirrorlakerecovery.com/>

### **The Next Door Inc.**

615-251-8805

128 8th Avenue South

Nashville, TN, 37202

<http://www.thenextdoor.org/locations/nashville/>

### **Parthenon Pavilion Treatment.**

615-342-1450

2401 Parman Place

Nashville, TN 37203

<http://tristarparthenonpavilion.com/service/treatment-mall>

### **Renewal House Inc.**

615- 255-5222

P.O. Box 280356,

Nashville, TN 37228

[www.renewalhouse.org](http://www.renewalhouse.org)

## **Samaritan Recovery Community Inc.**

615-244-4802

319 South 4th Street

Nashville, TN 37206

<http://www.samctr.org/index.html>

## **Vanderbilt Addiction Center**

615- 327-7200

1601 23rd Avenue South

Nashville, TN, 37212

<https://www.vanderbilthealth.com/psychiatrichospital/26602>

## **Neighborhood Health Services**

615-277-3000

711 Main Street

Nashville, TN 37206

<http://www.neighborhoodhealthtn.org/>

## **For Children or Adolescent needs with Recovery/Addiction**

**Kid Central TN (see support tab)**

<https://www.kidcentraltn.com/category/support>

## **Applying for TennCare**

[www.healthcare.gov](http://www.healthcare.gov)

1-800-318-2596

If they need help - any DHS office in TN can help people apply and pick a plan

<https://tn.gov/humanservices>

<https://www.tn.gov/tenncare/>

## **Applying for Disability**

<https://www.ssa.gov/planners/disability/>

By phone call 1-800-772-1213 (7am to 7 pm) TTY 1-800-325-0778

Local Social Security offices can help you will need an appointment -

<https://secure.ssa.gov/ICON/main.jsp>

## **Care at Home**

### **Area Council on Aging and Disability**

Programs to ask about OPTIONS, Caregiving

1-866-836-6678

<https://www.tn.gov/aging/article/aaad-map1>

### **Vanderbilt Home Care**

615-936-0366

2120 Belcourt Avenue

Nashville, TN 37212

<https://www.vanderbilthealth.com/homecare/>

## Home Instead (West and South Nashville)

615-928-2548 (home based services)

<https://www.homeinstead.com/237>

## A Place for Mom

855-403-2421

(Assisted living, living resources, dementia care units)

<http://www.aplaceformom.com/>

## Tennessee Respite Coalition

1-888-579-3754

615-269-8687

2200 21<sup>st</sup> Avenue South, Suite 310

Nashville, TN 37212

<http://tnrespite.org/contact/>

## Tennessee Disability Pathfinder

1-800-640-4636

<http://vkc.mc.vanderbilt.edu/vkc/pathfinder/>

## Alzheimer's Association

1-800-272-3900

<http://alz.org>

## National Family Caregiver Support Program

1-866-836-6678

[http://www.aoa.acl.gov/AoA\\_Programs/HCLTC/Caregiver/](http://www.aoa.acl.gov/AoA_Programs/HCLTC/Caregiver/)

## Child/Domestic Violence

### Adult Protective Services

888-APS-TENN (1-88-277-8366)

<https://reportadultabuse.dhs.tn.gov/>

### Child Abuse Hotline Department of Children Services

877-237-0004

<https://www.tn.gov/dcs/article/report-child-abuse>

### Mary Parish Center (Domestic Violence)

615-256-5959

PO Box 60009

Nashville, TN 37206

[www.maryparrish.org](http://www.maryparrish.org)

### Kid Central TN (see support tab)

<https://www.kidcentraltn.com/category/support>

### Metro Police DV Unit

615-880-3000 or 615-862-+8600 after 10 pm or Weekends

811 Second Avenue North

Nashville, TN 37210

Help w/ orders of protection, safety plans, warrants.

<http://www.nashville.gov/Police-Department/Investigative-Services/Domestic-Violence.aspx>

## Morning Star Sanctuary (Domestic Violence)

615-860-0188

Crisis Line 24 hrs

615-860-0003

[www.morningstarsanctuary.org/](http://www.morningstarsanctuary.org/)

## National Domestic Violence Hotline

800-799-SAFE (7233)

<http://www.thehotline.org/>

## Prevent Child Abuse TN

615-383-0994

4721 Trousdale Drive, Suite 121

Nashville, TN 37220

[www.pcat.org](http://www.pcat.org)

## Safe Haven Family Center

615-256-8195

1234 3rd Avenue South

Nashville, TN 37210

<http://www.safehaven.org>

## Sexual Assault Center

Crisis Line - 1-800-879-1999

615-259-9055

101 French Landing Dr

Nashville, TN 37228

[www.sacenter.org](http://www.sacenter.org)

## TN Domestic Violence Hotline

800-880-3000

Or National 1-800-356-6767

[www.pcat.org](http://www.pcat.org)

<http://www.nashville.gov/Police-Department/Investigative-Services/Domestic-Violence/Additional-Resources.aspx>

## TN Coalition to End Domestic Violence

615-386-9406

1-800-289-9018

<http://tncoalition.org/>

## You Have the Power

615-292-7027

2401 White Avenue

Nashville, TN 37204

Information/education on abuse and domestic violence

<http://www.yhtp.org/>

## YWCA Domestic Violence Services

615-269-9922

Crisis Line -1-800-334-4628

<http://ywcanashville.com/programs/domestic-violence>

## Child Care/Elder Care

TN Child Care Resource Centers (10 across State)

<http://www.tn.gov/assets/entities/humanservices/attachments/ccrr-listing.pdf>

Davidson, Cheatham, Dickson, Houston, Humphries, Montgomery, Robertson, Rutherford, Stewart, Sumner, Williamson Child Care Referral

866-446-6006

<http://www.tn.gov/humanservices/article/resources-for-parents>

Department of Human Services, TN, Child Care Services Find by County

<http://www.tn.gov/humanservices/article/find-child-care>

Department of Human Services, Adult, TN

[http://www.tn.gov/assets/entities/humanservices/attachments/ADS\\_Provider\\_List\\_05\\_24\\_2016.pdf](http://www.tn.gov/assets/entities/humanservices/attachments/ADS_Provider_List_05_24_2016.pdf)

TN Department of Mental health and Substance Abuse Services Respite Care

615-269-8687

<https://www.tn.gov/behavioral-health/article/planned-respite-for-caregivers>

TN Respite Coalition

888-579-3754

<http://www.tnrespite.org/>

## Clinics

Medical Care Clinics in Greater Nashville Area (low cost or sliding scale)

Metro Health Departments- TN Department of Health

<http://www.tn.gov/health/article/oralhealth-metro>

NeedyMeds.org

Nice listing of low cost clinics

[http://www.needymeds.org/free\\_clinics.taf?\\_function=list&state=tn](http://www.needymeds.org/free_clinics.taf?_function=list&state=tn)

Neighborhood Health Clinics

<http://neighborhoodhealthtn.org/locations>

Cayce Place

615- 227-3000

617 South 8th Street

Nashville, TN 37206

Hours: Monday-Friday 8am-5pm

Services offered: medical, prenatal, counseling, Espanol, immunizations

Cleveland Park

615-227-3000

1223 Dickerson Road

Nashville, TN 37207

Hours: Monday-Friday 8am-5pm

Services offered: medical, prenatal, immunizations

Nashville, TN 37211

Hours: Monday-Friday 8am-5pm

Services offered: medical, prenatal, Espanol

Madison

615 - 227-3000

601 W. Due West Avenue

Southern Hills

615-227-3000

Madison, TN 37115

395 Wallace Road, Building B, Suite 307

Hours: Monday-Friday 8am-10pm \*Also Open Saturday  
8am-4pm |

Nashville, TN 37211

Hours: Monday-Friday 8am-5pm

Services offered: medical, prenatal, counseling,  
evening, Espanol

Services offered: medical, Espanol

East Side

Downtown

615-227-3000

615-227-3000

905 Main Street

526 8th Avenue South

Nashville, TN 37206

Nashville, TN 37203

Hours: Monday-Friday 8am-5pm

Hours: Monday-Friday 8am-5pm

Services offered: medical, prenatal, dental,  
immunizations

Services offered: homeless

Napier Place

Mission

615- 227-3000

615 - 227-3000

107 Charles E. Davis Boulevard

639 Lafayette Street

Nashville, TN 37210

Nashville, TN 37203

Hours: Monday-Friday 8am-5pm

Hours: Monday-Friday 8am-5pm

Services offered: medical, prenatal, dental,  
immunizations

Services offered: homeless

Casa

Hartsville

615-227-3000

615-374-2107

2195 Nolensville Pike

100 Damascus Street



Hartsville, TN 37074

Hours: Monday, Wednesday, Friday 8am-5pm

Services offered: medical, immunizations

Administration / Business Office

615 -227-3000

711 Main Street

Nashville, TN 37206

Hours: Monday-Friday 8am-5pm

Services offered: administration

Lebanon

615-227-3000

217 East High St, Suite 200

Lebanon, TN - 37087

Hours: Monday-Friday 8am-5pm

Services offered: Medical, Counseling

Inglewood

615-227-3000

3904 Gallatin Pike

Nashville, TN 37216

Hours: Monday-Friday 8am-5pm

Services offered: Medical, Prenatal

## Vanderbilt Comprehensive Care Center

Vanderbilt 100 Oaks

719 Thompson Lane, Suite 37189

Nashville, TN 37204

615-875-5111

<https://www.vanderbilthealth.com/comprehensivecare/>

Services: Treatment for HIV infected individuals: infusion/transfusion, nutritional, obstetrics, case management, psychiatric and adherence counseling

Eligibility: All

Hours: Mon-Fri 9:00-4:00

Fees: No minimum, fees may be waived

Languages: English, Spanish, French, Italian, Farsi

## Faith Family Medical Clinic

326 21st Ave North

Nashville, TN 37203

615-341-0808

<http://faithmedical.org>

Services: Primary care, visiting specialists, no obstetrics, in-house counselor and visiting psychiatric nurse, all visits are appointment only

Hours: Mon, Tue, Thurs 7:30-5:00 pm; Wed, Fri 7:30-4:00

Eligibility: Uninsured individuals and families working at least 20 hours/week, full-time students

Fees: Sliding scale, from \$20-\$50 per visit

Languages: English, Spanish

## First Response Clinic

1223 9th Ave North

Nashville, TN 37208

615-277-0615

<http://www.micwhosoever.org/ministries.html>

Services: Primary care and support for HIV/AIDS patients with history of substance abuse or other psychosocial issues, services tailored to issues with adherence, case management, directly observed therapy

Hours: Mon-Fri 8:00-4:00

Eligibility: Household income below 300% of federal poverty line

Fees: Sliding scale, may be waived

Languages: English, Spanish

### **Vanderbilt Midwives at Melrose**

2410 Franklin Rd

Nashville, TN 37204

615-875-0875

<http://www.westendmidwives.com>

Services: certified nurse midwives, women's health care, pre-natal care, breast and cervical cancer screening for no charge for qualified women (TN Breast and Cervical Screening Program), Centering Pregnancy programs, specific teen groups, deliveries at VUH

Hours: Mon-Fri 8:00-5:00

Eligibility: All, appointments required

Fees: sliding scale based on income, TennCare and all insurance types accepted

Languages: English, Spanish, language line available

### **Lentz Public Health Center**

2500 Charlotte Avenue

Nashville, TN 37209

615-340-5616

<https://www.nashville.gov/Health-Department/Clinic-Locations/Lentz-Public-Health-Center.aspx>

Services: immunizations, family planning, pregnancy testing and referral, nutrition services, food vouchers for expectant mothers and young children, dental services

Hours: Mon-Fri 8:00-4:30

Fees: Sliding scale

Languages: English, Spanish, language line available

### **Matthew Walker Comprehensive Health Center, Inc.**

1035 14th Ave N

Nashville, TN 37208

615-327-9400

<http://www.mwchc.org/>

Services: Comprehensive family care, pediatrics, adult, ophthalmology, podiatry, nephrology, Ob/Gyn, nutrition and WIC, social services, dental care, mental health, pharmacy

Hours: Mon and Tuesday 8:00 am to 7:00 am, Wednesday to Friday 8:00 am to 5:00 pm, Saturday 9:00 am to 5:00 pm

Eligibility: Uninsured patients

Fees: Sliding scale

Languages: English, Spanish, Vietnamese, Arabic

### **Clarksville Location**

230 Dover Rd

Clarksville, TN 37042

931-920-5011

Hours: Monday - Friday 8:00 am to 5:00 pm, Saturday 9:00 am to 1:00 pm

### Smyrna Location

739 President Place, Suite 100

Smyrna, TN

615-984-4290

Hours: Monday to Friday 8:00 am to 5:00 pm, Saturday 9:00 am to 1:00 pm

### Meharry Medical College Clinic

1005 D.B. Todd Blvd

Nashville, TN 37208

615-327-5572

<https://www.mmc.edu/patientcare/school-of-medicine/index.html>

Services: primary care, pediatrics, family medicine, internal medicine, surgical and medical subspecialty care: surgery, urology, orthopedics, ophthalmology, infectious disease, neurology, gastroenterology, pulmonary, nephrology, cardiology, Ob/Gyn

Hours: Mon-Fri 8:00-5:00

Eligibility: Private insurance, TennCare. For uninsured, income proof required

Fees: Can be waived, sliding scale

Languages: English, Spanish, language line available

### Methadone Treatment Clinic

2410 Charlotte Ave.

Nashville, TN 37208

615-321-2575

<https://nashville.bhgrecovery.com>

Services: Substance abuse treatment; Detoxification; Methadone Maintenance; Methadone Detoxification

Fees: Self payment

### Metro Nashville General Hospital Ambulatory Care Center

818 Albion St

Nashville, TN 37208

615-765-4321

Services: primary care for ambulatory, non-emergent patients, acute and chronic illnesses

Hours: Primary care - Mon-Fri 8:00 am - 5:00 pm

Eligibility: Davidson County residents

Fees may be reduced or waived based on income

Languages: English, language line available

<http://nashvillegeneral.org/clinics-services>

### Planned Parenthood

412 Dr. D.B. Todd Jr. Blvd.

Nashville, TN 37203

615-321-7216

<https://www.plannedparenthood.org/health-center/tennessee/nashville/37203/nashville-health-center-2716-91560>

Services: Birth control, emergency contraception, abortion services, general healthcare, STD testing and treatment, patient education, LGBT services, HPV and hepatitis vaccines, pregnancy testing, options, and services

Hours: Monday thru Saturday 8:15 am to 3:30 pm (they suggest you call to verify hours of service)

Eligibility: All - payment they have webpage to help with signing up for health insurance but do not list fees on website

Languages: English, Spanish, Bosnian and phone interpretation services are available

### Priest Lake Family and Women's Health Center (UCHS)

2637 Murfreesboro Pike

Antioch, TN 37217

615-292-9770

<http://uchshealth.org>

Services: primary care, prenatal care, women's health, pediatrics, dental, behavioral health

Eligibility: Medicare, TennCare, private insurance uninsured

Fees: Sliding scale, income proof required

Languages: English, Spanish

### Saint Thomas Family Health Centers

#### DAVIDSON COUNTY:

The family health centers in Davidson County are part of the [Safety Net Consortium of Middle Tennessee](#)

<http://sncmt.org/consortium-clinics/complete-listing-of-sncmt-clinics/>

and will assist uninsured patients in applying for Project Access and other health plans.

If you are a resident of Davidson County, and need drug and alcohol treatment, or dental care, please contact one of the **Safety Net Providers** that specialize in those services.

### Saint Thomas Medical Partners - Family Health Center - West

5201 Charlotte Pike  
Nashville, TN 37209

615 -222-1900

### Saint Thomas Medical Partners - The Holy Family Health Center

4928 Edmonson Pike, Suite 205  
Nashville, TN 37211

615 -222-1400

### La Clinica Nueva Vida *por las mujeres embarazadas*

4928 Edmonson Pike, Suite 205,

Nashville, TN 37211

615-222-1400

### Saint Thomas Medical Partners - Internal Medicine Center

Enrollment in [Project Access Nashville \(Bridges to Care\)](#) is required

316 22nd Ave. North  
Nashville, TN 37203

615-284-5167

To make an appointment: 615-284-2487

#### RUTHERFORD COUNTY:

### Saint Thomas Medical Partners - Saint Louise Family Medicine Center

1020 North Highland Ave.  
Murfreesboro, TN 37130

(615) 396-6620

## Saint Thomas Medical Partners - Family Health Center - Eagleville

341 South Main Street  
Eagleville, TN 37060

615-274-6207

## Shade Tree Family Clinic

1223 Dickerson Pike

Nashville, TN 37207

615-422-5262

<http://www.shadetreeclinic.org>

Services: Acute and chronic health needs by appointment: sick care, blood pressure care, child and adult physical exams, diabetes management, STD testing, HIV testing, teen care, medications, birth control, lab testing, early pregnancy program (STEPP)

Hours: Tues 6:00-9:00pm; Sat 12:00 pm-4:00

Eligibility: Uninsured and underinsured

Fees: Free

Languages: English, Spanish

## Siloam Family Health Center

820 Gale Lane

Nashville, TN 37204

615-298-5406

[www.siloamhealth.org](http://www.siloamhealth.org)

Services: Primary care by appointment

Hours: Mon, Tues, Thurs 9:00-8:00; Wed 9:00-4:00, Fri, Sat 9:00-12:00

Eligibility: Uninsured patients

Fees: Sliding scale, minimum fee at time of service and lab work

Languages: English, Spanish, Vietnamese, Portuguese, Arabic

## South Nashville WIC Nutrition Center

3718 Nolensville Pike

Nashville, TN 37211

615-880-3210

<https://www.nashville.gov/Health-Department/Clinic-Locations/South-Nashville-WIC-Nutrition-Center.aspx>

Services: Nutrition for pregnant women and children

Hours: Mon-Thurs 7:00-6:00; Fri 7:30-4:30

Eligibility: Women with infants or children at or below 185% of the federal poverty line

Fees: Sliding scale

Languages: English, Spanish, Kurdish, language line available

## Vine Hill Community Clinic (UCHS)

601 Benton Ave, 2nd floor

Nashville TN 37204

615-292-9770

<http://uchshealth.org/vine-hill-clinic/>

Services: Comprehensive primary care for adults and kids, dental services, mental health services, Vaccines for Children program, pharmacy, immunizations, TB skin tests, complete medical home including social work services and case management, house calls program for homebound patients

Hours: Monday to Thursday 8:00 am to 6:00 pm Friday and Saturday 8:00 am to 2:00 pm

Eligibility: All patients welcome: all insurance types, Bridges to Care, TennCare, Medicare, self-pay

Fees: Sliding scale, minimum fee required based on income

Languages: English, Spanish, Arabic, Kurdish, language line available

## West End Women's Health Center

2611 West End Ave, Suite 380

Nashville, TN 37203

615-936-5858

<http://www.vanderbiltnursemidwives.org/>

Services: full scope obstetrical care by certified nurse midwives; well-woman gynecological care

Eligibility: Commercial or BlueCross insurance and Medicare; does NOT accept TennCare. TennCare and self-pay patients are referred to Franklin Road Women's Health Center where sliding fee schedules are available based on income

Fees: based on insurance plan fee schedules

Languages: English and Spanish

## Woodbine Public Health Center

224 Oriol Ave

Nashville, TN 37210

615-862-7940

<https://www.nashville.gov/Health-Department/Clinic-Locations/Woodbine-Public-Health-Center.aspx>

Services: immunizations, family planning, pregnancy testing and referral, nutrition services, WIC, TB, lice, and STD testing

Hours: M-F 7:30-4:30

Fees: Sliding scale

Languages: English

## Dental

### Dental Clinic Listing- TN Department of Health

<http://www.tn.gov/health/topic/oralhealth-clinics>

### Affordable Dentures

932 Allen Rd

Nashville, TN 37214

(615) 549-8576

<http://www.affordabledentures.com>

Services: dentures, mini dental implants, partial dentures, tooth extractions

### East Side Clinic

905 Main Street

Nashville TN 37206

615-227-3000

<http://www.neighborhoodhealthtn.org/locations>

### East Dental Clinic - Metro Public Health Dept.

1015 East Trinity Lane

Nashville, TN 37216

615-862-7916

<http://www.nashville.gov/Health-Department/Clinic-Locations/East-Public-Health-Center.aspx>

Eligibility: Ages 3-20 only

Fees: Sliding scale based on household income

Services: Pediatric Clinic on 2nd floor of hospital

Fees: Reduced fees for service

## Interfaith Dental Clinic

1721 Patterson St.

Nashville, TN 37203

615-329-4790

[www.interfaithdentalclinic.com](http://www.interfaithdentalclinic.com)

Eligibility: Resident of Davidson, Williamson, Rutherford, Wilson, Sumner,

Robertson, Dickson or Cheatham counties

Fees: Sliding scale fees offered upon qualifying - working but low-income, widowed, unpaid caregiver, child on TennCARE, or elderly over 65 years Languages: English, Spanish, and Arabic

## Napier Place (Neighborhood health)

107 Charles E. Davis Blvd.

Nashville, TN 37210

615-227-3000

<http://www.neighborhoodhealthtn.org/locations>

Services: Restorative services, fillings, extractions, emergency exams, xrays, cleanings, dentures, crowns, take-home bleaching, splints for night grinding, root canals

Fees: Sliding scale based on household income

Languages: English

## Matthew Walker Comprehensive Health Center

1035 14th Ave. North

Nashville, TN 37208

615-327-9400

[http://mwchc.org/?page\\_id=2915](http://mwchc.org/?page_id=2915)

Dental Services offered at all three locations

Fees: Based on income

## TSU Dental Hygiene Clinic

3500 John E. Merritt Blvd.

Nashville, TN 37209

615-963-5791

<http://www.tnstate.edu/dentalhygiene/clinic.aspx>

Hours: Runs when school is in session. Hours vary each semester. Best practice to call for scheduling.

Services: Cleaning and x-rays only (services by students)

Fees: Reduced fees

## Meharry School of Dentistry

1005 D.B. Todd Blvd.

Nashville, TN 37208

615-327-6669 option 1(Student Clinic)

<http://www.mmc.edu/patientcare/school-of-dentistry/locations-hours/>

## Disability Resources

### TN Disability Pathfinder

1-800-640-4636

<http://kc.vanderbilt.edu/pathfinder/>

### TN Disability Determination

800-342-1117

P.O. Box 775

Nashville 37202

<http://www.tennessee.gov/humanservices/topic/disability-determination-services>

### Vanderbilt Kennedy Center

615-322-8240

110 Magnolia Circle

Nashville 37203

<http://kc.vanderbilt.edu/site/default.aspx>

### The ARC

50 Vantage Way

Nashville, TN 37228

615-321-5699

<http://www.arcdc.org/>

## Education

### Metro Davidson Schools

615-259-INFO (4636)

<http://www.mnps.org>

### Opportunities Industrialization Center (GED)

615-248-2906

1819 Charlotte Ave

Nashville, TN 37203

<http://www.oicnashville.org/>

### TEIS - Early Intervention

1-800-852-7157

For children with medical diagnosis and developmental delay, most services provided to age 2.

<https://www.tn.gov/education/topic/tennessee-early-intervention-system-teis>

### TN College Scholarship Information

College pays

404 James Robertson Pkwy, Suite 1510

Nashville, TN 37243

615-741-1346

<https://www.tn.gov/collegepays/section/money-for-college>



## TN High School Equivalency

844-224-5818

<https://www.tn.gov/workforce/topic/high-school-testing>

## TN Head Start

615-741-5158

<https://www.tn.gov/education/topic/head-start>

## TN Homeless Education Program

615-741-5158

<https://www.tn.gov/education/topic/homeless-students>

## TN Vocational Rehabilitation

615-313-4891

<http://www.tennessee.gov/humanservices/topic/vocational-rehabilitation>

## YWCA Family Literacy Center

Includes classes for children and adults. Including GED Prep. Has four convenient locations offered.

615-269-9922

1608 Woodmont Blvd

Nashville, TN 37215

<http://ywcانashville.com/programs/ged-services>

## Family Services/Counseling and Support

### United Way Help Line

211

<http://211.org/>

### Agape Counseling Services

615-781-3000

4555 Trousdale Drive

Nashville TN 37204

[www.agapenashville.org](http://www.agapenashville.org)

### American Red Cross

Refuge Center for Counseling

615-591-5262

2783 Smith Spring Rd

Nashville, TN 37217

[http://tn211.mycommunitypt.com/index.php/component/cpx/?task=resource.view&id=626457&search\\_history\\_id=69273729](http://tn211.mycommunitypt.com/index.php/component/cpx/?task=resource.view&id=626457&search_history_id=69273729)

### Bethlehem Family Centers

615-329-3386

1417 Charlotte Avenue

Nashville, TN 37203

<http://www.bethlehemcenters.org/>

## Big Brothers Big Sisters

615-329-9191

1704 Charlotte Ave Suite 130

Nashville, TN 37203

<http://www.mentorakid.org>

## Boys and Girls Clubs

Multiple locations in Tennessee. 211.org has complete listing.

Closest to Vanderbilt -

1704 Charlotte Avenue, Suite 200

Nashville, TN 37203

615-833-2368

<http://www.bgca.org>

## Catholic Charities

Central Office

2806 McGavock Pike

Nashville, TN 37214

615-352-3087

<http://www.cctenn.org/>

## Centerstone

Multiple locations

888-291-HELP

<https://centerstone.org/our-expertise/services-directory?topic=&state=10&age=>

## Davidson. Co. Child Support

44 Vantage Way, Suite 300

Nashville, TN 37228

615-726-0530

<http://tn.gov/humanserv>

## DayStar Counseling Ministries

615-298-5353

2801 Azalea Place

Nashville, TN 37204

<http://www.daystarcounseling.com/>

## Family and Children's Services Crisis

615-320-0591

Crisis Line: 615-244-7444

201 23rd Avenue North

Nashville, TN 37203

<http://www.fcsnashville.org/>

## Services for Families, State of TN

SNAP, TANF, Child Support, etc..

<https://www.tn.gov/humanservices/section/for-families>

## Help Us Grow Successfully (HUGS)

615-862-7942

Metro Health Dept.

Case management services to high-risk pregnant women

Statewide program with multiple county services-  
listing of county offices on website

<https://www.tn.gov/health/article/MCH-hv-hugs>

### Hope Clinic of Middle TN

615-321-0005

1801 Hayes Street

Nashville, TN 37203

<http://hopeclinicforwomen.org/>

### Martha O'Bryan Center

615-254-1791

711 South 7th St.

Nashville, TN 37206

<http://www.marthaobryan.org/>

### Maternal Infant Health Outreach Workers (MIHOW)

615-343-0325

1400 18<sup>th</sup> Avenue South, A-1

Nashville, TN 37212

Outreach workers who do in-home education and  
support of new mothers

<http://www.mihow.org/>

### Metro Social Services

615-862-6400

800 2<sup>nd</sup> Avenue North

Nashville, TN 37201

<http://www.nashville.gov/Social-Services.aspx>

### Mercy Ministries (women)

615-831-6987

15328 Old Hickory Blvd

Nashville, TN 37211

<http://www.mercyministries.org/>

### Nurses for Newborns

615-313-9989

1-800-654-7427

50 Vantage Way, Suite 101

Nashville, TN 37228

<http://www.nursesfornewborns.org/home/tennessee-2/>

### Oasis Center for Teens

615-327-4455

1-866-975-FREE or 1-866-975-3733

1704 Charlotte Ave, Suite 200

Nashville, TN 37203

Runaway shelter, youth programming, educational  
programs

<http://www.oasiscenter.org/>

### St. Luke's Community Center

615-350-7893

5601 New York Ave

Nashville, TN 37209

<http://www.stlch.org/>

## Salvation Army of Nashville

615-242-0411

631 Dickerson Road

Nashville, TN 37207

<http://salvationarmytennessee.org/nashville/>

## The Family Center/Exchange Club

615-333-2644

139 Thompson Lane

Nashville, TN 37211

<http://www.familycentertn.org/>

## TN Disability Resource Pathfinder

1-800-640-4636

<http://vkc.mc.vanderbilt.edu/vkc/pathfinder/>

## TN Parent Hotline

1-800-CHILDREN

<http://www.pcat.org/>

## Food

### Bridge Ministry

Jefferson Street Bridge, 1122 2<sup>nd</sup> Avenue North

Nashville TN 37208

Tuesday evening outreach -5:30 pm

Office: 533 Brick Church Drive

Nashville, TN 37207

615-885-2611

<http://bridgemin.org/>

## Catholic Charities/Loaves and Fishes

508 Main Street

Nashville, TN 37206

Holy Name Catholic Church

615-256-7526

<http://www.cctenn.org/>

## Community Food Advocates

615-324-8364

5610 California Avenue

Nashville, TN 37209

<http://www.communityfoodadvocates.org/>

## Davidson DHS Food Stamps

615-532-4000

1000 2nd Avenue, North

Nashville, TN 37202

<http://tn.gov/humanservices>

## TN Food Stamps (SNAP)

1-866-311-4287

<https://www.tn.gov/humanservices/topic/supplemental-nutrition-assistance-program-snap>

## Kentucky Food Stamps

1-855-306-8959

<http://chfs.ky.gov/dcbs/dfs/#NAAB>

## Metro Social Service-Meals

615-880-2459

<http://www.nashville.gov/Social-Services/Adult-and-Family-Support-Services/Nutrition.aspx>

## Nashville Mobile Market

615-324-8364

Listing of locations, dates and times

<http://www.communityfoodadvocates.org/nashville-mobile-market.html>

## Second Harvest Food Bank

615-329-3491

331 Great Circle Rd

Nashville, TN 37228

<https://secondharvestmidtn.org/>

## Ladies of Charity of Nashville

615-327-3430

2216 State Street

Nashville, TN 37203

<http://www.ladiesofcharitynashville.org/>

## TN DHS Family Assistance

866-311-4287

## WIC

800-342-5942

Women & children food and nutrition

<https://tn.gov/health/topic/wic>

<http://www.nashville.gov/Health-Department/Clinical-Health-Services/WIC.aspx>

## Homeless- Housing Resources

*Call 211 for more extensive listings*

### Room in the Inn

615-251-3274

705 Drexel Street

Nashville, TN 37203

<http://roomintheinn.org/>

### Dismas House

615-297-9287

1513 16th Avenue South

Nashville, TN 37212

<http://www.dismas.org/>

### Homeless Family Resources- Metro Public Schools

### HERO Program

615-259-8729

<http://www.mnps.org/homeless-family-resources/>

## **Metro Development & Housing Agency**

615-252-8400

701 South 6th St.

Nashville, TN 37206

<http://www.nashville.gov/Metropolitan-Development-and-Housing-Agency.aspx>

## **Metro Social Service-Homeless**

615-862-6458

<http://www.nashville.gov/Social-Services.aspx>

## **Nashville Rescue Mission**

615-255-2475

639 Lafayette St.

Nashville, TN 37203

<http://www.nashvillerescuemission.org/>

## **Oasis Center for Teens**

615-327-4455

1-866-975-FREE or 1-866-975-3733

1704 Charlotte Ave, Suite 200

Nashville, TN 37203

Runaway shelter, youth programming, educational programs

<http://www.oasiscenter.org/>

## **Park Center (for mentally ill)**

615-242-3576

948 Woodland St.

Nashville, TN 37206

Has other locations, to find out more visit website

<http://www.parkcenternashville.org/>

## **Urban Housing Solutions**

615-726-2696

822 Woodland Street

Nashville, TN 37206

<http://urbanhousingsolutions.org/>

## **Woodbine Community Organization**

615-833-9580

643 Spence Lane

Nashville, TN 37217

<http://www.woodbinecommunity.org/>

## **Financial Assistance**

Counselors located in the clinics

Patient Financial Assistance Programs

615-936-3938

Disease specific resources can be found at:

<https://healthfinder.gov/FindServices/SearchContext.aspx?topic=315>

<https://www.usa.gov/help-with-bills>

## Housing and Utility Assistance

### NeedLink

615-269-6835

1600 56<sup>th</sup> Ave North

Nashville, TN 37209

<https://www.needlink.org/get-help>

### Room in the Inn

615-251-3274

705 Drexel Street

Nashville, TN 37203

<http://roomintheinn.org/>

### Metro Action Commission

615-862-8860

Clifford Allen Building

800 2<sup>nd</sup> Avenue North

Nashville, TN 37201

<http://www.nashville.gov/mac/>

### Metro Social Service-Homeless

615-862-6458

<http://www.nashville.gov/Social-Services.aspx>

### Salvation Army of Nashville

615-242-0411

631 Dickerson Road

Nashville, TN 37207

<http://salvationarmytennessee.org/nashville/>

### Rooftop Nashville

615-815-9012

3511 Gallatin Rd, Suite 202

Nashville TN 37216

<http://rooftopnashville.org/get-help/>

### TN Housing Development Agency

615-815-2200

1-800-228-THDA

<https://thda.org/renters/hcv>

## Insurance- Health Care

### Project Access Nashville

615-313-9972

Spanish: 615-227-7568

Uninsured residents of Davidson County

311 23rd Ave

Nashville, TN 37203

<http://www.nashville.gov/Health-Department/Clinical-Health-Services/Project-Access-Nashville.aspx>

## Children Special Services

615-340-5697

Must meet eligibility requirements for these services

<http://www.nashville.gov/Health-Department/Clinical-Health-Services/Childrens-Special-Services.aspx>

## CCC- Comprehensive Community Care (HIV)

615-875-5111

One Hundred Oaks

719 Thompson Lane

Nashville, TN 37189

<https://www.vanderbilthealth.com/comprehensivecare/>

## Cover Kids

1-866-620-8864

<http://tn.gov/coverkids>

## Indigent Care at Nashville General

615-341-4000

Proof of Davidson County residency, monthly income (last 4 pay stubs), family size, monthly expenses, indigent letter notarized, lack of insurance and/or letter from employer stating they cannot purchase health insurance through employer

<http://www.nashvillegeneral.org/>

## Health Assist Tennessee

ENGLISH: 615-313-9972 or 1-800-269-4038

SPANISH: 615-227-7568 or 1-800-254-7568

ARABIC & KURDISH: 615-313-9840 or 1-877-652-3046

BOSNIAN, CROATIAN, & SERBIAN: 615-313-9382 or 1-877-652-3069

<http://www.getcoveredtenn.org/health-assist1.html>

## Nashville Cares (HIV/AIDS)

615-259-4866

633 Thompson Lane

Nashville, TN 37204

<http://www.nashvillectares.org/>

## Social Security Disability Hotline

800-772-1213

<https://www.ssa.gov/agency/contact/phone.html>

## State Disability Resources

TN Department of Human Services

615-313-4700

<http://tn.gov/humanservices/section/disability-services>

## TennCare

1-800-342-3145

<http://www.tn.gov/tenncare/>

## TN Disability Pathfinder

Hotline 800-640-4636

<http://kc.vanderbilt.edu/pathfinder/>



## University Community Health Services

615-983-UCHS

601 Benton Avenue

Nashville, TN 37204

For primary care and mental health issues

<http://www.uchshealth.org/>

## Neighborhood Health Services

615-227-3000

711 Main Street

Nashville, TN 37206

<http://neighborhoodhealthtn.org/>

## Immigrant/Refugee Resources:

### Catholic Charities

508 Main Street

Nashville, TN 37206

Holy Name Catholic Church

615-256-7526

<http://www.cctenn.org/>

### Conexion Americas/Casa Azafrán

615-320-5152

2195 Nolensville Pike

Nashville, TN 37211

<http://www.conexionamericas.org/>

## Nashville International Center for Empowerment

615-315-9681

417 Welshwood Drive, Suite 100

Nashville, TN 37211

<http://www.empowernashville.org/>

## TN Disability Pathfinder

Hotline 800-640-4636

<http://kc.vanderbilt.edu/pathfinder/>

## Woodbine Community Organization

615-833-9580

643 Spence Lane

Nashville, TN 37217

<http://www.woodbinecommunity.org/>

## World Relief

615-833-7735

411 West Thompson Lane

Nashville, TN 37211

<http://worldreliefnashville.org/>

## Job Resources:

### **Project Return**

806 4th Ave. South  
Nashville Tennessee 37210  
615-327-9654  
[www.projectreturninc.org](http://www.projectreturninc.org)

### **Room In The Inn**

705 Drexel Street  
Nashville, Tennessee 37203  
615-251-9791  
[www.roomintheinn.org](http://www.roomintheinn.org)

### **Christian Women Job Corps**

420 Main Street  
Nashville, TN 37202  
615-244-3669  
[www.cwjcmiddletn.org](http://www.cwjcmiddletn.org)

### **The Contributor**

Downtown Presbyterian Church at 5th & Church  
154 5th Ave. N (Vendor Office)  
Nashville, Tennessee 37219  
615-829-6829  
[www.thecontributor.org](http://www.thecontributor.org)

### **Foster Street Community Career Center**

302 Foster Street  
Nashville, TN 37207

615-736-5904

[www.communitycareercenter.net](http://www.communitycareercenter.net)

### **Goodwill Industries of Middle Tennessee, Inc.**

1015 Herman St  
Nashville, Tennessee 37208  
800-545-9231  
[www.goodwillcareersolutions.org](http://www.goodwillcareersolutions.org)

### **Nashville Career Advancement Center**

621 Mainstream Drive  
Suite 210  
Nashville, Tennessee 37228  
615-862-8890  
[www.jobs4tn.gov](http://www.jobs4tn.gov)

### **Nashville Rescue Mission (Men's Campus)**

639 Lafayette Street  
Nashville, Tennessee 37203  
615-255-2475  
[www.nashvillerescuemission.org](http://www.nashvillerescuemission.org)

### **Nashville Rescue Mission (Women's Campus)**

1716 Rosa L. Parks Blvd.  
Nashville, Tennessee 37208  
615-312-1574  
[www.nashvillerescuemission.org](http://www.nashvillerescuemission.org)

## **New Horizons**

5221 Harding Place

Nashville, Tennessee 37217

615-360-8595

[www.newhorizonscorp.com](http://www.newhorizonscorp.com)

## **Tennessee Career Center**

665 Mainstream Drive

Nashville, Tennessee 37228

615-253-8920

[www.jobs4tn.gov](http://www.jobs4tn.gov)

## **Vocational Rehabilitation**

88 Hermitage Avenue

Nashville, Tennessee 37210

615-741-1606

<http://www.tennessee.gov/humanserv/rehab/vrs.html>

## **Nashville Opportunities Industrialization Center**

1819 Charlotte Ave.

Nashville, Tennessee 37203

615-248-2906

[www.oicnashville.org](http://www.oicnashville.org)

## **Legal:**

### **For help to find affordable lawyer**

1-888-253-4529

### **TN Alliance for Legal Services**

1-800-342-1660

2416 21<sup>st</sup> Avenue South, Suite 100

Nashville, TN 37212

<http://www.tals.org/node/368/disability-law-advocacy-center-tennessee-dlac>

### **Nashville Bar Association**

615-242-6546 referral line

<https://www.nashvillebar.org/>

### **Davidson Co. Public Defenders**

615-862-5730

404 James Robertson Pkwy

Nashville, TN 37219

<http://publicdefender.nashville.gov/>

### **Justice for our Neighbors of TN**

615-823-1945

Casa Azafran

2195 Nolensville Pike

Nashville, TN 37211

<http://tnjfon.org/>

## Legal Aid of Middle Tennessee

1-800-238-1443

Multiple locations in state

<http://www.las.org/>

## Nashville General Sessions Court

615-862-8317

<http://www.nashville.gov/General-Sessions-Court.aspx>

<http://gscourt.nashville.gov/>

## Vanderbilt Univ. Law School Legal Clinic

615-322-4964

<https://law.vanderbilt.edu/academics/clinical-legal-education/legal-clinic-fact-sheet.php>

## Medical Center Lodging

### Vanderbilt Guest Services accommodations line

615-936-ROOM (8am to 5pm - 7 days a week)

- One Hundred Oaks - located in D Entrance Information desk (7am - 3pm - Mon - Fri)
- The Vanderbilt Clinic - located 2<sup>nd</sup> Floor near Skybridge (7am to 3pm - Mon- Fri)
- Monroe Carell Jr. Children's Hospital at Vanderbilt - 1<sup>st</sup> floor information desk (7am to 2pm - Mon- Fri)

## Hope Lodge (cancer patients)

615-342-0840

2008 Charlotte Avenue

Nashville, TN 37203

<http://www.cancer.org/treatment/supportprogramsservices/hopelodge/nashville/index>

## Ronald McDonald House (Families of sick children) (need Social Worker referral)

615-297-0387

2144 Fairfax Avenue

Nashville, TN 37212

<https://www.rmhcnnashville.com/>

## Scarritt Bennett

615-340-7500

1008 19<sup>th</sup> Avenue South

Nashville, TN 37212

<http://www.scarrittbennett.org/accomodations/medical-stay-program/>

## Hospitality House (need Social worker referral)

615-329-0477

241 Reidhurst Avenue

Nashville, TN 37203

<http://www.hhhnashville.org/programs/>

## Medication Costs

MAP (Medication Access Program via VUMC Pharmacy) use referral form in star panel

### Partnership Prescription Assist

888-477-2669

<http://www.pparx.org/>

### Needymeds.org

<http://www.needymeds.org/>

### GoodRX

<http://www.goodrx.com/?gclid=Clvxxryd6s8CFdgVgQodJ9sMIw>

### Dispensary of Hope

<http://dispensaryofhope.org/>

## Transportation

### TennCare Transportation

patient will need to call and arrange transportation

United Healthcare community plan - 1-866-416-9209

Amerigroup- 1-866-680-0633

BlueCare -1-866-473-7565

TennCare Select- 1-800-473-7565

### Access Ride

615-880-3970 (MTA - Davidson County only)

<http://www.nashvillemta.org/Nashville-MTA-AccessRide-Information.asp>

### Caliber

1-800-615-7398

### 2-RIDE

## Mental Health

### Mental Health Emergencies

1-855-274-7471 or 855-CRISIS -1

### Centerstone

Multiple locations

888-291-HELP

<https://centerstone.org/our-expertise/services-directory?topic=&state=10&age=>

### NAMI

615-891-4724

Crisis Line 855-274-7471

1101 Kermit Drive, Suite 506

Nashville, TN 37217

<https://namidavidson.org/>

## TN Redline referral services

1-800-889-9789

## Mental Health Clinical Services:

### Nashville Behavioral Health Access website

<http://www.nashville.gov/Health-Department/Clinical-Health-Services/Behavioral-Health-Services.aspx>

### Centerstone

Multiple locations

888-291-HELP

<https://centerstone.org/our-expertise/services-directory?topic=&state=10&age=>

Services: behavioral health case management, therapy; marital counseling, depression, addiction counseling, medication management

Eligibility: Requires enrollment in Bridges to Care Program for discounted rates

Accepts most insurances

### Life Care Family Services

145 Thompson Lane

Nashville, TN 37211

615-781- 0013

Eligibility: Surrounding counties served

Fees: Sliding scale fee available with tax form from previous year

<http://www.lifecarefamily.org/>

## Matthew Walker Comprehensive Health Center, Inc.

1035 14th Ave N

Nashville, TN 37208

615-327-9400

<http://www.mwchc.org/>

## Mental Health Cooperative

275 Cumberland Bend Dr.

Nashville, TN 37228

615-726-3340

<http://www.mhc-tn.org>

Services: Clinical and psychiatric services, intensive case management, serves all counties

24-hr Crisis Line 1-855-274-7471

## Park Center (for mentally ill)

615-242-3576

948 Woodland St.

Nashville, TN 37206

Has other locations, to find out more visit website

<http://www.parkcenternashville.org/>

## Behavioral Health Access

2500 Charlotte Ave, Room 211

Nashville, TN 37209

615-340-2172

<http://www.nashville.gov/Health-Department/Clinical-Health-Services/Behavioral-Health-Services.aspx>

## Centennial Medical Center (Community Assistance Program)

615-342-1450

2401 Parman Place

Parthenon Pavilion

Nashville Tennessee 37203

[www.tristarparthenonpavilion.com/service/community-assistance-program](http://www.tristarparthenonpavilion.com/service/community-assistance-program)

## Resources for Seniors:

### TN Commission on Aging and Disability

1-866-836-6678

<http://www.tn.gov/aging/article/aaad-map1>

### Adult Protective Services

1-888-277-8366 (to report Abuse)

<http://www.tennessee.gov/humanservices/article/adult-protective-services>

### Aging and Disability Resource Connection

866-836-6678

Info, referral helpline for services in Greater Nashville area, Medicare counseling, intake for home and community-based services

<https://www.tnaaad.org/>

### Rochelle Center, Senior Services

615-254-0673

1020 Southside Ct

Nashville, TN 37203

<http://www.rochellecenter.org/>

### National Center on Elder Abuse

1-855-500-3537

<https://ncea.acl.gov/>

### TN Dept of Health, Elderly-Vulnerable Abuse Registry

<https://apps.health.tn.gov/AbuseRegistry/default.aspx>

Registry of nurse aides who have abused an elderly adult, Callers must enter

SSN to see if particular individual is on the list

### TN Adult Daycare:

[http://www.tn.gov/humanserv/adfam/afs\\_adc.html](http://www.tn.gov/humanserv/adfam/afs_adc.html)

<http://www.tn.gov/humanserv/adfam/adc-list.pdf>

### Fifty Forward

615-743-3400

174 Rains Avenue

Nashville, TN 37203

<http://www.fiftyforward.org/>

## Food Resources Specific to Seniors:

### Meals on Wheels

615- 850-3911

Meals delivered 5 times/week at lunchtime to homes of

Seniors in need by varying orgs.

<http://www.mchra.com/meals-on-wheels/>

### Metro Nutrition Program

615-880-2292

On-site group meals served at lunchtime weekdays, sites all over Nashville,

Free for under 59 years; request donation from over 60

<http://www.nashville.gov/Social-Services/Adult-and-Family-Support-Services/Nutrition.aspx>

### St. Luke's Community Center

615-350-7893

5601 New York Ave

Nashville, TN 37209

<http://www.stlch.org/>

## Support Groups

Call 211 for help finding support groups

Too many to list

### TN Disability Pathfinder

Hotline 800-640-4636

<http://kc.vanderbilt.edu/pathfinder/>

[http://kc.vanderbilt.edu/kennedy\\_files/TNSupportGroupListStatewide.pdf](http://kc.vanderbilt.edu/kennedy_files/TNSupportGroupListStatewide.pdf)

### Gilda's club for Cancer support

1707 Division Street

Nashville, TN 37203

615-329-1124

<https://www.gildasclubnashville.org/>

### Psychology Today support group listings

<https://groups.psychologytoday.com/rms/state/TN/Nashville.html>

### Diabetes - American Diabetes Association, TN

615-298-3066

Referrals to certified Diabetes Training Centers, support groups

<http://www.diabetes.org/in-my-community/local-offices/nashville-tennessee/>

### Grief Support

Alive Hospice

615-963-4732

<http://www.alivehospice.org/our-care/grief-support>



## Suicide Prevention

### Serious Risk

- Talking about feeling trapped or in unbearable pain
- Talking about being a burden to others
- Increasing ones use of alcohol or drugs
- Acting anxious or agitated; behaving recklessly
- Sleeping too little or too much
- Withdrawing or feeling isolated
- Showing rage or talking about seeking revenge
- Displaying extreme mood swings

### Immediate Risk

- Talking about wanting to die or kill oneself
- Looking for a way to kill oneself, such as searching online or obtaining a gun
- Talking about feeling hopeless or having no reason to live

## National Suicide Prevention Lifeline

1-800-273-TALK (8255)

## Vanderbilt Respond

615-327-7000

TN Crisis call 1-855-274-7471

## Women's Health

### West End Women's Health Center

2611 West End Ave, Suite 380

Nashville, TN 37203

615-936-5858

<http://www.vanderbiltnursemidwives.org/>

Services: full scope obstetrical care by certified nurse midwives; well-woman gynecological care

Eligibility: Commercial or BlueCross insurance and Medicare; does NOT accept TennCare. TennCare and self-pay patients are referred to Franklin Road Women's Health Center where sliding fee schedules are available based on income

Fees: based on insurance plan fee schedules

Languages: English and Spanish

### Hope Clinic for Women

615-321-0005

1810 Hayes St,

Nashville, TN 37203

Alternative to abortion. Offers counseling, medical, pregnancy, prevention services, classes.

[www.hopeclinicforwomen.org](http://www.hopeclinicforwomen.org)

### Planned Parenthood

412 Dr. D.B. Todd Jr. Blvd.

Nashville, TN 37203

615-321-7216

<https://www.plannedparenthood.org/health-center/tennessee/nashville/37203/nashville-health-center-2716-91560>

Services: Birth control, emergency contraception, abortion services, general healthcare, STD testing and treatment, patient education, LGBT services, HPV and hepatitis vaccines, pregnancy testing, options, and services

Hours: Monday thru Saturday 8:15 am to 3:30 pm (they suggest you call to verify hours of service)

Eligibility: All - payment they have webpage to help with signing up for health insurance but do not list fees on website

Languages: English, Spanish, Bosnian and phone interpretation services are available

### **Shade Tree Early Pregnancy Program (STEPP)**

### **Shade Tree Family Clinic**

1223 Dickerson Pike

Nashville, TN 37207

615-422-5262

<http://www.shadetreeclinik.org>

Services: Acute and chronic health needs by appointment: sick care, blood pressure care, child and adult physical exams, diabetes management, STD testing, HIV testing, teen care, medications, birth control, lab testing, early pregnancy program (STEPP)

Hours: Tues 6:00-9:00pm; Sat 12:00 pm-4:00

Eligibility: Uninsured and underinsured

Fees: Free

Languages: English, Spanish

### **Vine Hill Community Clinic (UCHS)**

601 Benton Ave, 2nd floor,

Nashville TN 37204

615-292-9770

Services: Comprehensive primary care for adults and kids, dental services, mental health services, Vaccines for Children program, pharmacy, immunizations, TB skin tests, complete medical home including social work services and case management, house calls program for homebound patients

Hours: Monday to Thursday 8:00 am to 6:00 pm Friday and Saturday 8:00 am to 2:00 pm

Eligibility: All patients welcome: all insurance types, Bridges to Care, TennCare, Medicare, self-pay

Fees: Sliding scale, minimum fee required based on income

Languages: English, Spanish, Arabic, Kurdish, language line available

### **Faith Family Medical Clinic**

326 21st Ave North

Nashville, TN 37203

615-341-0808

<http://faithmedical.org>

Services: Primary care, visiting specialists, no obstetrics, in-house counselor and visiting psychiatric nurse, all visits are appointment only

Hours: Mon, Tue, Thurs 7:30-5:00 pm; Wed, Fri 7:30-4:00

Eligibility: Uninsured individuals and families working at least 20 hours/week, full-time students

Fees: Sliding scale, from \$20-\$50 per visit

Languages: English, Spanish

## Priest Lake Family and Women's Health Center (UCHS)

2637 Murfreesboro Pike

Antioch, TN 37217

615-292-9770

<http://uchshealth.org>

Services: primary care, prenatal care, women's health,  
pediatrics, dental, behavioral health

Eligibility: Medicare, TennCare, private insurance  
uninsured

Fees: Sliding scale, income proof required

Languages: English, Spanish

